Report -EFORT Travelling Fellowship

Greece 22 – 28 September 2013

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The EFORT Travelling Fellowship took place in Greece between 22-28 September. I was glad to be informed that I had been selected to participate.

All of the contributors arrived from our individual destinations to Thessaloniki and Dr. Papavasiliou welcomed us at the hotel. The first meeting of the fellows was at the evening. There were 14 fellows with representatives from Germany, Ireland, Bulgaria, Croatia, Bosnia-Herzegovina, Kosovo, Finland, Greece, Cyprus, Italy, Austria, and Denmark together.

The next two day half of the group were transferred to the Papageorgiou General Hospital, and the others to the Papanikolau University Hospital. On this two days we had the opportunity to participate in different lectures and case report discussions. Prof. Kyrkos gave us the possibility to participate in ward rounds, and in discussions about interesting case reports. It was interesting to see the differences between the Greece and Hungarian health care system and protocols. Each of the visiting fellows had the opportunity to conduct a short presentation to introduce the country specific differences in the daily orthopaedic practice and the training programs. At the end of the second day we visited the famous Vergina Museum, and travelled to Larissa, where we spent a delicious dinner with Prof. Malizos and his staff.



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On Wednesday we visited the University Hospital in Larissa. Where we were welcomed by Prof. Konstantinos N. Malizos, who presented the department shortly. We also did our scientific presentations about our range of interest, field of research.





We spent the last two days in Athens, and visited the KAT and the Attikon Hospital. In the KAT Hospital we could observe a wide range of live surgeries, varying from TKA, THA, spine surgery to paediatric orthopaedic surgeries. In the Attikon Hospital we attended some very interesting lectures held by Prof.Pnayiotis J. Papagelopoulos, Dimitrios Mastrokalos, and Dimitrios Koulalis about reconstruction after tumour surgery, ACL reconstruction in the skeletally immature patient, and Computer-Assisted total knee arthroplasty. After the presentations we discussed and compared our experiences. At the end of the day we visited the Acropolis of Athens, and in the evening we all had dinner at Kuzina Restaurant.

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Regarding to my opinion, our hosts did their best in order to offer us a warm hospitality, scientific lectures and last but not least, different surgery techniques.

I am grateful to EFORT for providing me the opportunity to participate in this fellowship. A special thanks all the great professors who welcomed us to their hospitals and sharing their knowledge with us. I also want to thank my colleagues that also participated in this fellowship for the great time that we spent together.