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Report of EFORT Travelling Fellowship Belgium 2013

From the beginning I have to tell you that even before this fellowship started, we were kindly informed by our hosts about the schedule down to the last detail, and that everything was very well organized. After our arrival at the hotel in Brussels on 21st of April, we were guided to a nice restaurant where we were kindly greeted by our hosts Prof. Frederic Schuind (SORBCOT President) and Prof. Luc Van den Daelen (BVOT President).



On Monday we travelled to Gent, were Prof. Victor Jan welcomed us and took us to the OR where we attended live surgeries (arthroplasties, tibial osteotomy). In the afternoon there was a fellows presentation session, with different topics. This session allowed us to see different orthopedic practices from the countries represented. After this, we went to visit Gent accompanied by Prof. Victor Jan and Dr. Catherine Van Der Straeten. After the dinner, we travelled back to Bruxelles.

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On Tuesday we travelled to Pellenberg in order to visit the Orthopaedics Clinic from of UZ Leuven. There we had a warm welcome by Prof. Johan Bellemans, whom also made a short presentation of the department and introduced us to the staff. We assisted live surgeries varying from TKA, TKA revision, ACL reconstruction down to hallux valgus correction, even pediatric orthopedic surgeries. In the afternoon we attended a staff meeting with case presentations and very interesting debates about the therapeutic management of those cases. In the evening we had dinner with our hosts J. Bellemans, I. Degreef, G. Matricali, G. Molenaers, Luc De Smet, P. Debeer, P. Moens.



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Wednesday we travelled from Leuven to Bruxelles, where we were split into three groups, so that each group would visit one hospital. I went to the Orthopaedic Dept. of UZ Brussels and we were welcomed by Prof. Scheerlinck. There, together with another colleague, Benjamin Marjanovic, assisted Prof. Scheerlink on a THA procedure. After the surgery, we attended some very interesting lectures held by Prof. Scheerlinck about hip endoprosthesis loosenings, infections and surgical management. After that, the Professor took us to visit Bruxelles, and in the evening we met with the rest of the group and we all had dinner. After dinner we travelled to our last location, Spa.



On our last two days, we attended the Bone and Joint Infections, Biofilm and Bugs Congress organized by SORBCOT, BVOT, SBIMC and BVIKM. There we met once again all the professors from our previous visits in Gent, Leuven and Brussels. We attended very interesting lectures about modern surgical techniques and management of osteomyelitis, septic arthritis and infected endoprosthesis.

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From my point of view, our hosts did their best in order to offer us a warm hospitality, solid scientific debates and lectures and last but not least, modern and elegant surgery techniques.

I am grateful to EFORT and both SORBCOT and BVOT for providing me the opportunity to participate in this spring fellowship. A special thanks goes to all the great professors that welcomed us to their hospitals and were so kind in sharing knowledge with us. I also want to thank my colleagues that also participated in this fellowship for the great time that we had. And in the ending, a very special thanks to my mentor Prof. Dan V. POENARU and my colleague Dr. Iulian POPA.

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