

BJJ / EFORT Travelling Fellowship

The Scandinavia

May – June 2013

www.efort.org



Welcome to Scandinavia!

Dear Fellow,

The BJJ/EFORT Travelling Fellowship, initiated and funded by the British Editorial Society of Bone and Joint Surgery (BESBJS) and supported by the European Federation of National Associations of Orthopaedics and Traumatology (EFORT) and the British Orthopaedic Association (BOA), has launched a new Travelling Fellowship Programme.

The EFORT Travelling Fellowship of 2013 will be held in Scandinavia. It is open to surgeons from European countries selected by their National Associations, in order to favour exchanges between the Travelling Fellows and the Orthopaedics of the inviting nation.

The BJJ/EFORT Travelling Fellowship will be organised in 4 Scandinavian cities:

- Odense, Denmark (27/May – 28/May)
- Hvidovre, Denmark (29/May)
- Malmö, Lund - Sweden (30/May – 31/May)
- Helsinki, Finland (3/June)

We wish you a pleasant and interesting fellowship in Scandinavia!

On behalf of the organising hosts,

Jerker Sandelin

Orthopaedic Surgeon
Head of Knee Department
Orton Hospital
Helsinki, Finland

Niels Dieter Röck

Consultant Orthopaedic Surgeon
Head of Department, MPM
Department of Orthopaedic Surgery
Odense University Hospital
Odense, Denmark

Magnus Eneroth

Head of Department of Orthopaedics
Skane University Hospital
Lund, Sweden

Mr. Kim Holck

Consultant
Department of Orthopaedic Surgery Trauma Unit
Hvidovre University Hospital
Hvidovre, Denmark

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Preliminary Programme

- May 26: Arrive in Copenhagen, Denmark. Take train to Odense.
- May 27/28: Odense University Hospital, Odense (spend 1.5days)
- May 28: Take train back to Copenhagen in the afternoon
- May 29: Hvidovre University Hospital
Catch the evening train to Malmö, Sweden.
- May 30: Scientific programme in Malmö
- May 31: Skane University Hospital, Lund
- June 1: Socialize in Malmö
- June 2: Take train to Copenhagen then fly to Helsinki
- June 3: Orton Hospital in Helsinki
- June 4: Travel to Istanbul to attend the 14th EFORT Congress from 5 – 8 June
- June 8: Return to the UK

PLEASE NOTE!

All travel and hotel bookings will be made on behalf of the course participants based on the schedule below. If you for some reason your arrival or departure is earlier or later than listed below, please inform EFORT HO about your schedule by e-mail to alpha.hirt@efort.org so that the hotel bookings and flights can be arranged accordingly.

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Dates, cities and venues in Scandinavia

May 27 - May 28 Odense, Denmark

Address	Odense University Hospital Sdr. Boulevard 29, 5000 Odense C, Denmark +45 66 11 33 33
Contact Person	Dr Niels Dieter Röck Consultant Orthopaedic Surgeon, Head of Department, MPM Department of Orthopaedic Surgery Odense University Hospital, Denmark

May 29 Hvidovre, Denmark

Address	Hvidovre University Hospital Kettegård Alle 30, 2650 Hvidovre, Denmark +45 38 62 38 62 or +45 21 31 35 45
Contact Person	Dr Kim Holck Consultant Department of Orthopaedic Surgery Trauma Unit Hvidovre University Hospital, Copenhagen Denmark

May 30 – May 31 Lund and Malmö, Sweden

Address	Skane University Hospital, Lund, Sweden Getingevägen 4 +46 40 33 10 00 or +46 46 17 10 00
Contact Person	Dr Magnus Eneroth Head of Department of Orthopaedics Skane University Hospital, Sweden

June 3 Helsinki, Finland

Address	Orton Hospital Tenholantie 10, 00280 Helsinki +358 9 4 74 81
Contact Person	Dr Jerker Sandelin Orthopaedic Surgeon Head of Knee Department Orton Hospital Helsinki, Finland



Accommodation in single rooms

Dates	Hotel name	Hotel address
26 - 27 May	Odense Hotel: CabInn - Odense	Østre Stationsvej 7-9 DK – 5000 Odense C Tel No.: +45 6314 5700 Fax No.: +45 6314 5701 Email: odense@cabinn.com Homepage: www.cabinn.com
28 May	Copenhagen Hotel: CabInn - City	Mitchellsgade 14 DK – 1568 København Tel No.: +45 3346 1616 Fax No.: +45 3346 1717 Email: city@cabinn.com Homepage: www.cabinn.com
29 May – 1 June	Lund/Malmö Hotel: Bosses Gästvåningar Directions: If you arrive by bus, step off at the bus stop 'Södervärns busstation' (bus 2, 7 or 8 from the central train station). The airport shuttle from Sturup, Malmo airport, also stops at 'Södervärns busstation'.	Södra Förstadsgatan 110B Malmö Tel No.: +46(0)40-32 62 50 Fax No.: +46(0)40-32 62 56 Email: info@bosses.nu Homepage: www.bosses.nu
2 - 3 June	Helsinki Hotel: Scandic Continental	Mannerheimintie 46 Tel No.: +358 9 4737 1 Fax No.: +358 9 4737 2211 Email: continentalhelsinki@scandichotels.com Homepage: www.scandichotels.com
4 – 8 June	Istanbul Hotel: Hotel Suites Taksim	Taksim Square Tel No.: +90 212 254 36 69 Fax No.: +90 212 238 92 65 Email: info@hot-suites.com Homepage: www.hot-suites.com



