

EFORT Autumn Travelling Fellowship

United Kingdom
from 09 – 15 October 2011

www.efort.org



Welcome to United Kingdom!

Dear Fellow,

The EFORT Travelling Fellowship Courses are organised by the National Orthopaedic Societies, member of the European Federation of National Associations of Orthopaedics and Traumatology.

The EFORT Travelling Fellowship of autumn 2011 will be held in United Kingdom. It is open to surgeons from European countries selected by their National Association, in order to favour exchanges between the travelling fellows and the orthopaedics of the inviting nation.

The scientific programme of the fellowship course will be organised at Royal National Orthopaedic Hospital, Stanmore, London, United Kingdom on the following five topics:

- Bone (10 October 2011)
- Tendon (11 October 2011)
- Nerve (12 October 2011)
- Cartilage & Ligament (13 October 2011)
- Interface (14 October 2011)

We wish you a pleasant and interesting Course in United Kingdom!

On behalf of the organising Society BOA,

Stephen R. Cannon
EFORT ExCom Member & Past President of the British Orthopaedic Association

EFORT Autumn Travelling Fellowship

United Kingdom
from 09 – 15 October 2011

www.efort.org



Useful information

Arrival to London Airports, on 09 October 2011

You may take any international or domestic flight to London Heathrow airport, Gatwick airport or London City airport.

London Heathrow Airport:

From London Heathrow airport the underground "Piccadilly line" goes directly to Russels Square station which is the nearest station to the hotel. If you wish to use the Heathrow Express you will arrive at Paddington and then you will need to use the "Metropolitan/Circle line" to Euston Square, which is the next closest underground station to the hotel.

Gatwick and London City airport:

If arriving via Gatwick or London City airport, please consult the London Underground Map.

You can also take a taxi from the airport directly to the hotel, which costs approximately £45.00. No organised transportation will be available since the arrival times of each participant will be different. We suggest the cheapest form of transport which is by underground or a taxi can also be taken.

Please be aware that the traffic drives on the left in Great Britain and you should take care crossing roads!

Accommodation and meals

Accommodation will be arranged in shared twin rooms. The hotel will offer breakfast in the morning. Lunches, coffees and teas will be organised at the hospital during the day time.

Departure from London on 15 October 2011

The British Orthopaedic Association and the Organising Committee are offering your accommodation and stay in country from 09 October 2011 up to your departure from London on 15 October 2011.

Contact for practical arrangements

Elise Spicer (secretary of Mr. Cannon)
St Giles Lodge
Amersham Road
Chalfont St Giles
Bucks HP8 4RZ
United Kingdom

Tel. No.: +44 1494 872 440 / Fax No.: +44 1494 872 242

E-mail: elise.cannon@tesco.net

EFORT Autumn Travelling Fellowship

United Kingdom
from 09 – 15 October 2011

www.efort.org



Organisers

Organised on behalf of BOA by:

- Susan Alexander
drsalexander@me.com +44 7590 380 915
- Stephen Cannon
elise.cannon@tesco.net +44 7884 473 506 (mobile)/+44 1494 872 440 (office)

Dates and topics at Royal National Orthopaedic Hospital, Stanmore, London

10 October	Bone
11 October	Tendon
12 October	Nerve
13 October	Cartilage & Ligament
14 October	Interface

Accommodation in shared twin rooms

Dates	Hotel name	Hotel address
09 – 15 October 2011	Holiday Inn London	Bloomsbury Coram Street London WC1 1HT Tel No.: +44 871 9429 222 Fax No.: +44 207 8375 374

PLEASE NOTE!

All hotel bookings will be made on behalf of the course participants based on the schedule above. If you for some reason arrive or depart earlier or later than listed above, please inform the hosting society about your schedule by e-mail to elise.cannon@tesco.net so that the hotel bookings can be arranged accordingly.

Thank you!

