



***Welcome to Austria!***

Dear Fellow,

The EFORT Travelling Fellowship Courses are organised by the National Orthopaedic Societies, member of the European Federation of National Associations of Orthopaedics and Traumatology.

The EFORT Travelling Fellowship of Spring 2008 will be held in Austria. It is open to surgeons from European countries selected by their National Association, in order to favour exchanges between the Travelling Fellows and the Orthopaedics of the inviting nation.

The Scientific Program of the Fellowship Course will be organised in three cities in Austria:

- Vienna (Sunday, 13<sup>th</sup> April – Tuesday, 15<sup>th</sup> April 2008)
- Graz (Tuesday, 15<sup>th</sup> April – Thursday, 17<sup>th</sup> April 2008)
- Innsbruck (Thursday, 17<sup>th</sup> April – Saturday, 19<sup>th</sup> April 2008)

We wish you a pleasant and interesting Course in Austria!

On behalf of the Austrian organisers,

Alfred Engel MD  
President of the Austrian Orthopaedic Society of Orthopaedics (ÖGO)

*Useful information*

**Arrival to Vienna Airport, on Sunday, 13<sup>th</sup> April 2008**

You may take any international or domestic flight to Vienna (Vienna International Airport), which is located 20 km outside the city. From Vienna International Airport, there are a number of transport possibilities: The City Airport Train (CAT), which runs in half-hourly intervals to "Wien Mitte/Landstraße" (the ticket costs 9.00 EUR). You can then take a taxi to Hotel Regina or travel further by metro. The ticket costs 2.20 EUR in one direction i.e. for the whole journey by both metros to your destination. U3 direction Simmering to station "Volkstheater", change to U2 direction "Schottenring" to "Schottentor" there take exit "Währingerstraße", you can now see Hotel Regina and need only to walk through the park. You can also take a taxi from the airport directly to the Hotel, which costs approximately 70.00 EUR. No organised transportation will be available, since the arrival times of each participant will be different. We suggest the cheapest form of transport which is CAT plus metro or a taxi can also be taken.

From Hotel Regina to the Medical University of Vienna take tram line 43 or 44 from the "Schottentor" to "Alserstraße" and then 1 stop by U6 to "Michaelbäuern". Then take the exit and walk via the overhead pedestrian crossing to the main entrance of the hospital. Now walk straight ahead through the lobby to either the blue elevators "blaue Aufzüge" or take the escalator to floor 7 ("Ebene 7") in the green tower and then to 7D Orthopädie, there you should proceed to the Head Office ("Sekretariat") where you will be welcomed by Prof. Kotz on Monday 14<sup>th</sup> April, 2008.

**Accommodation and meals**

Accommodation will be arranged in single bed rooms. The hotels in each city will offer breakfast in the morning. Lunches and coffees will be organised at each hospital during the day time.

**Departure from Vienna International Airport on Saturday, 19<sup>th</sup> April 2008**

The Austrian Orthopaedic Society and the Organising Committee are offering your accommodation and stay in country from Sunday, 13<sup>th</sup> April 2008 up to your departure from Vienna on Saturday 19<sup>th</sup> April 2008.

**Contact for practical arrangements**

Austrian Orthopaedic Society (ÖGO)  
c/o Wiener Medizinische Akademie

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A-1090 Wien

Tel. No.: +43 1 405138321

Fax No.: +43 1 405138323

E-mail: [sk@medacad.org](mailto:sk@medacad.org)

## Organisers

Organised on behalf of ÖGO by:

- Rainer Kotz MD, Vienna
- Reinhard Windhager MD, Graz
- Martin Krismer MD, Innsbruck

## Dates, cities and venues in Austria

Sunday - Sunday to 13 <sup>th</sup> – 19 <sup>th</sup> April 2008	
Vienna	<b>Department of Orthopaedic Surgery, Vienna General Hospital, Medical University of Vienna</b>
Graz	<b>University Clinic of Orthopaedic Surgery Medical University of Graz</b>
Innsbruck	<b>University Clinic of Orthopaedic Surgery Medical University of Innsbruck</b>

## Contact persons and addresses

Hospital	Address	Contact Person
<b>Department of Orthopaedic Surgery, Vienna General Hospital, Medical University of Vienna</b>	Währinger Gürtel 18-20 1090 Wien	<b>Jochen Hofstaetter MD</b> Tel: +43 1 40400 4090 FAX: +43 1 40400 4029  Email: <a href="mailto:jochen.hofstaetter@meduniwien.ac.at">jochen.hofstaetter@meduniwien.ac.at</a>
<b>University Clinic of Orthopaedic Surgery, Medical University of Graz</b>	Auenbruggerplatz 5-7 8036 Graz	<b>Reinhard Windhager MD</b> Tel: +43 316 385 4807 FAX: +43 316 385 4806  Email: <a href="mailto:reinhard.windhager@meduni-graz.at">reinhard.windhager@meduni-graz.at</a>
<b>University Clinic of Orthopaedic Surgery, Medical University of Innsbruck</b>	Anichstraße 35 6020 Innsbruck	<b>Martin Krismer MD</b> Tel: +43 512 504 22691 FAX: +43 512 504 22701  Email: <a href="mailto:martin.krismer@i-med.ac.at">martin.krismer@i-med.ac.at</a>



