



Welcome to Lithuania!

Dear Fellow,

The EFORT Travelling Fellowship Courses are organised by the National Orthopaedic Societies, member of the European Federation of National Associations of Orthopaedics and Traumatology.

The EFORT Travelling Fellowship of autumn 2008 will be held in Lithuania. It is open to surgeons from European countries selected by their National Association, in order to favour exchanges between the Travelling Fellows and the Orthopaedics of the inviting nation.

The Scientific Program of the Fellowship Course will be organised in 3 cities in Lithuania:

- Vilnius (7/09 – 9/09)
- Kaunas (10/09 – 11/09)
- Klaipėda (12/09 – 13/09)

We wish you a pleasant and interesting Course in Lithuania!

On behalf of the organising Society LOTD,

Linus Vitkus. MD, PhD
President of Lithuanian Orthopaedic Society

Useful information

Arrival to Vilnius Airport, on Sunday 7th September 2008

You may take any international or domestic flight to Vilnius airport, which is located inside the city. You should take a taxi from the airport directly to the Hotel, which costs approximately 30 Lt (8,70 Eur). No organised transportation will be available since the arrival times of each participant will be different. We suggest the cheapest form of transport which is bus (nr. 1 to the last station – Railway station, nr. 2 to the city centre, then take a walk, ticket price ~0,5 Eur) or a taxi can also be taken.

Accommodation and meals

Accommodation will be arranged in shared twin rooms. The hotels in each city will offer breakfast in the morning. Lunches and coffees will be organised at each hospital during the day time.

Departure from Vilnius or Palanga Airport, on Saturday 13th September 2008

The LOTD and the Organising Committee are offering your accommodation and stay in country from 7th September 2008 up to your departure from Vilnius on 13th September 2008

Contact for practical arrangements

LOTD, Alfredas Smailys MD, PhD

Eivenių 2, Kaunas

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Fax No.: +370 37 326282

E-mail: smailys@takas.lt

Organisers

Organised on behalf of Lithuanian Orthopaedic Society by:

- Linas Vitkus MD, PhD
- Narūnas Porvaneckas MD, PhD
- Alfredas Smailys MD, PhD

Dates, cities and venues in Lithuania

7th to 13th September 2008	
Vilnius	<p>08/09 Vilnius University Emergency Hospital, department of orthopaedics and traumatology. Šiltnamiu 29. Vilnius.</p> <p>09/09 Vilnius University Children Hospital, department of orthopaedics and traumatology. Santariskiu 7. Vilnius LT08406</p>
Kaunas	Kaunas Medical university clinics, Clinic of orthopaedic surgery, Eivenių 2, Kaunas
Klaipėda	Klaipėda university hospital, Liepojos g. 41, Klaipėda

Contact persons and addresses

Hospital	Address	Contact Person
Vilnius University Emergency Hospital (VGPUL)	Šiltnamiu g. 29	Narūnas Porvaneckas Tel No.: +370 698 46404
Vilnius University Children Hospital	Santariskiu 7. LT08406	Kestutis Saniukas Tel No.: +370 5 2720595
Kaunas Medical university clinics	Eivenių 2, Kaunas	Alfredas Smailys Tel No.: +370 686 46426
Klaipėda university hospital	Liepojos g. 41	Vidmantas Žegunis Tel No.: +370 698 40183

*every Venue has to be listed incl. Contact Person and Phone No.

Accommodation in shared double rooms

Dates	Hotel name	Hotel address
07/09-09/09	Narutis	Pilies 24, Vilnius. LT01123 Tel : +370 5 2122894 Fax: +370 5 2622882 Email: info@narutis.com Homepage: www.narutis.com
9/09 – 11/09	Alanta	Alantos g. 33, LT-50175 Kaunas Tel No.: +370 37 731142 Fax No.: +370 37 733871 Email: hotel@alanta.lt Homepage: www.alanta.lt/hotel.php
12/09 – 13/09	Klaipėda	Naujojo Sodo 1, Klaipėda Tel. +370 46 404372 Fax. +370 46 404373 Email: hotel@klaipedahotel.lt Homepage: www.klaipedahotel.lt

PLEASE NOTE!

All hotel bookings will be made on behalf of the course participants based on the schedule above. *If you for some reason arrive or depart earlier or later than listed above, please inform the hosting Society about your schedule by e-mail to smailys@takas.lt or linas_vitkus@yahoo.de so that the hotel bookings can be arranged accordingly.*

Thank you!

Program outline

<p>Sunday 7th September 2008</p>	<ul style="list-style-type: none"> • Individual arrivals to Vilnius, Vilnius Airport • Individual transfer to Narutis Hotel • Meet at 19:00 at the lobby of Narutis hotel • Walk to restaurant "Marcus & Ko" for welcome party 		
<p>Monday, 8th September 2008 Vilnius University Emergency Hospital (VGPUL)</p>	08:00-08:30	Welcome speech	Narunas Porvaneckas
	<p>▪ Fractures of spine and pelvis</p>		
	08:30-09:00	Nonoperative treatment of spine fractures	I. Satkauskas
	09:00-10:00	Pelvic fractures and operative treatment	V. Uvarovas
	10:00-10:30	Coffee break	
	<p>▪ Orthopaedics</p>		
	10:30-11:30	Dysplastic hip. Arthroplasty of dysplastic hip	N. Porvaneckas
	11:30-12:30	Instability of the knee joint. Postoperative results of ACL reconstruction using cross-pin technique	A. Saikus
	12:30-13:30	Rotator cuff tears. Outcomes after open rotator cuff repair for full-thickness tears	S.Ryliskis
	13:30-14:30	Lunch; Vilnius University Emergency Hospital.	
	<p>▪ Hand surgery and case reports</p>		
	14:30-15:15	Operative treatment of scaphoid fractures and nonunions.	A.Jankauskas
	15:15-16:00	Congenital deformities of the hand	D.Radzevicius
	16:00-17:00	Case presentations	N.Porvaneckas
	17:00-17:30	Coffee break	
	<p style="text-align: center;">End of the Training</p>		
	<ul style="list-style-type: none"> • Transfer and excursion in the old Vilnius • Dinner at Narutis Hotel 		



