

*EFORT - Travelling Fellowship
Norway, Spring, 2009*



EFORT - JOINT EFFORTS

I didn't know what to expect when I applied for the Travelling Fellowship in Norway. I knew the Norwegians are probably going to organize it well, but one never knows what to expect from the fellows from different countries.

But soon after the initial shyness disappeared I could find myself easily conversing with other fellows, discussing various methods of treatments, exchanging experiences on different pathologies and comparing the position of orthopaedic surgeon among European countries.

The logistical and sightseeing part of the Fellowship was flawlessly organized. The lectures were informative and systematic, most of them were exceptionally original. I have learned the Norwegians have an evidence-based approach towards medicine. I felt their strongest point is innovative research, with which they add an important share to a global orthopaedic knowledge.

Lastly, I was amazed at the Norwegian hospitality and their willingness in accommodating our wishes. I feel the whole experience has made me richer and I would recommend the Travelling Fellowship to every resident or young orthopaedic specialist. Personally I couldn't have wished for a better Fellowship.

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