

EFORT Spring Travelling Fellowship

Germany
15 – 21 May 2011
www.efort.org



Welcome to Germany!

Dear Fellow,

The EFORT Travelling Fellowships are organised by the National Orthopaedic Societies, members of the European Federation of National Associations of Orthopaedics and Traumatology.

The EFORT Travelling Fellowship in spring 2011 will be held in Germany. It is open to surgeons from European countries selected by their national association, in order to favour exchanges between the travelling fellows and the orthopaedics of the inviting nation.

The scientific programme of the fellowship course will be organised in four cities in Germany:

- Dresden (15 – 17 May 2011)
- Berlin (17 – 18 May 2011)
- Erlangen (18 – 19 May 2011)
- Bonn (19 – 21 May 2011)

We also have the pleasure to tell you that Prof. Wolfhart Puhl, EFORT Past-President, will accompany the group in Dresden and Berlin.

We wish you a pleasant and interesting course in Germany!

On behalf of the organising Societies BVOU and DGOOC,

Helmut Mälzer

President of Professional
Association of Orthopaedics and
Traumatologic Surgeons (BVOU)

Dr. Daniel Frank

President of German Association of
Orthopaedics and Orthopaedic
Surgery (DGOOC)

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Useful information

Arrival to Dresden Airport on Sunday, 15 May 2011

You may take any international or domestic flight to Dresden airport, which is located 18 km outside the city. From Dresden airport you can take the suburban railway (S-Bahn No. 2 with destination *Pirna*) from terminal 1, which costs approx. 2.- EUR. Please get off at Dresden main station (Hauptbahnhof Dresden). Then take a taxi from the main station to the hotel. You can also take a taxi from the airport directly to your hotel, which costs approx. 20.- EUR. No organised transportation will be available since the arrival times of each participant will be different. We suggest the cheapest form of transport which is the suburban railway. A taxi can also be taken.

Accommodation and meals

Accommodation will be arranged in single/shared twin rooms. The hotels in each city will offer breakfast in the morning. Lunches and coffees will be organised at each hospital during the day time.

Departure from Airport Cologne/Bonn or Airport Düsseldorf on Saturday, 21 May 2011

The DGOOC/BVOU and the Organising Committee are offering you accommodation and stay in Germany from Sunday, 15 May up to your departure from Bonn on Saturday, 21 May 2011.

Contact for practical arrangements

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Organisers

Organised on behalf of DGOOC and BVOU by:

- Prof. Dr. med. Klaus-Peter Günther
- Dr. Jan Mettelsiefen

Dates, cities, venues and contact persons in Germany

15 May to 17 May 2011

| | |
|----------------|--|
| Dresden | Universitätsklinikum Carl Gustav Carus Dresden Klinik für Orthopädie (Prof. Dr. K.-P. Günther) Klinik f. Unfall- u. Wiederherstellungschirurgie (Prof. Dr. H. Zwipp) Fetscherstr. 74 01307 Dresden Tel: 0049 351 458 3137 E-Mail: klaus-peter.guenther@uniklinikum-dresden.de |
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17 May to 18 May 2011

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| Berlin | Zentrum Muskuloskeletale Chirurgie Charite Klinik für Orthopädie (Prof. Dr. C. Perka) Klinik für Unfall- u. Wiederherstellungschirurgie (Prof. Dr. N. Haas) Chariteplatz 1 10117 Berlin Tel: 0049 30 450 515 110 E-Mail: carsten.perka@charite.de |
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18 May to 19 May 2011

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| Erlangen | Orthopädie Centrum Erlangen (Dr. P. Heppt) Nägelsbachstr. 49a 91052 Erlangen Fachklinik Herzogenaurach (Prof. Dr. B. Kladny) In der Reuth 1 91074 Herzogenaurach Tel: 0049 913 171 900 E-Mail: heppt@bvou.net |
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19 May to 21 May 2011

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| Bonn | Universitätsklinikum Bonn Klinik für Orthopädie und Unfallchirurgie (Prof. Dr. D.C. Wirtz) Sigmund-Freud-Str. 25 53127 Bonn |
| | Tel: 0049 228 287 141 70 E-Mail: dieter.wirtz@ukb.uni-bonn.de |

Accommodation in single/shared double rooms

| Dates | Hotel name | Hotel address |
|--|------------------------|--------------------------------------|
| Sunday to Tuesday, 15 – 17 May 2011 | Hotel am Blauen Wunder | Loschwitzer Str. 48 01309 Dresden |
| Tuesday to Wednesday, 17 – 18 May 2011 | Hotel Aquino | Hannoversche Str. 5b 10115 Berlin |
| Wednesday to Thursday, 18 – 19 May 2011 | Hotel NOVOTEL | Hofmannstr. 34 91052 Erlangen |
| Thursday to Saturday, 19 – 21 May 2011 | Venusberghotel | Haager Weg 83 53127 Bonn |

PLEASE NOTE!