<p>Tuesday, 9th September 2008 Vilnius University Children Hospital</p>	<p>▪ Children trauma</p>		
	08:00-08:50	Treatment of thermal burns	D. Gelezauskas
	08:50 -09:40	Spine trauma	K. Saniukas
	09:40- 10:30	Operative treatment of bone fractures	V.Misevicius
	10:30 – 11:00	Coffee break	
	<p>▪ Children orthopaedics</p>		
	11:00-12:00	Operative correction of leg length abnormalities	V. Urbanavicius
	12:00-13:00	Operative treatment of scoliosis	S. Bernotas
	13:00-14:00	Tarsal coalition for the treatment of clubfoot	D. Galvydiene
	14:00-15:00	Lunch; Vilnius University Children Hospital. (Fellows and faculty)	
	<p>End of the Training</p>		
<ul style="list-style-type: none"> • Transfer to Alanta Hotel in Kaunas • Dinner at Name of the Restaurant 			

<p>Wednesday, 10th September 2008 Kaunas Medical university clinics</p>	09:00 – 09:10	Welcome speech	R.J. Kalesinskas
	▪ Arthroplasty		
	09:10 – 10:00	MIS in hip arthroplasty	A. Smailys
	10:00 – 11:00	MIS in knee arthroplasty	R. Juosponis
	11:00 – 12:30	Visit to hospital departments	
	12:30 – 14:00	Lunch; Place and Participants	
	▪ Arthroplasty		
	14:00 – 14:30	Hip resurfacing	A. Smailys
	14:30 – 15:00	Revisions in TKR	L. Vitkus
	15:00 – 15:45	Revisions in THR	Š. Tarasevičius
	15:45 – 16:15	Unicompartmental prosthesis in TKR: our experience	A. Smailys
	16:15 – 16:45	Treatment of periprosthetic fractures	Š. Tarasevičius
	End of the Training		
	<ul style="list-style-type: none"> Transfer to Alanta Hotel Dinner at Restaurant 		

Thursday,
11th September
2008
Kaunas Medical
university clinics

▪ Trauma		
09:00 – 09:30	Treating of polytrauma patients	E. Kontautas / A. Pamerneckas
09:30 – 09:45	Role of external fixation	V. Kimtys
09:45 – 10:15	Injuries of lumbar and thoracic spine	E. Kontautas
▪ Arthroscopy		
10:15 – 10:45	Mosaicplasty vs Autologous hondocyte transplantation	R. Gudas
10:45 – 11:15	Small joints arthroscopy	L. Bazaras
11:15 – 11:30	Acromioplasty in rotator cuff repair: is it necessary?	R. Gudas
▪ Bone oncology		
11:30 – 12:00		M. Stravinskas
12:30 – 12:30		V. Toliušis
12:30 – 14:00	Lunch; Place and Participants	
▪ Miscellaneous		
14:00 – 14:30	Foot surgery	G. Pocius
14:30 – 15:00	Computer assisted orthopaedic surgery: future directions	V. Kimtys
15:00 – 15:30	Elbow traumas in sports medicine	L. Bazaras
End of the Training		
<ul style="list-style-type: none"> • Transfer to Klaipeda Hotel • Dinner at Restaurant 		

**Friday,
12th September
2008
Klaipeda
University Hospital
Klaipeda County
Hospital**

▪ Orthopedics in KUL		
9.00-9.30	Orthopaedics and Trauma Service in Klaipeda University Hospital	Prof. Vinsas Janušonis
9.30-10.15	Total Joint replacement review in KUL since 1991	R.Tarasevičius
10,15-10.45	Well cemented hip in our hands	V.Žegunis
▪ Trauma treatment tips in KUL		
10.45-11.15	Flexible elastic nails (Ender type) in fracture treatment	V.Koroliov
11.15-11.45	Intramedular locking nails. Our experience.	V.Staniulis
11.45-12.15	Arthroscopic reconstruction of knee ligaments.	M.Fiodorovas
12.15-13.00	Discussion	Speakers-fellows
13.00-14.00	Lunch; Restaurant Memelis	
▪ Upper extremity pathology and trauma		
15.00-15.30	Shoulder pathology and treatment experience in KCH	V.Jermolajevas
15.30-16.00	Proximal humeral fractures	I.Riauba
16.00-16.30	Distal radius trauma	A.Rudokas
Lower extremity trauma		
16.30-17.00	Hip Fracture	V.Mačiulis
17.00-17,30	Proximal tibial fractures	V.Mačiulis
17.30-18.00	Fractures in ankle region	V.Mačiulis
18.00-24.00	Farewell speeches	Hosts and Fellows
End of the Travelling Fellowship		
<ul style="list-style-type: none"> • Transfer to Klaipeda Hotel • Dinner at Restaurant 		

**EFORT Autumn Travelling Fellowship in Country
from 7th to 13th September 2008**



**Saturday,
13th September
2008**

- Individual transfer to Vilnius or Palanga Airport

See you soon in Lithuania!