Scientific Programme

May 27, Odense University Hospital, Odense	<ul style="list-style-type: none"> ▪ Welcome : Uffe Jørgensen and Niels Dieter Röck ▪ Presentation of the department: Niels Dieter Röck 		
	0900	Gait analysis and related topics	Anders Holdsgaard
	1000	Hip preserving surgery	Prof. Søren Overgaard and Prof Uffe Jørgensen
	1100	CPOP and related topics	Niels Wisbech Pedersen
	1200	Lunch Break at hospital	
	1300	The Accident Analysis Group	Jens Lauritsen
	1400	The Trauma function and the Fracture register	Morten Scultz
	1500	Coffee Break	
	1515	Presentations from the fellows (*3)	Owen Diamond, Abbas Rashid and Amit Atrey
	End of the Training		
	Transport to the hotel and Dinner		

May 28, Odense University Hospital, Odense	<ul style="list-style-type: none"> ▪ Visit Research Lab : Prof. Søren Overgaard 		
	1000	Hand surgery, replantations, Duputrens disease, Plexus surgery	Tune Ipsen
	1100	Ankle artoplasties	Johnny Frøkær
	1200	Lunch Break	
	End of the Training		

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May 29, Department of Orthopaedic Surgery Trauma Unit Hvidovre University Hospital	Introduction: Mr Kim Holck		
	0800-0900	Trauma Conference and Education according to EU Regulation	Mr Kim Holck
	0900-1030	Fast Track Arthroplasty	Dr. Henrik Husted
	1030-1130	CP and Gait Analysis	Mr. Soeren Boedtger
	1130-1230	Hip Fracture Unit	Mr. Michael Krasheninnikoff
	1230-1300	Lunch Break	Mr Kim Holck
	1300-1400	Talar Problems	Mr. Mostapha Benyahia
	1415-1500	BJJ/EFORT Fellow Presentation(s)	Owen Diamond, Abbas Rashid and Amit Atrey
	1500-1600	Amputation Unit	Dr. Klaus Kirketerp
	End of the Training		

May 30 Dep of Orthopedics Malmö, Sweden	Introduction Malmö		
	0800-1000	The Dep of Orthopedics and Health Care in Sweden	Magnus Eneroth
	1000-1200	Trauma, Spine, Upper extremity, Sports, Foot & Ankle, Osteoporosis, Research	Team Leaders
	1200-1300	Lunch Break	
	Clinical rounds		
	1300-1700	Trauma, Spine, Upper extremity, Sports, Foot & Ankle, Osteoporosis, Research	Team leaders
	Social activity		
	1830-2200	Dinner in Malmö	Various

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May 31 Dep of Orthopedics Lund, Sweden	▪ Introduction Lund		
	0800-1100	Arthroplasty, ReumaJoint infection Pediatrics and Tumor, Research	Team Leaders
	1100-1200	Visit of the Department	Magnus Eneroth
	1200-1300	Lunch	
	▪ Clinical rounds		
	1300-1400	Presentations from the Fellows	Owen Diamond, Abbas Rashid and Amit Atrey
	End of the Training		



<p>June 3, Orton Hospital, Helsinki, Finland</p>	<p>08.00: Attend the X-ray meeting Thereafter, meet CEO of Orton JP Halmeenmäki and Head of Orton Hospital MD Heikki Hurri.</p>		
	Morning session	<p>Move on to the operating theatre and attend a case of spine surgery where CAOS technique is used. Those interested can follow total hip or total knee operations</p>	
	12.00	Lunch	
	Afternoon Session	<p>Use of CAOS technique in spinal surgery</p>	<p>Dr Teija Lund / Dr Dietrich Schlenzka</p>
		<p>Hip arthroscopy, surgical technique and results</p>	<p>Dr Esko Kaartinen</p>
		<p>Failed total ankle arthroplasty. What are the solutions?</p>	<p>Dr Marko Mykkänen</p>
		<p>Thromboprophylaxis in total knee and hip arthroplasties. Our way of treatment</p>	<p>Dr Hannu Väänänen</p>
		<p>Knee and hip arthroplasties. Results based on a national register</p>	<p>P Paavolainen</p>
		<p>Operative treatment of acetabular fractures.</p>	<p>Dr Trauma surgeon</p>
		<p>Prospective studies on ACL reconstructions of the knee joint</p>	<p>Dr Arsi Harilainen</p>
		<p>lectures 15 min with 10 minutes discussion</p>	
	<p>End of the Training</p>		
	<p>Dinner at a restaurant in Helsinki</p>		

June 4 Travel to Istanbul, Turkey for the 14th EFORT Congress

(congress dates 5 - 8 June)