

Report - EFORT Travelling Fellowship

Greece
22 – 28 September 2013

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My trip to EFFORT fellowship started 2.30 from Tampere Finland. After 16 hour long trip I arrived to Thessaloniki. Our hotel was found easily because it was in the centre of the town and there were good connections from airport. When I arrived there, most of the fellows had arrived earlier and they had enough time to look around in Thessaloniki. We met each other as arranged in the evening. In dinner we introduced ourselves and had good time. In the morning, we were separated into two groups. One group was taken to

Papanicolaou hospital and the other group was sent to Papageorgiou hospital. My group went at the beginning to Papanicolaou hospital. When we arrived there, we were taken into a big lecture room. There we introduced ourselves and then hosts represented us couple cases which were I think quite difficult and interesting. After lectures we're separated into smaller groups and we went along with local doctors to look at patients and hospital. Later they gave us some more interesting lectures and then we left to Papanicolaou hospital, where they gave us more lectures and also we had our own presentations. In the next day our group was sent to Papageorgiou hospital. Hospital was quiet because of the strike in Greece. They introduced us to their hospital and also we looked around. Also doctors represented us some cases and we had lunch and then we left to Larissa. Before leaving, they had arranged for us a tour "Great Tumulus" Museum at Vergina. The time in Thessaloniki was interesting and educating and I had very good time there.



We arrived to Larissa in the evening. It took the bus driver little time to find our hotel. We left our luggage there and we went to dinner. Prof. Malizos came to meet us. At the dinner we had good food and time. Also Prof. Malizos gave a nice welcome speech. In the next morning we went to University hospital. Because of the strike also they had postponed all operations and there were no operations and there were little patients at the hospital. After a short round in the hospital there was a scientific program prepared by the local doctors and also

fellows had presentations about their research and work. After the scientific program we had a short tour around the university camp. After that we sat on the bus and left to Athens.

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Last place where we were was Athens. First night we had grate dinner- again. Place was cosy and food was good. Also Prof. Macheras had come to meet us. Next day we started early, we walked to KAT hospital, which was close to our hotel. At first we had short introduction of the hospital and then we went to operation theatres. It was quite interesting, because they did things little bit differently than in our hospitals in Finland. Although traditions where different, the procedures where all the same. Also it reminded me that we should be more open minded. Later we had short lunch with dr. Macheras and then they gave us lectures about procedures and technics, also they represented us some cases. Because we had quite tight schedule at the beginning of fellowship, we didn't had to have more presentations. Most of us were in Greece first time and now we had good opportunity to have afternoon off to look around in Athens. Next day we went to ATTIKON hospital. There they had again lectures which were quite educating. Also we had interesting discussion after last lecture about computer assist total knee arthroplasty. After lecture we had a guided tour around Acropolis museum. Latter in the evening we had nice dinner in "Kuzina" restaurant, which had great view to acropolis.



Finally in I would like to thank EFFORT for this opportunity and professors and doctors in Thessaloniki, Larissa and Athens, who took time from their tight schedule, to host and educate us during our fellowship time. The time in Greece was great and also educating for me. There was a lot of new thing to take with me. Also I want thank fellows who attended in fellowship, they were very friendly and gave good company during time there. Also I'd like to give special greetings to George Konstantinidis who was almost like a guide for us. He helped us

lot during time there and helped me to understand better Greece and its people.

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tampere