



Welcome to Slovenia!

Dear Fellow,

The EFORT Travelling Fellowship Courses are organised by the National Orthopaedic Societies, member of the European Federation of National Associations of Orthopaedics and Traumatology.

The EFORT Travelling Fellowship of autumn will be held in Slovenia. It is open to surgeons from European countries selected by their National Association, in order to favour exchanges between the Travelling Fellows and the Orthopaedics of the inviting nation.

The Scientific Program of the Fellowship Course will be organised in three cities in Slovenia:

- Ljubljana (Sunday 21th Oct. – Wednesday, 24th Oct. 2007)
- Celje (Wednesday, 24th Oct. – Thursday, 25th Oct. 2007)
- Ankaran (Thursday, 25th Oct. – Sunday, 28th Oct. 2007)

We wish you a pleasant and interesting Course in Slovenia!

On behalf of the organising Society SOS,

Janez Breclj, M.D., Ph.D.
President of Slovenian Orthopaedic Society



Useful information

Arrival to Ljubljana Airport, on Sunday, 21st Oct. 2007

You may take any international or domestic flight to Ljubljana airport, which is located 25 km outside the city. From Ljubljana Airport, there are buses (4,10 EUR). You should get off at the Ljubljana railway station, which is the final station. Then take a taxi from the Ljubljana railway station to Zavod Šouhostel – Hostel Celica, Metelkova 8, 1000 Ljubljana.

You can also take a taxi from the airport directly to the Hotel, which costs approximately 30 EUR for 3 persons. No organised transportation will be available since the arrival times of each participant will be different.

Accommodation and meals

Accommodation will be arranged in shared twin rooms. The hotels in each city will offer breakfast in the morning. Lunches and coffees will be organised at each hospital during the day time.

Departure from Ljubljana Airport on Sunday, 28th Oct. 2007

The Slovenian Orthopaedic Society and the Organising Committee are offering your accommodation and stay in country from Sunday, 21th Oct., 2007 up to your departure from Ankarán on Sunday 28th Oct., 2007

Contact for practical arrangements

Slovenian Orthopaedic Society
Ortopedska klinika KC, Zaloška 9, 1000 Ljubljana

Tel. No.: +386 1 522 44 85
Fax No.: +386 1 522 24 47

E-mail: mateja.stolnik@kclj.si

Organisers

Organised on behalf of Slovenian Orthopaedic Society by:

- Janez Brečelj MD, PhD
- Matej Drobnič MD, PhD

Dates, cities and venues in Slovenia

Sunday, 21th Oct. to Wednesday 25th Oct.	
Ljubljana	Ortopedska klinika, Zaloška 9, Ljubljana
Wednesday 24th Oct. to Thursday 25th Oct.	
Celje	Splošna bolnišnica Celje, Oblakova 5, 3000 Celje
Thursday 25th Oct. to Sunday 28th Oct.	
Ankaran	Ortopedska bolnišnica Valdoltra, Jadranska 31, 6280 Ankaran

Contact persons and addresses

Hospital	Address	Contact Person
Ortopedska klinika	Zaloška 9, 1000 Ljubljana	Mateja Stolnik tel.: +386 1 522 26 55
Splošna bolnišnica Celje	Oblakova 5, 3000 Celje	Dr Samo Fokter Tel: +386 3 423 30 00
Ortopedska bolnišnica Valdoltra	Jadranska 31, 6280 Ankaran	Dr Rihard Trebše tel.: +386 5 669 61 00

Accommodation in shared double rooms

Dates	Hotel name	Hotel address
Sunday 21 th Oct. to Wednesday 24 th Oct. 2007	Zavod Souhostel – Hostel Celica	Metelkova 8, 1000 Ljubljana tel.: +386 1 230 97 00 fax: +386 1 230 97 14 http://www.hostelcelica.com/si/index.html
Wednesday, 24 th Oct. to Thursday, 25 th Oct. 2007	Hotel Štorman,	Mariborska 3, 3000 Celje tel.: +386 3 703 83 00 fax.: +386 3 703 83 20 http://www.gostilne-hotel-storman.com
Thursday, 25 th Oct. to Sunday, 28 th Oct. 2007	Hotel Adria	Ankaran tel.: +386 5 663 73 00 fax.: +386 5 663 73 20 http://www.adria-hoteli.si/

PLEASE NOTE!