All hotel bookings will be made on behalf of the course participants based on the schedule above. If you for some reason arrive or depart earlier or later than listed above, please inform the hosting society about your schedule by e-mail to annegret.riemer@uniklinikum-dresden.de so that the hotel bookings can be arranged accordingly.

Thank you!

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Programme outline

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| <p>Sunday, 15 May 2011</p> | <ul style="list-style-type: none"> • Individual arrivals to Dresden Airport • Individual transfers to Hotel • 17.00 relaxed bicycle tour from hotel to the inner city along the river Elbe for the fellows who have arrived until 17.00; please meet us at 17.00 in the hotel lobby • 19.30 Welcome Dinner (with individual presentations of the travelling fellows) at restaurant "Augustiner" near the world famous Lady's Church: Address: An der Frauenkirche 16/17 10167 Dresden <p>(bus transfer for those who do not cycle with us into the inner city)</p> | | |
| <p>Monday, 16 May 2011 Universitätsklinikum Carl Gustav Carus Dresden</p> | 09.00 | Welcome | K.-P. Günther |
| Current trends in knee surgery | | | |
| | 09.10 - 10.00 | Long terms results in TKA (Metaanalysis) Joint preserving alternative <ul style="list-style-type: none"> ▪ Navigated HTO ▪ Video Navigated HTO | J. Lützner/ S. Kirschner J. Lützner J. Lützner |
| | 10.00 – 10.15 | Coffee break | |
| | 10.15 – 11.45 | Navigation in TKA <ul style="list-style-type: none"> ▪ Indications for navigated TKA ▪ Video Navigated TKA ▪ Cost effectiveness Problems and perspectives <ul style="list-style-type: none"> ▪ Metal ions in TKA ▪ Failures of TKA and revision concepts Clinical pathways in TKA | S. Kirschner S. Kirschner J. Lützner J. Lützner S. Kirschner S. Kirschner |
| | 11.45 – 12.00 | Discussion rounds What would you recommend? (bring our own cases) | |

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| | 12.00 – 13.00 | Lunch break | |
| | 13.00 – 14.30 | Sawbone workshop HTO and navigated TKA | J. Lütznier/ S. Kirschner |
| | Foot trauma & Miscellaneous | | |
| | 15.30 – 17.00 | Video seminar: <ul style="list-style-type: none"> ▪ Achilles tendon rupture ▪ Syndesmosis reconstruction ▪ Calcaneal fracture treatment | M. Amlang R. Grass S. Rammelt |
| | | Interactive case discussion: <ul style="list-style-type: none"> ▪ Fracture management and correction of posttraumatic deformities (fellows are encouraged to bring interesting cases for discussion) | all |
| | 17.30-18.30 | Guided tour through the historic inner city of Dresden | |
| | 18.30 | Transfer to hotel | |
| | 19.00 | Dinner at restaurant "Schillergarten", Schillerplatz 9, 01309 Dresden | |

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| <p>Tuesday, 17 May 2011 Zentrum Muskuloskeletale Chirurgie Charite</p> | 07.30 | Bus transfer to Berlin (Charité) | |
| | Trauma care in Germany | | |
| | 10.30 – 13.00 | <p>Live surgery:</p> <ul style="list-style-type: none"> ▪ Musculoskeletal tumor surgery (two rooms) ▪ Trauma and reconstructive surgery of long bone and articular fractures; pelvic reconstruction (two rooms) | C. Perka, N. Haas |
| | 13.00 – 13.45 | Lunch | |
| | Trauma care in Germany | | |
| | 14.00 – 16.30 | <p>Presentations and case discussion</p> <ul style="list-style-type: none"> ▪ Polytrauma care at the CMS – The Berlin Experience ▪ Fractures of the pelvic ring and acetabulum – timing, approaches and reconstructives principles ▪ Management of fractures of the humeroscapular and elbow region ▪ Reconstructive strategies for tibial fractures ▪ Case disussion | C. Kleber, M. Dahne, T. Engelhardt, S. Greiner, M. Scheibel, P. Schwabe, F. Wichlas |
| | Musculoskeletal Oncology & Bone Research | | |
| | 16.30 – 18.30 | <p>Presentations, case discussion and guided tour:</p> <ul style="list-style-type: none"> ▪ Modes of resections and reconstructive strategies for pelvic/periacetabular/ sacral tumours ▪ Biological and endo-prosthetic reconstruction of segmental long bone defects following onco-logical reconstructions ▪ Case discussion ▪ Guided tour through the emergency room with explanation of mass catastrophe management | K. Schaser, T. Engelhardt, P. Schwabe, |
| | 18.45 | Transfer to hotel | |