EFORT Autumn Travelling Fellowship

United Kingdom
from 09 – 15 October 2011

www.efort.org



Programme outline

<p>Sunday, 09 October 2011</p>	<ul style="list-style-type: none"> Individual arrivals to London Individual transfer to Holiday Inn Hotel Meet at 19.00 in the Bar of the Holiday Inn Hotel for a Welcome Drink. Mr. Cannon will give a short introductory talk and will outline the weeks' activities. 																																																	
<p>Monday, 10 October 2011 Royal National Orthopaedic Hospital Stanmore London</p>	<table border="1"> <tr> <td colspan="3" style="text-align: center;">▪ Bone</td> </tr> <tr> <td>09.00 – 09.45</td> <td>Bone Transplant Case</td> <td>Peter Calder</td> </tr> <tr> <td>09.45 – 10.30</td> <td>Biology of Bone Growth and Repair</td> <td>Gordon Blunn</td> </tr> <tr> <td>10.30 – 10.45</td> <td>EFORT Fellow Talk 1</td> <td></td> </tr> <tr> <td>10.45 – 11.00</td> <td colspan="2">Coffee break</td> </tr> <tr> <td>11.00 – 11.30</td> <td>Clinical decision making in bone transplant</td> <td>Peter Calder</td> </tr> <tr> <td>11.30 – 12.15</td> <td>High and Low Energy Fractures</td> <td>David Marsh</td> </tr> <tr> <td>12.15 – 13.00</td> <td>Paediatric Spinal Deformity</td> <td>Sean Molloy</td> </tr> <tr> <td>13.00 – 13.15</td> <td>EFORT Fellow Talk 2</td> <td></td> </tr> <tr> <td>13.15 – 14.00</td> <td colspan="2">Lunch</td> </tr> <tr> <td>14.00 – 16.00</td> <td>Live Theatre Session: Deformity Correction</td> <td>Peter Calder</td> </tr> <tr> <td>16.00 – 17.00</td> <td>Mal/non-union case</td> <td>David Marsh</td> </tr> <tr> <td>17.00 – 17.15</td> <td>EFORT Fellow Talk 3</td> <td></td> </tr> <tr> <td colspan="3" style="text-align: center;">End of the Training</td> </tr> <tr> <td colspan="3"> <ul style="list-style-type: none"> Transfer to hotel </td> </tr> <tr> <td>20.00</td> <td colspan="2">Dinner: A Taste of India</td> </tr> </table>		▪ Bone			09.00 – 09.45	Bone Transplant Case	Peter Calder	09.45 – 10.30	Biology of Bone Growth and Repair	Gordon Blunn	10.30 – 10.45	EFORT Fellow Talk 1		10.45 – 11.00	Coffee break		11.00 – 11.30	Clinical decision making in bone transplant	Peter Calder	11.30 – 12.15	High and Low Energy Fractures	David Marsh	12.15 – 13.00	Paediatric Spinal Deformity	Sean Molloy	13.00 – 13.15	EFORT Fellow Talk 2		13.15 – 14.00	Lunch		14.00 – 16.00	Live Theatre Session: Deformity Correction	Peter Calder	16.00 – 17.00	Mal/non-union case	David Marsh	17.00 – 17.15	EFORT Fellow Talk 3		End of the Training			<ul style="list-style-type: none"> Transfer to hotel 			20.00	Dinner: A Taste of India	
▪ Bone																																																		
09.00 – 09.45	Bone Transplant Case	Peter Calder																																																
09.45 – 10.30	Biology of Bone Growth and Repair	Gordon Blunn																																																
10.30 – 10.45	EFORT Fellow Talk 1																																																	
10.45 – 11.00	Coffee break																																																	
11.00 – 11.30	Clinical decision making in bone transplant	Peter Calder																																																
11.30 – 12.15	High and Low Energy Fractures	David Marsh																																																
12.15 – 13.00	Paediatric Spinal Deformity	Sean Molloy																																																
13.00 – 13.15	EFORT Fellow Talk 2																																																	
13.15 – 14.00	Lunch																																																	
14.00 – 16.00	Live Theatre Session: Deformity Correction	Peter Calder																																																
16.00 – 17.00	Mal/non-union case	David Marsh																																																
17.00 – 17.15	EFORT Fellow Talk 3																																																	
End of the Training																																																		
<ul style="list-style-type: none"> Transfer to hotel 																																																		
20.00	Dinner: A Taste of India																																																	

EFORT Autumn Travelling Fellowship

United Kingdom
from 09 – 15 October 2011

www.efort.org



<p>Tuesday, 11 October 2011 Royal National Orthopaedic Hospital Stanmore London</p>	▪ Tendon		
	09.00 – 09.45	Tibialis Posterior and hind foot instability	Nick Cullen
	09.45 – 10.30	Tendon biology and Repair	Helen Birch
	10.30 – 10.45	EFORT Fellow Talk 4	
	10.45 – 11.00	Coffee break	
	11.00 – 11.30	Tendon biology & Repair	Roger Smith
	11.30 – 12.15	Musculotendinous junction and enthesopathy	Simon Lambert
	12.15 – 13.00	Orthopaedic Oncology	Steve Cannon
	13.00 – 13.15	EFORT Fellow Talk 5	
	13.15 – 14.00	Lunch	
	14.00 – 15.45	Live Theatre Session: Tibialis posterior & hind foot instability	Nick Cullen
	15.45 – 16.00	Tea break	
	16.00 – 17.00	Foot & Shoulder	Dishan Sing & Mark Falworth
	17.00 – 17.15	EFORT Fellow Talk 6	
	End of the Training		
	<ul style="list-style-type: none"> • Transfer to hotel 		
	20.00	Experience a British Pub	

