Italy 20 – 25 October, 2014

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#### Welcome to Italy!

Dear Fellow,

The EFORT Travelling Fellowship Courses are organised by the National Orthopaedic Societies, member of the European Federation of National Associations of Orthopaedics and Traumatology.

The EFORT Travelling Fellowship of Autumn 2014 will be held in Italy. It is open to surgeons from European countries selected by their National Association, in order to favour exchanges between the Travelling Fellows and the Orthopaedics of the inviting nation.

The Scientific Program of the Fellowship Course will be organised in two cities in Italy:

- Turin (20 October 22 October)
- Florence (23 October 25 October)

We wish you a pleasant and interesting Course in Italy!

On behalf of the organising Society

Prof. Paolo Cherubino

President of the Italian Society of Orthopaedics and Traumatology

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#### **Useful information**

#### Arrival to Turin Caselle Airport, on Sunday 19 October 2014

You may take any international or domestic flight to Turin Caselle airport, which is located 16KM-10MLS outside the city. From Turin Caselle airport, there are the following transportation possibilities: SADEM BUS CASELLE EXPRESS for approximately 6,50 Euro. You should get off at Station FS Porta Nuova - Corso Vittorio Emanule II 57/A, which is the last stop. Then take: a) taxi from Corso Vittorio Emanuele II to Continental Hotel (approx cost € 10,00) – b) metro direction Lingotto: stop Molinette-Carducci. (20mt from the hotel) - You can also take a taxi from the airport directly to the Hotel, which costs approximately € 40/50,00. No organised transportation will be available since the arrival times of each participant will be different.

#### **Accommodation and meals**

Accommodation will be arranged in single rooms. The hotels in each city will offer breakfast in the morning. Lunches will be organised at each hospital during the day time.

The Italian Society of Orthopaedics and Traumatology and the Organising Committee are offering your accommodation and meals in Italy from 19 October up to your departure from Florence on 25 October.

#### Departure from Florence Peretola Airport on Saturday 25 October 2014

The departure from Florence, 25 October 2014 must be organized by your selves.

#### Contact for practical arrangements

SIOT Italian Society of Orthopaedics and Traumatology Via Nicola Martelli, 3 00197 Roma Tel. +39 06 80691593

e-mail: <a href="mailto:segreteria@siot.it">segreteria@siot.it</a> web <a href="mailto:www.siot.it">www.siot.it</a>

#### **Organisers**

Organised on behalf of SIOT by:

MD Rodolfo Capanna MD Paolo Rossi

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### Dates, cities and venues in Italy

Monday 20 October to Wednesday 22 October 2014				
Turin C.T.O. Centro Traumatologico Ortopedico – Multimedia Room Via Gianfranco Zuretti, 29 10126 Torino				
Thursday 23 October to Saturday 25 October 2014				
Florence	C.T.O. Centro Traumatologico Ortopedico  Aula Scaglietti  Largo Palagi, 1 50139 Firenze			

### Contact persons and addresses

Hospital	Address	Contact Person
	Via Gianfranco	Prof Filippo Castoldi, MD
CTO Turin	Zuretti, 29	filippo.castoldi@unito.it
	10126 Torino	+39 335 8301126
	Via Gianfranco	Prof Paolo Rossi, MD
CTO Turin	Zuretti, 29	sport98@libero.it
	10126 Torino	+39 3358309361
	Via Gianfranco	Prof Roberto Rossi, MD
CTO Turin	Zuretti, 29	rossir@fastwebnet.it
	10126 Torino	+39 339 5491066
	Via Gianfranco	Davide Edoardo Bonasia, MD
CTO Turin	Zuretti, 29	davidebonasia@virgilio.it
	10126 Torino	+39 335 6068525
CTO Florence	Largo Palagi, 1	Dott. Rodolfo Capanna
	50139 Firenze	Phone +39 055-7948101
CTO Florence	Largo Palagi, 1	Prof. Massimo Innocenti
	50139 Firenze	Phone + 39 055 7948287
		+ 39 055 7948182

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#### Accommodation in single rooms

Dates	Hotel name	Hotel address	
Sunday to Wednesday 19/10 – 22/10 2014	Hotel CONTINENTAL	Via Genova, 2 10126 Torino Tel No.: +39 011 6964537 Fax No.: +39 011 6634592 Email: info@continental.to.it Homepage: http://www.continental.to.it/	
Wednesday to Saturday 22/10 – 25/10 2014	Hotel RAFFAELLO	Viale Giovan Battista Morgagni, 19, 50134 Firenze Tel No.: +39 055 4224141 Fax No.: +39 055 434374 Email: info@raffaellohotel.it Homepage: http://www.raffaellohotel.it/	

#### **PLEASE NOTE!**

All hotel bookings will be made on behalf of the course participants based on the schedule above. If you for some reason arrive or depart earlier or later than listed above, please inform the hosting Society about your schedule by e-mail to <a href="mailto:segreteria@siot.it">segreteria@siot.it</a> so that the hotel bookings can be arranged accordingly.

