

EFORT Forum during the National Congress of SOFCOT

Like each year the National Congress of SOFCOT will be held at the beginning of November. This year it takes place from 08 until 12 November 2010 in Paris. G. Bollini, SOFCOT President, and J. Caton, President of the Academy (annual meeting), will host an EFORT Forum on Tuesday, 09 November 2010. The main theme of this year will be "the movement." Naturally, the EFORT Forum will focus on sports and joint replacement. The official language of this session will be English and French with a simultaneous translation in order to make this attractive session well attended by the 3000 French Orthopaedic surgeons attending this meeting.

Thierry Bégué, Chairman EFORT Forum and all the members of the executive committee of SOFCOT welcome you to this meeting in Paris.

author Prof. Dr. Philippe Neyret, Chairman of the EFORT Forum in Paris



Topic of the EFORT Forum: Sports and lower extremity arthroplasties

Tuesday, 09 November 2010

08.00 - 08.15 Overview and epidemiology Anne Lübbecke	09.00 - 09.30 Discussion and case presentation All
08.15 - 08.30 Hip prostheses and sports Per Kjaersgaard-Andersen	09.30 - 09.40 Clinical case: Hip Jacques Caton
08.30 - 08.45 Knee arthroplasty and sports Sébastien Parratte	09.40 - 09.50 Clinical case: Shoulder Pierre Hoffmeyer
08.45 - 09.00 Ankle arthroplasty and sports Mathieu Assal	09.50 - 10.00 Clinical case: Knee Philippe Neyret

Forthcoming Instructional Courses 2011

IC Lyon: 11 - 12 March 2011
Topic: Knee
Title: Patello femoral disorders
www.efort.org/ic/lyon2011

IC Sommerfeld Berlin: 08 - 09 April 2011
Topic: Hip
Title: Hip Joint Disorders - Treatment
Options for the Young Patient
www.efort.org/ic/sommerfeld2011

IC Vienna: 12 - 14 October 2011
Topic: Paediatrics
Title: Children's traumatology
www.efort.org/ic/vienna2011

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See interview about IC in Geneva 2010 on the next page ►

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12th EFORT Congress
Copenhagen, Denmark
1-4 June 2011

to submit abstract. Submission deadline: 15 September 2010

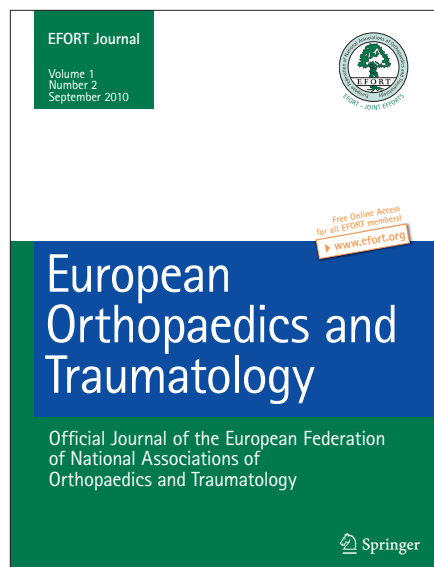
EFORT Events

15.09	Forum at PTOiTR Congress	Warsaw, Poland	Multiple Fractures
17.09 - 18.09	Fractures in the Elderly	Copenhagen, Denmark	Trauma
01.10 - 03.10.2010	Forum during the 21st Pancyprian Orthopaedic Conference	Nicosia, Cyprus	Anterior Knee Pain
08.10 - 09.10.2010	Shoulder prosthesis course	Vienna, Austria	Shoulder
21.10 - 23.10.2010	Congresso Internazionale, La Ricostruzione Dell' Anca (Approved by EFORT)	Genova, Italy	Hip

EFORT Congress
Largest EFORT Congress ever!
June 2 - 5, 2010
EFORT celebrated its 11th Congress in Madrid as a joint congress together with the Spanish Orthopaedic and Traumatology Society (SECOT).
Read more...

EFORT Journal – European Orthopaedics and Traumatology

The 2nd EFORT Journal, Volume 1, Number 2, September 2010 is now published



The official European Federation of National Associations of Orthopaedics and Traumatology journal, European Orthopaedics and Traumatology (EOTR), was launched in Madrid at the EFORT Congress 2010 and the response has been extremely positive. Increasing numbers of manuscripts have been submitted and we are happy that many of them are from outside Europe.