EFORT Autumn Travelling Fellowship

United Kingdom
from 09 – 15 October 2011

www.efort.org



**Wednesday,
12 October 2011**
Royal National
Orthopaedic Hospital
Stanmore London

▪ Nerve		
09.00 – 10.00	Congenital v Traumatic nerve injury	Marco Sinisi
10.00 – 10.30	Peripheral nerve and pain	Praveen Anand
10.30 – 10.45	EFORT Fellow Talk 7	
10.45 – 11.00	Coffee break	
11.00 – 11.30	Neurostenalgia	Mike Fox
11.30 – 12.15	Spinal Cord Injury	Jan Gawronski
12.15 – 13.00	Intradural repair of avulsions	Thomas Carlstedt
13.00 – 13.15	EFORT Fellow Talk 8	
13.15 – 14.00	Working Lunch: The history of EFORT and its future	Michael Freeman
14.00 – 15.00	Group 1: Visit to Stanmore Implants/BME	Andrew Jones & Paul Unwin
	Group 2: Visit to Spinal Rehab Unit	Jan Gawronski
15.00 – 15.15	EFORT Fellow Talk 9	
15.15 – 15.30	Tea break	
15.30 – 16.30	Group 1: Visit to Spinal Rehab Unit	Jan Gawronski
	Group 2: Visit to Stanmore Implants/BME	Andrew Jones & Paul Unwin
16.30	Depart for Journal of Bone & Joint Surgery – 22 Buckingham Street, London WC2	
18.30	Dinner with the Journal of Bone & Joint Surgery	

EFORT Autumn Travelling Fellowship

United Kingdom
from 09 – 15 October 2011

www.efort.org



**Thursday,
13 October 2011**
Royal National
Orthopaedic Hospital
Stanmore London

▪ Cartilage & Ligament

09.00 – 10.00	Cartilage Transplantation and knee replacement	Richard Carrington
10.00 – 10.30	Cartilage Repair	Charlie Archer
10.30 – 10.45	EFORT Fellow Talk 10	
10.45 – 11.00	Coffee break	
11.00 – 11.30	Cartilage Transplantation and ligament reconstruction	Richard Carrington
11.30 – 12.15	Paediatric Hip Problems	Aresh Nejad
12.15 – 13.00	Young arthritic and the role of cartilage transplantation	George Bentley
13.00 – 13.15	EFORT Fellow Talk 11	
13.15 – 14.00	Lunch	
14.00 – 15.45	Live Theatre Session: Ligamentous knee instability	Richard Carrington
15.45 – 16.00	Tea break	
16.00 – 17.00	Soft tissue injuries to the knee	Jonathan Miles & Richard Carrington
17.00 – 17.15	EFORT Fellow Talk 12	

End of the Training

- Transfer to hotel

Individual evenings

EFORT Autumn Travelling Fellowship

United Kingdom
from 09 – 15 October 2011

www.efort.org



Friday, 14 October 2011 Royal National Orthopaedic Hospital Stanmore London	<ul style="list-style-type: none"> Interface 		
	09.00 – 10.30	Bone implant interface The use of stem cells to augment the bone implant interface Soft tissue attachments to metallic implants	Gordon Blunn Melanie Coathup Catherine Pendegrass et al
	10.30 – 10.45	EFORT Fellow Talk 13	
	10.45 – 11.00	Coffee break	
	11.00 – 11.30	Metal ions in hip replacement	John Skinner
	11.30 – 11.45	EFORT Fellow Talk 14	
	11.45 – 12.30	Infection and revision surgery	Fares Haddad
	12.30 – 13.15	Robotic Surgery	Justin Cobb
	13.15 – 13.30	EFORT Fellow Talk 15	
	13.30 – 14.00	Lunch	
	14.00 – 19.30	Free afternoon	
	19.30	Formal dinner at the Royal College of Surgeons with Reception in the Hunterian Museum Dress: casually smart	
	End of the Travelling Fellowship		
	Saturday, 15 October 2011	<ul style="list-style-type: none"> Individual transfer to airport 	