All hotel bookings will be made on behalf of the course participants based on the schedule above. If you for some reason arrive or depart earlier or later than listed above, please inform the hosting Society about your schedule by e-mail to: mateja.stolnik@kclj.si so that the hotel bookings can be arranged accordingly.

Thank you.

Program outline

<p>Sunday, 21 Oct.</p>	<ul style="list-style-type: none">• Individual arrivals to Ljubljana from Ljubljana Airport• Individual transfer to Hostel Celica• Meet at Hostel Celica Hotel at 19:00• City walking tour and dinner in the restaurant Gostilna Sokol Ciril Metodov trg 18• Transfer to Hostel Celica Hotel
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<p>Monday, 22th Oct.</p> <p>Lecture room at the Orthopedic hospital Medical Centre Ljubljana, Zaloška 9, Ljubljana -all sessions</p>	9:00 – 9: 45	<p>Welcome speech</p> <p>The health care system in Slovenia</p>	<p>Prof. Dr. Pavlovčič</p> <p>Representative of the Ministry of health</p>
	<p>▪ Basic research and overviews</p>		
	9:45 - 10:00	Some important gene chromosomal anomalies – orthopaedic overview	Prof. Dr. Antolič
	10:00 - 10:15	Matrix Associated Chondrocyte Implantation - from Basics into Clinics	Dr. Drobnič
	10:15-10:30	Biomechanical analysis of dysplastic hips	Dr. Pompe Dr. Mavčič
	<p>▪ Spine</p>		
	11:30 - 11:45	Anterior approach in idiopathic scoliosis	Dr. Košak
	11:45-12:00	Degenerative disc disease	Dr. Gorenšek
	12:00 - 12:15	Surgery of craniocervical junction in RA	Dr. Vengust
	12:15-12:30	Fusion vs. disc prosthesis in cervical disc herniations	Dr. Vengust
	12:30-14:00	Lunch; Medical Centre Ljubljana	
	<p>▪ Arthroplasty</p>		
	14:00-14:15	Revision total hip arthroplasty – massive acetabular bone lost: our experience	Dr. Šimnic
	14:15-14:30	Elbow arthroplasty	Dr. Tomažič
	14:30-14:45	Total hip femoral component revision using Kent hip endoprosthesis	Dr. Kralj
	<p>▪ Tumors and haemophilia</p>		
	14:45-15:00	Treatment of solitary bone cysts with cannulated screws	Dr. Breclj
	15:00-15:15	Malignant bone tumors	Dr. Ponikvar
	15:15-15:30	Limb salvage procedures	Dr. Baebler
	15:30-15:45	Orthopaedic management of hemophilic arthropathy	Dr. Breclj
<p>End of the Training</p>			
<ul style="list-style-type: none"> • Transfer to Hostel Celica. • Dinner at Klub Caval, Tacenska 95, 1000 Ljubljana 			

