

EFORT Autumn Travelling Fellowship

Spain
from 11 – 17 Nov. 2012

www.efort.org



Welcome to Spain!

Dear Fellow,

The EFORT Travelling Fellowship Courses are organised by the National Orthopaedic Societies, member of the European Federation of National Associations of Orthopaedics and Traumatology.

The EFORT Travelling Fellowship of autumn 2012 will be held in Spain. It is open to surgeons from European countries selected by their National Association, in order to favour exchanges between the Travelling Fellows and the Orthopaedics of the inviting nation.

The Scientific Programme of the Fellowship Course will be organised in two cities in Spain:

- Barcelona (11 – 14 November)
- Madrid (15 – 17 November)

We wish you a pleasant and interesting Course in Spain!

On behalf of the organising Society SECOT,

Prof. Dr. Enric Caceres Palou

EFORT ExCom Member & Member of the Spanish Orthopaedic and Traumatology Society

EFORT Autumn Travelling Fellowship

Spain
from 11 – 17 Nov. 2012
www.efort.org



Useful information

Arrival to Barcelona Airport, on 11 November 2012

You may take any international or domestic flight to Barcelona Airport, which is located 25 km outside the city. From Barcelona Airport, there are bus and train transportation for about 5 euros. You should get off at the Estación de Sans, which is the final station. Then take a taxi from Estación de Sans to Hotel Alimara. You can also take a taxi from the airport directly to the Hotel, which costs approximately 35 euros. No organised transportation will be available since the arrival times of each participant will be different. We suggest the cheapest form of transport which is <http://www.barcelona-tourist-guide.com/sp/aeropuerto/barcelona-aeropuerto.html> or a taxi can also be taken.

Accommodation and meals

Accommodation will be arranged in **single/shared twin** rooms. The hotels in each city will offer breakfast in the morning. Lunches and coffees will be organised at each hospital during the day time.

Departure from Madrid Airport on 17 November 2012

The Spanish Orthopaedic and Traumatology Society and the Organising Committee are offering your accommodation and stay in country from 11 November 2012 up to your departure from Madrid on 17 November 2012.

Contact for practical arrangements

Spanish Orthopaedic and Traumatology Society (SECOT)

C/ Fernández de los Ríos 108

C.P. 28015, Madrid

Tel. No.: +34 915441062

Fax No.: +34 914550475

E-mail: secot@secot.es or ana.recuero@secot.es

Organisers

Organised on behalf of SECOT by:

- Prof. Dr. Enric Caceres Palou

EFORT Autumn Travelling Fellowship

Spain
from 11 – 17 Nov. 2012

www.efort.org



Dates, cities and venues in Spain

11 November to 14 November 2012

	Hospital del Valle Hebrón, Passeig de la Vall d'Hebron 119-129, 08035 Barcelona
Barcelona	Institute Dexeus, Sabino Arana, 5 – 19 08028 Barcelona
	Bellvitge Hospital, Freixa LLarga, sn, 08907 Hospitalet del Llobregat, Barcelona

15 November to 17 November 2012

Madrid	Hospital de la Paz, Pº de la Castellana, 261 28046 Madrid
	Hospital de la Princesa, Diego de León, 62. 28005 Madrid

Contact person and addresses

Hospital	Address	Contact Person
Hospital del Valle Hebrón	Passeig de la Vall d'Hebron 119-129 08035 Barcelona	Prof. Dr. Enric Caceres Palou Tel No.: +34 630024598
Institute Dexeus	Sabino Arana 5-19 08028 Barcelona	Prof. Dr. Enric Caceres Palou Tel No.: +34 630024598
Bellvitge Hospital	Freixa Llarga sn 08907 Hospitalet del Llobregat. Barcelona	Dr. Frederic Portabella Tel No.: +34 650028775
Hospital de la Paz	Pº de la Castellana, 261 28046 Madrid	Enrique Gil Garay & Eduardo Garcia Cimbrellos Tel No.: +34 647768709
Hospital de la Princesa	Diego de León, 62. 28005 Madrid	Jose Cordero Ampuero Tel No.: +34 639614588

EFORT Autumn Travelling Fellowship

Spain
from 11 – 17 Nov. 2012

www.efort.org



Accommodation in **single/shared double** rooms

Dates	Hotel name	Hotel address
Sunday - Wednesday 11 – 13 November 2012	Alimara Hotel	Berruguete, 126 08035 Barcelona Tel No.: +34 934270000 Fax No.: +34 934279292 Email: reserves.alimara@cett.cat Homepage: www.alimarahotel.com
Thursday - Saturday 14 – 17 November 2012	NH Principe de Vergara	Principe de vergara , 92 Madrid Tel No.: +34 91 5632695 Fax No.: +xx 91 5637253 Email: reservas@nh-hotels.com Homepage: http://www.nh-hoteles.es/nh/es/hoteles/espana/madrid/nh-principe-de-vergara.html

PLEASE NOTE!

All hotel bookings will be made on behalf of the course participants based on the schedule above. If you for some reason arrive or depart earlier or later than listed above, please inform the hosting Society about your schedule by e-mail to ana.recuero@secot.es so that the hotel bookings can be arranged accordingly.

Thank you!