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| | 20.00 | Dinner at restaurant "12 Apostel" Berlin-Mitte, Georgenstr. 2, 177-180, 10117 Berlin | |
| Wednesday, 18 May 2011 Orthopädie Centrum Erlangen | 8.00 | Bus transfer to Erlangen | |
| | 13.00 – 14.00 | Lunch | |
| | National differences in European Orthopaedic healthcare | | |
| | 14.00 – 15.10 | Presentations: <ul style="list-style-type: none"> ▪ National differences in European orthopaedic health care ▪ The interior of a German practice (guided tour) | P. Heppt |
| | New developments in musculoskeletal MRI imaging | | |
| | 15.10 – 18.00 | Presentations: <ul style="list-style-type: none"> ▪ New developments in MRI of the musculoskeletal system ▪ Transfer to SIEMENS factory (16:00-16:30) ▪ Practical experiences in MRI of the musculoskeletal system | A. Goldmann, P. Heppt & colleagues |
| | 18.00 – 18.15 | Transfer to hotel Novotel | |
| | 18.15 – 19.00 | Check in | |
| | 19.00 – 20.00 | Erlangen – guided tour though the historic city | |
| | 20.00 | Frankonian Dinner, Steinbach brewery Erlangen Vierzigmannstr. 4, 91054 Erlangen | |

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| Thursday, 19 May 2011 Fachklinik Herzogenaurach | Current trends in musculoskeletal rehabilitation | | |
| | 08.00 – 11.00 | Presentations: <ul style="list-style-type: none"> ▪ Rehabilitation in Europe – Experiences in different European countries (Introduction and WS) ▪ What's inside a German rehabilitation hospital (guided tour) | B. Kladny & colleagues |
| | Osteoporosis and low back pain | | |
| | 11.00 – 13.00 | Presentations and Workshop: <ul style="list-style-type: none"> ▪ Pres.: Low back pain in Europe – guidelines and concepts ▪ WS: Practical experience in non-operative concepts in the treatment of low back pain | B. Kladny & colleagues |
| | 13.00 – 14.00 | Lunch | |
| | 14.00 | Bus transfer to Bonn | |
| | 17.30 | Arrival at Hotel | |
| | 18.00 | Dinner at Rietbrocks Weinhaus, Königstr. 84, 53115 Bonn | |

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| Friday, 20 May 2011 Universitätsklinikum Bonn | Disorders and injuries of the hip joint | | |
| | 08.00 -13.00 | Presentations and participation in live surgery <ul style="list-style-type: none"> ▪ Primary hip Arthroplasty: which implant in which situation? ▪ Revision Hip Arthroplasty: modular implants and bone defect reconstruction ▪ Management of prosthetic infections ▪ Live surgery ▪ Workshop on sawbone (Vector Titan, MRP, MRSI) | PD Dr. Pennekamp, Dr. Gravius, Dr. Wimmer, |
| | 13.00 – 14.00 | Lunch at the Cafeteria | |
| | Spine surgery & miscellaneous | | |
| | 14.00 – 15.30 | Presentations: <ul style="list-style-type: none"> ▪ Management of osteoporotic fractures ▪ Vertebral minimal invasive endoscopic nucleotomy ▪ Degenerative spinal disorders: how to handle | Dr. Pflugmacher, Dr. Hausmann, Dr. Kabir |
| | 17.00 – 19.00 | Beer Garden "Biergarten Alter Zoll" or Sightseeing in Bonn | |
| | 19.00 | Welfare party: Restaurant „Bönnsch“, Sterntorbrücke 4, 53111 Bonn | |
| | End of the Travelling Fellowship | | |
| | Saturday, 21 May 2011 | <ul style="list-style-type: none"> ▪ Individual transfer to Airport | |