### Accommodation in single bed rooms

Dates	Hotel name	Hotel address
Sunday – Tuesday 13th – 15th April 2008	HOTEL REGINA VIENNA	Rooseveltplatz 15 1090 Wien  Tel No.: +43 1 404460 Fax No.: +43 1 4088392
Tuesday – Thursday 15th – 17th April 2008	HOTEL IBIS GRAZ	Europaplatz 12 8020 Graz  Tel No.: +43 316 7780 Fax No.: +43 316 778300
Thursday – Saturday 17th – 19h April 2008	HOTEL HILTON INNSBRUCK	Salurner Straße 15 6010 Innsbruck  Tel No.: +43 512 59350 Fax No.: +43 512 5935220

### PLEASE NOTE!

All hotel bookings will be made on behalf of the course participants based on the schedule above. *If you for some reason arrive or depart earlier or later than listed above, please inform the hosting Society about your schedule by e-mail to [reinhard.windhager@meduni-graz.at](mailto:reinhard.windhager@meduni-graz.at) so that the hotel bookings can be arranged accordingly.*

*Thank you!*

Programme outline

<b>Sunday, 13<sup>th</sup> April 2008</b>	<ul style="list-style-type: none"> <li>Individual arrivals to Vienna International Airport</li> <li>Individual transfer to Hotel Regina</li> </ul>		
<b>Monday, 14<sup>th</sup> April 2008</b> Dept. of Orthopaedic Surgery, Vienna General Hospital, Medical University of Vienna	08:00 – 08:15	<b>Welcome (office of Prof.Kotz)</b>	Prof. Dr. R. Kotz
<b>8:30-13:00 Surgery (foot &amp; ankle, spine)</b>			
13:00 – 13:45		Lunch (Cafeteria MUW)	
▪ <b>Scientific Session (Seminar Room 18A, 18<sup>th</sup> floor, green tower)</b>			
13:55-14:00		Welcome speech	Prof. Kotz
14:00-14:20		History of Orthopaedic Surgery in Vienna	TBA
14:20-14:40		Cartilage tissue engineering: from bench to bedside	Doz. Dorotka
14:40-15:00		Total ankle arthroplasty	Prof. Wanivenhaus
15:00-15:20		Computer-assisted Joint Replacement	Prof. Giurea
15:20-15:40		TBA	Prof. Krepler
15:40-16:00		Coffee Break	
16:00-16:20		Increased matrix mineralization in the immature femoral head following ischemic necrosis	Dr. Hofstaetter
16:20-16:40		Soft-tissue sarcomas: Results from the Vienna Tumor Registry	Dr. Funovics
16:40-17:00		Effects of bisphosphonates on osteosarcoma cells: an in-vitro study	Dr. Kubista
17:00-17:20		Septic complications in megaprosthesis	Dr. Funovics
17:20-17:40		Biological reconstruction in tumor surgery	Prof. Dominkus
17:40-18:00		Reconstruction following pelvic tumor resection using the Schoellner-cup	Dr. Abdolvahab

	<b>End of the Training</b>		
	<ul style="list-style-type: none"> <li>• Transfer to Hotel Regina</li> </ul>		
	20:00	SOCIAL EVENT (TBA)	
<b>Tuesday, 15<sup>th</sup> April 2008</b> Dept. of Orthopaedic Surgery Vienna General Hospital Medical University of Vienna	<b>Surgery (shoulder, computer-assisted total knee arthroplasty)</b> 8:30-13:00		
	<b>Adjourn at 13:00</b>		
	<b>End of the Training</b>		
	<ul style="list-style-type: none"> <li>• Transfer to Hotel</li> </ul>		
	13:30	Sightseeing Vienna	
	18:00	Transfer to Ibis Hotel Graz by train	
<b>Wednesday, 16<sup>th</sup> April 2008</b> University Clinic of Orthopaedic Surgery, Medical University of Graz	<ul style="list-style-type: none"> <li>▪ <b>Welcome</b></li> </ul>		
	7:45 – 8:00	Welcome to the Medical University Graz	Prof. R. Windhager
	<ul style="list-style-type: none"> <li>▪ <b>Operating Theatres</b></li> </ul>		
	8:00 – 13.00	Arthroplasty, Revision Arthroplasty, Bone tumors	
	13:00-14:00	Lunch;	
	<ul style="list-style-type: none"> <li>▪ <b>Social Programme</b></li> </ul>		
	14:00-18:00	City of Graz & visit of the MAGNA car factory	
	<ul style="list-style-type: none"> <li>▪ <b>Evening Programme</b></li> </ul>		
	18:00-22:00	Dinner	