EFORT Autumn Travelling Fellowship

Spain
from 11 – 17 Nov. 2012
www.efort.org



Programme outline

<p>Sunday, 11 Nov. 2012</p>	<ul style="list-style-type: none"> • Individual arrivals to Barcelona Airport • Individual transfer to Alimara Hotel • Meet at Restaurant of the Alimara Hotel at 20:00 		
<p>Monday, 12 Nov. 2012 Hospital del Valle Hebrón</p>	07:45–08:00	Welcome speech	Enric Cáceres
	<ul style="list-style-type: none"> ▪ Lectures from Hospital Valle Hebron 		
	08:00–08:30	Distal radial fractures	Alex Lluç
	08:30–09:00	ICL reconstruction .Ambulatory surgery experience	Joan Minguell
	09:00–13:00	Activity in 7 different operating room	Different surgeons of the Service
	13:00–14:00	Lunch	
	14:00–14:30	Visit to General manager of the Hospital	Dres Navas, Roiger and Oliveras
	14:30–15:00	Special solutions for tumoral conditions in young patients	Marius Aguirre
	15:00–15:30	Hip Resurfacing State of the art	Luis Azorín
	15:30–16:30	Controversial Case discussion	Spine Unit
	16:30–17:00	Coffee Break	
	<ul style="list-style-type: none"> ▪ Presentation of fellows 		
	17:00 - time	Fellows country presentation	All
	<p>End of the Training</p>		
	<ul style="list-style-type: none"> • Transfer to Alimara Hotel • Dinner place TBD 		

EFORT Autumn Travelling Fellowship

Spain
from 11 – 17 Nov. 2012

www.efort.org



**Tuesday,
13 Nov. 2012**
Bellvitge Hospital

▪ **Presentation of Fellows at morning clinical session**

08:00-08:30	Morning clinical session	All
08:30-13:00	Operating procedures in different operating rooms	All
13:00-14:00	Lunch	
14:00-14:30	Coracoacromial Vault	Dr Armengol
14:30-15:00	Protocol of treatment of Malignant Bone tumors	Dr Portabella
15:00-15:30	Nueromonitoring in spine surgery	Dr Font
15:30-16:00	Evlution of surgical treatment in extracapsular hip fractures:The Bellvitge Hospital experience	
13:00-14:00	Coffee Break	
16:30-17:00	Treatment of septic non-union of tibia	X. Cabo

▪ **Presentation of fellows**

17:00 - time	Presentation from fellows of different countries	All
--------------	--	-----

End of the Training

- Transfer with AVE high speed train to Madrid to the Alimara Hotel
- Dinner place TBD

EFORT Autumn Travelling Fellowship

Spain
from 11 – 17 Nov. 2012

www.efort.org



<p>Wednesday, 14 Nov. 2012 Dexeus</p>	<p>▪ General hospital session</p>		
	07:00-08:00	Cases presentation	Members of Dexeus service
	08:00-13:00	Operating different procedures	Members of Dexeus service
	13:00-14:00	Lunch	
	14:00-14:30	Hip young adult treatment	Dr Ribas
	14:30-15:00	Proximal humeral fractures	Dr Torrens
	15:00-15:30	Lower limb difficult reconstruction	Dr Ginebreda
	15:30-16:00	Meniscal transplant	Dr Monllau
	16:00-16:30	My live in orthopaedics	Grandfather conference Professor Navarro
	17:00-21:00	Travel to Madrid	
	<p>End of the Training</p>		
	<ul style="list-style-type: none"> • Transfer to Madrid Hotel • Dinner at High velocity train 		

EFORT Autumn Travelling Fellowship

Spain
from 11 – 17 Nov. 2012

www.efort.org



**Thursday,
15 Nov. 2012**
Hospital de la Paz

La paz Hospital Morning		
08:00-09:00	Morning session and introduction fellows to La Paz	
09:00-13:00	Operating Rooms procedures	Members of La Paz hospital
13:00-14:00	Lunch	
14:00-14:30	Use of individually designed cutting guides in total knee arthroplasty	Dr Moreno Garcia
14:30-15:00	Different behaviour of a femoral stem made in two different metal alloys	Dr Fernandez
15:30-16:00	Clinical cases discussion	all
16:00-16:30	Coffee break	
Presentation of fellows		
16:30-18:00	Presentation of fellows countries	All
End of the Training		
<ul style="list-style-type: none"> • Transfer to NH Principe de Vergara Hotel • Dinner with key members of the Spanish Orthopaedics (place of restaurant TBD) 		

EFORT Autumn Travelling Fellowship

Spain
from 11 – 17 Nov. 2012

www.efort.org



Friday, 16 Nov. 2012 Hospital de la Princesa	08:00-09:00	Morning presentation	All
	09:00-13:00	Operating Rooms procedures	all
	13:00-14:00	Lunch	
	14:00-14:30	Recent advances in hand surgery	A. Dudley Porras
	14.30-15:00	Nowadays indications of inverted shoulder arthroplasty	J. Fernandez Gonzalez
	15:00-15:30	Importance of asymptomatic urinary infection on arthroplasty infection	E. Gonzales Fernandez
	15:30-16:00	Bone regeneration after exchange surgery with HAP-coated long stems	J. Cordero Ampuero
	16:00-16:30	Coffee break	
	<ul style="list-style-type: none"> ▪ Presentation from SECOT President 		
	16:30-17:00	TBD	TBD
	End of the Travelling Fellowship		
Saturday, 17ov. 2012	<ul style="list-style-type: none"> ▪ Individual transfer to Airport 		