



NORWAY, 11 - 16. May 2009

The travelling fellowship program was a one-week period. Yet, we had three cities to discover, lots of things to see and learn. From my point of view, the lectures and transportation were well-organized and we had no difficulties adopting to the environment with the help of the members of Norwegian Orthopedic Federation. The lectures in Bergen were mostly about registries which were interesting but still, I felt that -as an orthopedic surgeon-, I could spend some more time in the operation room instead of lecture hours. That said, I really enjoyed the live surgery session in Trondheim. The custom made prosthesis is an innovation for the world and my country, and seeing its operation with bare eyes was quite an enjoyable experience for me. I wish I had more chances of getting in the O.R. and watching more operations in Norway. The fellowship program was amazing and quite beneficial for me. I took my chances to see things in different ways. Not all of this is about orthopedics, but also about the daily life, habits and customs in Norway and all across Europe and even from Brasil. I got along really well with the other 17 fellows from all over the world. From the day we met at Bergen, not a few days passed since we obtained a "team spirit". I felt that we made a "good team" in all aspects. We did everything together; we ate, traveled, saw things, shared things in our lives, danced, celebrated, cheered and laughed. The things I took for granted by interacting with other fellows in the program indeed mean a lot to me, I'll always keep this amazing experience with its cherished moments and memories. There are some points that I think could be made better in the program: We could have more practical hours (in O.R.) and less lecture hours. The accommodation was in two-person rooms in Bergen and Trondheim instead of one-person rooms as is listed in the program sheet.

At the very end, I'd like to express that I've been feeling grateful for all the organization committee members for this great organization. And I'd also like to mention a few names who've meant a lot to me during the program: Dr. Torgeir Vestad, Dr. Ole Edvard Gabrielsen and Dr. Hebe Desiree Kvernmo. They were there for us from the start till the end and lent a hand whenever we needed it. I'll always remember those cordial people as my good friends. I'd also like to thank Dr. Ketil Holen, Dr. Lars Engebretsen and Dr. Trine Sand Kaastad for their kindness and hospitality as to keep us company in their homes. With all these people and our group members, the 2009 European travelling fellowship program gained a deeper meaning for me with lots of enjoyable moments and let me carry home beautiful memories for reminisce.

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