**Thursday,  
17<sup>th</sup> April 2008**  
University Clinic of  
Orthopaedic Surgery,  
Medical University  
Graz

▪ Tumour		
8:00 - 8:20	Diagnostic algorithm for bone and soft tissue tumours	Prof. R. Windhager
8:20 - 8:40	Resection and reconstruction of pelvic tumours	Prof. R. Windhager
8:40 - 8:50	Sampling error at biopsy of soft tissue tumours: an analysis of 436 biopsies	Prof. A. Leithner
8:50 - 9:00	Soft tissue sarcoma – How to avoid a "Whoops" procedure	M. Zacherl
9:00 - 9:10	Bisphosphonates in the therapy of fibrous dysplasia	S. Egner-Höbarth
9:10 - 9:20	Genetic risk factors for metastases to bone	H. Clar
9:20 - 9:30	Comparison of seven different clinical scoring systems for spinal metastases	Prof. A. Leithner
9:30 - 10:00	coffee break	
▪ Basic Research & Endoprotheses		
10:00-10:20	Role of free radicals in aseptic loosening of hip arthroplasty	Prof. R. Windhager
10:20-10:40	Therapeutic algorithm for infected endoprotheses	S. Egner-Höbarth
10:40-10:50	Bisphosphonates & total hip replacement	G. Friedl
10:50-11:00	Gait analysis resurfacing vs. conf. THR	W. Maurer-Ertl
11:00-11:10	Survival of cementless femoral components after osteonecrosis of the femoral head	Doz. R. Radl
11:10-11:20	Differentiation of human mesenchymal stem cells at mechanical stimulation	G. Friedl
11:20-11:30	The relation of flexion/extension gap with respect to ROM after TKR	M. Pechmann
11:30-13:00	Lunch	
<ul style="list-style-type: none"> <li>▪ Transfer to Hilton Hotel Innsbruck by train</li> <li>▪ Dinner</li> </ul>		

<b>Friday, 18<sup>th</sup> April 2008</b> University Clinic of Orthopaedic Surgery, Innsbruck	07:30	Pickup at the lobby of the hotel, walk to the department	
	<ul style="list-style-type: none"> <li><b>Minimally invasive hip arthroplasty</b></li> </ul>		
	7:45-10:30	Transmission of hip arthroplasty direct anterior minimally invasive approach	Krismer M, Nogler M, Mayr E
		Between: Comparative studies between MIS anterior versus transgluteal	
		A PRCT on 120 patients followed for a minimum of 2 years	Nogler M
		An comparative MRI study on 30 patients	Krismer M
		A comparative gaitlab-study	Mayr E
		A cadaver study on cement mantle quality of Exeter stems	Mayr E
		A short introduction to the hospital	Krismer M
	<ul style="list-style-type: none"> <li><b>EBRA - Implant migration measurement</b></li> </ul>		
	11:00-12:30	Principles of EBRA, EBRA-FCA, EBRA-Resurfacing, EBRA-OSG	Stöckl B, Biedermann R
		A summary of results cup	Stöckl B
		A summary of results stem	Biedermann R
		A summary of results other applications	Biedermann R
	12:30-13:30	Lunch and the EAR - European Arthroplasty Register	Labek G et al
Structure and tasks of the EAR		Labek G	
A selection of results from register studies		Thaler M	



<b>Friday, 18<sup>th</sup> April 2008</b> University Clinic of Orthopaedic Surgery, Innsbruck	14:00-17:00	Sightseeing (court chapelle, Hafelekar (2330 m), historic center)	
	17:30-19:00	Spine	Bach C et al
		Lumbar apical vertebra rotation predicts lumbar decompensation in scoliosis	Behensky H
		Comparision of different techniques of pedicle screw fixation: free hand, c arm and CT navigation-a cadaver study	Rosiek R
		Accurancy of the Cobb method	Gstöttner M
		Cosmetic evaluation in AIS patients	Thaler M
		Disc heigth restoration after interbody fusion: cages versus allografts	Liebensteiner M
	19:30	Dinner	
<b>Saturday, 19<sup>th</sup> April 2008</b> Innsbruck	<ul style="list-style-type: none"> <li>▪ Transfer to Vienna by train</li> </ul>		