

EFORT Spring Travelling Fellowship

Denmark
from 16 – 22 May 2010

www.efort.org



Welcome to Denmark!

Dear Fellow,

The EFORT Travelling Fellowships are organised by the National Orthopaedic Societies, members of the European Federation of National Associations of Orthopaedics and Traumatology.

The EFORT Travelling Fellowship in spring 2010 will be held in Denmark. It is open to surgeons from European countries selected by their national association, in order to favour exchanges between the travelling fellows and the orthopaedists of the inviting nation.

The scientific programme of this fellowship course will be organised in four cities in Denmark:

- Aarhus (17 May)
- Vejle (18 May)
- Odense (19 May)
- Copenhagen (20 – 21 May)

We wish you a pleasant and interesting Course in Denmark!

On behalf of the organising society DOS,

Per Kjærsgaard-Andersen, MD, Ass. Professor
President of the Danish Orthopaedic Society (DOS)

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Useful information

Arrival to Aarhus on Sunday, 16 May 2010

You may arrive to Aarhus on Sunday, 16 May 2010 in several ways. One option is through Aarhus Airport (AAR). This airport is located 40 km from Aarhus downtown. There are few direct international flights but several daily flights from Copenhagen Airport (CPH) – the largest international airport in Scandinavia. From Aarhus Airport you can either take a taxi directly to the hotel in Aarhus (located just opposite to the central railway station), or more cheap take the shuttle bus to down-town Aarhus.

You may also arrive in Billund International Airport (BLL) and take a shuttle bus to Aarhus. Billund International Airport is located 110 km away from Aarhus – but has very good shuttle-bus connections to Aarhus. Billund International Airport has more daily internal connections from several larger European cities.

Also you may arrive in Copenhagen International Airport and take the cross-national train directly from the airport to Aarhus. This will take round three hours. The train leaves hourly.

Accommodation and meals

Accommodation will be arranged in single rooms. The hotels in each city will offer breakfast in the morning. Lunches and coffees will be organised at each hospital during the day time.

The Danish Orthopaedic Society (DOS) and the organizing committee are offering you accommodation and evening dinners from 16 May until breakfast at the hotel on 22 May 2010. Transportation within Denmark, from arrival in Aarhus 16 May until check-out from the hotel in Copenhagen on 22 May is organized and paid by DOS.

Departure from Copenhagen on Saturday, 22 May 2010

The departure from Copenhagen on Saturday, 22 May 2010 must be organized by your selves. But since the fellowship will end at the hotel in the centre of Copenhagen, we will suggest that you use the "Metro" (underground) from the central station directly to Copenhagen Airport (CPH).

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Contact for practical arrangements

Danish Orthopaedic Society
c/o Jane Schwartz Leonhardt, RN, Research Nurse
Department of Orthopaedics
Vejle Hospital
DK – 7100 Vejle
Denmark

Tel. No.: +45 7940 57 14

Fax No.: +45 7940 68 68

E-mail: jane.schwartz.leonhardt@slb.regionsyddanmark.dk

Contact during travelling in Denmark

Per Kjærsgaard-Andersen, MD, Ass. Professor
Cell No.: +45 4086 16 83

Camilla Ryge, MD, PhD
Cell No.: +45 6179 68 29

Jane Schwartz Leonhardt, RN, Research Nurse
Cell No.: +45 4160 90 50

Organisers

Organised on behalf of Danish Orthopaedic Society by:

- Per Kjærsgaard-Andersen, MD, Ass. Professor
- Camilla Ryge, MD, PhD
- Jane Leonhardt, RN, Research Nurse

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Dates, cities and venues in Denmark

Sunday, 16 May to Saturday, 22 May 2010	
Aarhus	Aarhus University Hospital, Nørrebrogade, 8200 Aarhus N. Auditorium at Department of Orthopaedics
Vejle	Vejle University Hospital, Kappeltoft 25, 7100 Vejle Conference room at the Department
Odense	Odense University Hospital, Sdr. Boulevard 29, 5000 Odense C. Conference room at the Department
Herlev	Herlev University Hospital, Herlev Ringvej 75, 2730 Herlev Auditorium at the Hospital
Copenhagen	Copenhagen University Hospital Rigshospitalet, Blegdamsvej 9, 2100 København Ø Auditorium at the department