<p>Tuesday, 23th Oct.</p> <p>Lecture room at the Orthopedic hospital Medical Centre Ljubljana, Zaloška 9, Ljubljana -all sessions</p>	<p>▪ Transplants in orthopaedics</p>		
	9:00-9:15	Soft tissue allografts in orthopedics	Dr. Stražar
	9:15-9:30	Autologous hondocyte transplantation	Prim. Radosavljevič
	9:30-9:45	Bone bank	Dr. Kralj
	10:00-11:30	Visits to hospital departments	
	<p>▪ Arthroscopy</p>		
	11:45-12:00	Endoscopic evacuation of lumbar disc herniation	Dr. Vengust
	12:00-12:15	Elbow Arthroscopy – our experience	Dr. Zupanc
	12:15-12:30	Hip arthroscopy	Dr. Stražar
	12:30-14:00	Lunch; Medical Centre Ljubljana	
	<p>▪ Paediatric orthopaedics</p>		
	14:00-14:15	Screening and early treatment of children with develoemental dysplasia	Dr. Berden
	14:15-14:30	Congenital clubfoot – Ponseti treatment	Prof. Dr. Antolič
	14:30-14:45	Our experience in treatment of slipped capital femoral epiphysis	Dr. Zupanc
	14:45-15:00	Cartilage defects associated with knee pain in adolescent with cerebral palsy	Mag. Schara
	<p>▪ Infections in orthopaedics</p>		
	15:15-15:30	Management of infected orthopaedic implants	Dr. Dolinar
15:30-15:45	Neonatal skeletal infections caused by group B streptococci agalacticae	Mag. Schara	
<p>End of the Training</p>			
<ul style="list-style-type: none"> • Transfer to Hostel Celica Hotel • Dinner at Gostilna Pod Rožnikom, Cesta na Rožnik 18, 1000 Ljubljana 			

Wednesday,
24th Oct.

General Hospital
Celje
Department for
orthopaedic and
sports trauma

<ul style="list-style-type: none"> ▪ Arrival in Celje at 10:00 ▪ Arthroscopic surgery 		
10:20	Welcome speech	
10:30-10:45	Prospective, randomised comparison of patellar tendon and hamstring tendon for ACL reconstruction	Matjaž Sajovic, MD, orth. surg.
10:45-11:00	Endoscopic stabilisation of Bankart and SLAP lesions	Janez Podobnik, MD, MSc, orth. surg.
11:00-11:15	Osteochondral Mosaic plasty	Janez Podobnik, MD, MSc, orth. surg.
<ul style="list-style-type: none"> ▪ Spine 		
11:15-11:30	Massive disc herniation at L ₄ /L ₅ level: to fuse or not to fuse?	Samo K. Fokter, MD, PhD, orth. surg.
11:30-11:45	Motion preservation surgery of DDD – Charité	Vilibald Vengust, MD, orth. surg.
11:45-12:00	Lumbar spinal stenosis – operative management	Samo K. Fokter, MD, PhD, orth. surg.
12:00-13:00	Baloon kyphoplasty - live surgery -	Vilibald Vengust, MD, orth. surg. – Miodrag Vlaović, MD, trauma surg.
13:00-14:30	Lunch	
<ul style="list-style-type: none"> ▪ Endoprothetic surgery, research 		
14:30-15:00	Primary THA with pressfit cup and cementless modular stem	Marko Kotnik, MD, orth. surg.
15:00-15:30	Long term results after revision total hip arthroplasty	Vilibald Vengust, MD, orth. surg.
15:30-16:00	Influence of etidronate on periprotthetic bone mineral density after THA	Samo K. Fokter, MD, PhD, orth. surg.
<ul style="list-style-type: none"> ▪ Research free papers 		
16:30-17:00	Evaluation of the rotator cuff function after successful open reconstruction	Samo K. Fokter, MD, PhD, orth. surg.
17:00-17:30	Perioperative bacterial infection rate – analysis (1991-2006)	Janez Podobnik, MD, MSc, orth. surg.
17:30-18:00	The effect of closed suction drainage on prolonged serous secretion after primary total hip arthroplasty	Andrej Strahovnik, MD
End of the Training		
<ul style="list-style-type: none"> • Transfer to the Hotel Štorman • Dinner at Castle Tabor, Cesta na Svetino 3/b 3270 Laško 		