This is, in a special way, in line with our wishes, as our journal is intended to increase communication not only within our European orthopaedic family but also with our colleagues worldwide working in the broad field of musculoskeletal conditions.

In this sense, EFORT is pleased to announce that the 2nd EFORT Journal is now

published. It is available online via www.efort.org and all EFORT members are granted free online access.

info For more information, please visit our website at www.efort.org or contact the EFORT Central Office at office@efort.org.

Next EFORT Congress in Copenhagen / 1 – 4 June 2011

Early registration deadline:
31 January 2011

Register now on
www.efort.org/copenhagen2011



SAVE THE DATES

**Forthcoming
EFORT
Fora 2010**

Paris, France: 9 Nov.
Rome, Italy: 22 Nov.

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EFORT Instructional Course Geneva 26 – 27 November 2010

Five in one: Operating Hallux Valgus Deformities

Geneva – What is the right method for comparing five operation procedures in one day? What should we be aware of before selecting a specific technique? When should a surgeon delay an operation in case of ankle arthritis? PD Dr. Mathieu Assal, Chairman of the EFORT Instructional Course 'Hallux Valgus and Ankle Arthritis' to be held in Geneva in November, gives us some insights.



Dr. Mathieu Assal
Chairman

Dr. Assal, tell us why should attendants be looking forward to participating in the EFORT Hallux Valgus Et Ankle Arthritis Instructional Course in November in Geneva?

Mathieu Assal: We are going to offer quite an interesting programme concerning the management of hallux valgus deformities and state of the art treatment options of ankle arthritis. We will have five live surgeries done by recognised experts, who will share their surgical skills with the

audience. There will be three workshops, so participants will have the opportunity to have some hands-on practice.

What exactly are the experts going to show at the hallux valgus live surgeries?

Mathieu Assal: Dr. Xavier Crevoisier will be doing a Chevron osteotomy, Dr. Marc Augoyard will do a Scarf osteotomy and I will present the Lapidus arthrodesis. Dr. Martin Weber will perform a MTP1 arthrodesis, and finally we will move on to the percutaneous surgery for hallux valgus, which will be demonstrated by Dr. T.W. Bauer. All surgeries will be transmitted to the conference room, where attendants will have the opportunity to ask questions.

The percutaneous technique seems to be quite trendy at the moment. Is it really that good?

Mathieu Assal: There is a lot of enthusiasm surrounding percutaneous surgery. However, we know that a number of complications come with it. Surgeons need to be aware of these complications and select the right patients. Dr. Bauer and Dr. Laffenêtre will tell us very honestly whether it is really safe or not, and what type of patient should benefit from such procedures.

The programme has quite a strict structure. Each treatment technique starts with the specific indication, then moves to the live surgery and ends with 'the true story – my problems.' Why?

Mathieu Assal: We are comparing five different techniques with five different experts, so we want to have the same structure for each section. It is important for us that the experts do not give us a too



enthusiastic personal overview. They are asked to talk about their technical problems, their patients with difficult outcomes, their challenges and how they solve them – the true story in fact. Each technique has its advantages and disadvantages. It is necessary to talk about the problems, too.

The course is also covering the field of surgery in case of ankle arthritis. But is surgery always the best option?

Mathieu Assal: Patients often ask the orthopaedic surgeon, "Is this the right

moment to do surgery?" The truth is, it is quite difficult to say, "Yes, now you need surgery" or "Now we can wait another year." So, the important question is how to optimise non-operative treatment. Dr. F. Luthi is a well-known rehabilitation expert with a strong orthopaedic background. He will present evidence-based options to optimise non-surgical treatment and what can really be expected from these approaches. Failure of non-operative treatment is always an indication for surgery, so we need to define criteria for failed treatment. That's a big question.

The course is going to end on a Saturday at two p.m.. There will be enough time left for participants to go out and enjoy the city. Can you give me any recommendation for Geneva? What should people go and see?

Mathieu Assal: Geneva is really an attractive city, with many cultural highlights. I really recommend the beautiful old town. You can do great shopping also. People who enjoy mountains should go and see the Mont-Blanc which is only 40 minutes away from Geneva towards Chamonix. Several ski resorts in the area will already be open. And then there is of course the lake of Geneva. It's very relaxing to stroll around it on the promenade and sit in some nice café.

info More information on:
www.efort.org/ic/geneva2010