Contact persons and addresses

Hospital	Address	Contact Person
Aarhus University Hospital	Nørrebrogade 8200 Aarhus N.	Chairman: Frank Farsø Nielsen, MD, PhD Tel No.: +45 8949 4105
Vejle University Hospital	Kappeltoft 25 7100 Vejle	Chairman: Sten Larsen, MD Tel No.: +45 7940 5705
Odense University Hospital	Sdr. Boulevard 29 5000 Odense C.	Chairman: Niels Dieter Röck, MD, PhD Tel No.: +45 6541 2261
Herlev University Hospital	Herlev Ringvej 75, 2730 Herlev	Chairman: Steen Mejdahl, MD Tel No.: +45 4488 3030
Copenhagen University Hospital Rigshospitalet	Blegdamsvej 9 2100 København Ø	Chairman: Jens B. Retpen, MD Tel No.: +45 3545 8679

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Accommodation in single rooms

Dates	Hotel name	Hotel address
Sunday to Tuesday 16 – 18 May 2010	Hotel Scandic Plaza	Banegaardspladsen 14 8000 Aarhus C. Tel No.: +45 8732 01 00 Fax No.: +45 8732 01 99 E-mail: plaza.aarhus@ scandichotels.com Homepage: http://www.scandichotels.dk/da/Hotels/Countries/Danmark/Arhus/Hotels/Scandic-Plaza-Arhus/
Tuesday to Thursday 18 – 20 May 2010	Hotel Domir	Hans Tausensgade 19 5000 Odense C. Tel No.: +45 6612 14 27 Fax No.: +45 6612 14 13 E-mail: booking@domir.dk Homepage: www.domir.dk
Thursday to Saturday 20 – 22 May 2010	Hotel Danmark	Vester Voldgade 89 2000 København C. Tel No.: +45 33 11 48 06 Fax No.: +45 33 14 36 30 E-mail: hotel@hotel-danmark.dk Homepage: www.hotel-danmark.dk

PLEASE NOTE!

All hotel bookings will be made on behalf of the course participants based on the schedule above. If you for some reason arrive or depart earlier or later than listed above, please inform the hosting society about your schedule by e-mail to jane.schwartz.leonhardt@slb.regionsyddanmark.dk so that the hotel bookings can be arranged accordingly.

Please also note – all extras spend in the hotel (mini-bar, video, bar, etc.) are on your own payment.

Thank you!

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Programme outline

Sunday, 16 May 2010	<ul style="list-style-type: none"> • Individual arrivals to Aarhus during the day (see first page) • 20:00 Welcome Dinner at the hotel (Hotel Scandic Plaza) 		
Monday, 17 May 2010 Aarhus University Hospital	07:00	Breakfast at the hotel	
	08:00	Transportation by mini-bus to Aarhus University Hospital	
	08:30	Welcome speech	Dr. Frank Farsø Nielsen
	▪ Experimental Orthopaedic Research		
	08:35 – 09:30	Research within basic orthopaedics and spine	Prof. Cody Bünger
	09:30 – 10:30	Walking around Department and Research Laboratorium	
	10:30 – 11:30	Experimental research in implant fixation	Prof. Kjeld Søballe
	11:30 – 12:30	Lunch at the hospital	
	▪ Trauma Care		
	12:30 – 13:30	Trauma care organization in Denmark	Dr. Frank Farsø Nielsen
	13:30 – 14:00	Coffee break	
	14:00 – 15:00	Treatment of multi-trauma patient at a University Level / Trauma-Center	Dr. Ole Brink
	15:00 – 16:00	Discussion with the department	
	End of the Training		
	16:00	Transportation by bus to the hotel	
	17:30	Departure by bus to Dinner	
	18:00	Dinner in Hinnerup at Per Kjærsgaard-Andersens home	
22:30	Departure by bus to the hotel		

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**Tuesday,
18 May 2010**
Vejle Hospital

