Report -EFORT Travelling Fellowship

Switzerland 17 – 24 October 2010

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From October 17th till 24th 2010 I was given the opportunity to take part in the EFORT Travelling Fellowship in Switzerland together with 17 other colleagues from 14 different countries. We have visited several orthopaedic university hospitals and specialised centres for orthopaedic surgery.

The week spent in Switzerland enabled me to see how orthopaedics is practiced in a different country and also to get experience in how a different training system works. In addition to learning about Swiss orthopaedics, the EFORT Travelling Fellowship lets you meet colleagues from across Europe who are at a similar stage in their careers. We have discussed various methods of treatments, exchanged experiences on different pathologies and compared the position of orthopaedic surgeons among European countries.

I had the opportunity to know a fascinating country in terms of history, culture, development, health system and landscapes.

The logistical and sightseeing part of the Fellowship was excellently organised. The lectures were interesting, very well presented; most of them were exceptionally original. Speakers presented their own clinical experience, attitudes and scientific research results. Our Swiss hosts were exceptionally friendly and complaisant. Special thanks to Dr. Lorenz Büchler.

This whole experience has made me richer and I would recommend the Travelling Fellowship to every resident or young orthopaedic specialist.

I would like to thank the Swiss Society of Orthopaedic Surgery and Traumatology for organising such an excellent Fellowship and also the EFORT and the Croatian Orthopaedic Society of Croatian Medical Association for allowing me to be the EFORT Autumn Travelling Fellow 2010.

Milan Sijan, Croatia