<p>Thursday, 25th Oct.</p> <p>Orthopedic Hospital Valdoltra Seminar Hall All sessions</p>	<ul style="list-style-type: none"> • Arrival in Koper railway station at 11:00 • Arrival in Valdoltra at 11:30 		
	12:00-12:15	Welcome Speech	Dr. Pišot
	<ul style="list-style-type: none"> ▪ Total Hip arthroplasty 		
	12:15-12:15	Alternative bearings in TJR surgery	Dr. Trebše
	12:15-12:30	Minimally invasive approaches in THR	Dr. Kovač
	12:30-12:45	Organisation of a hospital joint registry and implant retrieval system	Dr. Levašič
	12:45-13:00	Hip resurfacing	Dr. Trebše
	13:00-14:30	Lunch; Orthopedic Hospital Valdoltra	
	<ul style="list-style-type: none"> ▪ Basic Science 		
	14:30-14:45	Metal ions release in total joint replacements	Dr. Milošev
	14:45-15:00	Trends in osteoporosis research	Mag. Trošt
	15:00-15:15	Sinovial fluid microscopy as a diagnostic tool	Dr. Terčič
	<ul style="list-style-type: none"> ▪ Knee Osteoarthritis 		
	16:00-16:15	Osteotomies about the knee	Dr. Ambrožič
	16:15-16:30	Unicondylar Knee Replacement	Dr. Milhalič
	16:30-16:45	Navigated TKR	Dr. Kovač
End of the Training			
<ul style="list-style-type: none"> • Transfer to Adria Hotel • Dinner at Orthopedic Hospital Valdoltra 			

<p>Friday, 26th Oct.</p> <p>Orthopedic Hospital Valdoltra Seminar Hall and Grand hotel Bernardin conference centre</p>	<ul style="list-style-type: none"> ▪ Orthopaedic infections 		
	9:00-9:15	Treatment modalities in orthopaedic implant infections	Dr. Bešič
	9:15-9:30	Retention of infected orthopaedic device	Dr. Trebše
	9:30-9:45	Role of perioperative antibiotic prophylaxis for tissue samples in infected orthopaedic device surgery	Mag. Faganeli
	<ul style="list-style-type: none"> ▪ Shoulder, elbow and ankle arthroplasty 		
	10:15-10:30	Presentation of Orthopedic Hospital Valdoltra	Dr. Pišot
	10:30-10:45	Shoulder resurfacing	Dr. Trebše
	10:45-11:00	Elbow arthroplasty	Dr. Trebše
	11:00-11:15	Ankle arthroplasty	Dr. Kovač
	12:30-14:00	Lunch; Orthopedic Hospital Valdoltra, Transfer to Portorž Grand hotel Bernardin conference centre	
	<ul style="list-style-type: none"> • Arthroscopic rotator cuff repair: Single row vs. Double row repair 		
	15:00-16:30	Live surgery	
	<ul style="list-style-type: none"> • Treatment of AC joint pathology and frozen shoulder 		
	16:30-18:00	Live Surgery	
	<p style="text-align: center;">End of the Training</p>		
<ul style="list-style-type: none"> • Transfer to Adria Hotel • Dinner at Orthopedic Hospital Valdoltra 			

<p>Saturday, 27th Oct.</p> <p>Grand Hotel Bernardin Conference Centre</p>	<ul style="list-style-type: none"> Biceps tendinitis, SLAP lesion and Suprascapular nerve entrapment (3 live surgeries) 	
	9:00-11:00	Live Surgery
	<ul style="list-style-type: none"> Basics of hip arthroscopy and loose bodies in hip (2 surgeries) 	
	11:00-13:00	Live Surgery
	13:00-14:30	Lunch; Grand hotel Bernardin conference centre
	<ul style="list-style-type: none"> Treatment of labral pathology and ligamentum teres tears (2 surgeries) 	
	14:30-16:00	Live Surgery
	<ul style="list-style-type: none"> Treatment of femoroacetabular impingement and hip instability (1 surger) 	
	16:00-17:30	Live Surgery
	<p style="text-align: center;">End of the Training</p>	
<ul style="list-style-type: none"> Transfer to Adria Hotel Dinner at Orthopedic Hospital Valdoltra 		
<p>Sunday, 28th Oct.</p>	<p>Individual transfer to Airport</p>	

We are looking forward to an outstanding course and hope seeing you soon in Slovenia!