07:00	Breakfast at the hotel	
08:00	Departure by bus to Vejle Hospital	
09:00	Arrival Vejle Hospital – Conference room, coffee	
09:00	Welcome speech	Dr. Sten Larsen
▪ Total Joint Replacement		
09:30 – 10:30	Live transmission Total Hip Replacement	Dr. Peter Revald
10:30 – 11:30	Coffee break – walk around Vejle Hospital	
11:30 – 12:30	Live transmission Total Knee Replacement	Dr. Per Wagner Kristensen
12:30 – 13:30	Lunch	
▪ Joint Arthroplasty Register		
13:30 – 15:00	Danish Hip Arthroplasty Register – Important observations	Prof. Søren Overgaard
15:00 – 15:30	Coffee break	
▪ National and International Orthopaedic Organisation		
15:30 – 16:30	DOS and EFORT – the future	Ass. Prof. Per Kjærsgaard-Andersen
End of the Training		
16:30	Departure by bus	
17:30	Arrival by bus in Odense at Hotel Domir	
19:00	Dinner at Hotel Domir	
20:30	Short presentation by each fellow of themselves, their research, their department and their country (max. 8 minutes per participant). Please prepare presentation from home! – Power point presentation will be possible.	

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**Wednesday,
19 May 2010**
Odense University
Hospital

07:00	Breakfast at the hotel	
08:00	Departure from hotel by bus	
08:30	Arrival Odense University Hospital - Conference room, coffee	
08:30	Welcome speech	Dr. Niels Dieter Röck
▪ Hand Surgery		
09:00 – 10:30	Re-implantation in hand surgery	Dr. Tune Ipsen
10:30 – 11:30	Coffee break - walk around Odense University Hospital	
11:30 – 12:00	New trends in hand surgery	Dr. Tune Ipsen
12:00 – 13:00	Lunch	
▪ Foot Surgery		
13:00 – 14:30	Surgical principles in modern forefoot surgery	Dr. Jonny Frøkjær
14:30 – 15:00	Coffee break	
End of the Training		
15:00 – 17:30	Social events in Odense	
17:30	Back at hotel	
19:00	Departure by bus to dinner	
19:30	Dinner at Restaurant Cro'n in Odense	
22:30	Returning by bus to hotel	

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**Thursday,
20 May 2010**
Herlev University
Hospital

07:00	Breakfast at the hotel	
08:00	Departure from hotel by bus to Copenhagen (Herlev)	
10:00	Arrival Herlev University Hospital - Auditorium, coffee	
10:00	Welcome speech	Dr. Sten Mejdahl
▪ Shoulder Instability		
10:30 – 12:00	Modern treatment of shoulder instability	Dr. Bo Sanderhoff Olsen + Dr. Anne Katrine Belling Sørensen
12:00 – 13:00	Lunch	
▪ Sports Traumatology		
13:00 – 14:30	Advanced surgery in sports traumatology	Dr. Michael Krogsgaard
14:30 – 15:00	Coffee break	
End of the Training		
15:00	Departure by bus to hotel	
15:30	Arrival at Hotel Danmark in Copenhagen downtown (just opposite to "Tivoli")	
16:15	Walking to Nyhavn through Strøget	
16:45	Harbour Shipping Tour on Copenhagen Canals	
18:00	Evening free for own arrangements (no planned dinner)	

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<p>Friday, 21 May 2010 Copenhagen University Hospital Rigshospitalet</p>	07:00	Breakfast at the hotel	
	08:00	Departure by bus from hotel	
	08:30	Arrival at Rigshospitalet - Conference room, coffee	
	08:30	Welcome speech	Dr. Jens B. Retpen
	▪ Spine Surgery		
	09:00 – 10:30	Advanced spine surgery in Denmark	Prof. Benny Dahl
	10:30 – 11:30	Walk around in Rigshospitalet	
	11:30 – 12:30	Lunch	
	▪ Orthopaedics in Children		
	12:30 – 14:00	Paediatric orthopaedics in Denmark – organization and research	Dr. Klaus Hindsø
	14:00 – 14:30	Coffee break	
	14:30 – 15:00	Evaluation of the last 5 days	
	End of the Travelling Fellowship		
	15:00	Departure by bus to hotel	
	18:30	Departure by bus to Restaurant Famo	
19:00	Fare-well dinner at Restaurant Famo		
<p>Saturday, 22 May 2010</p>	<ul style="list-style-type: none"> ▪ Adjourn from Copenhagen at your own plans (hotel must be left no later than 10:00) 		