Thank you!

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#### Program outline

Sunday, 19 October 2014  • Individual arrivals to Turin Caselle Airport • Individual transfer to Continental Hotel			
	Upper Limb Section (Shoulder-Elbow)		
	8.00-8.30	Welcome speech	P. Rossi
Monday, 20 October 2014 CTO Hospital	8.30 – 12.30	Proximal Humeral Fracture: how to understand the fracture -How to treat it - Reverse total shoulder arthroplasty - Stemless Prosthesis Subscapularis tears: Diagnosis and management - Latissimus Dorsi Transfer: Biomechanical study - Elbow instability - Radial head fracture: replacement - Coronoid Fracture - Complex elbow fracture: ORIF / Replacement - Elbow arthroscopy in elbow arthritis in Athletes	F. Castoldi D. Blonna
Multimedia Room	12.30-13.00	Discussion	
	13.00-14.00	Lunch at CTO	
	■ Trauma Session		
	14.00-17.30	<ul> <li>Lower limb reconstruction in tibia non union.</li> <li>ARCCO System</li> <li>Damage Control</li> <li>Healing enhancement when and how</li> <li>Talus complex fractures: remove, replace, or reconstruct</li> </ul>	D. Aloj D. Santoro W. Daghino
	17.30-18.00	Discussion	
		End of the Training	
	<ul><li>Dinner</li></ul>	ual Transfer to Continental Hote at Porto di Savona Restaurant Vittorio Veneto, 2, 10123 Torino	

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	<ul><li>Lower Lir</li></ul>	mb Section	
		- Medial opening wedge high tibial osteotomy for medial compartment overload/arthritis in the varus knee: prognostic factors	
	8.30-12.30	- TKR in the valgus knee - ACL reconstruction session	R. Rossi D. E. Bonasia M. Bruzzone
		<ul> <li>Conventional techniques</li> <li>Over the top plus lateral tenodesis technique</li> <li>Pediatric ACL reconstruction</li> <li>Revision ACL reconstruction</li> </ul>	
	12.30-13.00	Discussion	
Tuesday,	13.00-14.00	Lunch at CTO	
21 October 2014 CTO Hospital	Tumor Session		
Multimedia Room	14.00-16.00	<ul><li>- 10 mistakes to avoid in orthopaedic oncology</li><li>- Surgical reconstruction in children</li></ul>	R. Piana M. Boffano
		- Multidisciplinary approach in sarcoma patients	
	16.00-16.30	Discussion	
	Basic Science Session		
	16.30-18.00	<ul><li>Cartilage defects: one stage techniques</li><li>Humbilical cord stem cells</li></ul>	A. Marmotti D.E. Bonasia
		End of the Training	
	<ul> <li>Individual Transfer to Continental Hotel</li> <li>Dinner at TBD Restaurant</li> </ul>		

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	<ul><li>Lower Limb Section (ankle)</li></ul>			
	8.30-10.00	Surgical treatment of the ankle in Rheumatoid Arthritis     Surgical treatment of malleolar fracture sequelae	R. Cerlon L. Drocco P. Triolo	
	■ Upper Limb (Hand)			
Wednesday 22 October 2014 CTO Hospital Multimedia Room	10.00-12.30	- Management of wrist fractures - Complex carpal lesions: perilunate dislocation and fracture-dislocation - Open injuries of the hand: principles and priorities - Replantation and flaps - Complex regional pain syndrome	M. Bertolini E. Dutto M. Ferrero F. Giacalone I. Pontini P. Tos	
	12-30-13.00	Discussion		
	13.00–14.00	Lunch at CTO		
	End of the Training			
	• Transfe	er by train to Florence and check	in at Raffaello Hotel	

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### Thursday, 23 October 2014 C.T.O. Centro

Traumatologico Ortopedico – Aula Scaglietti

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Friday,
24 October 2014
C.T.O. Centro
Traumatologico
Ortopedico –
Aula Scaglietti

HIP AND KNEE REPLACEMENT SESSION				
7.30–8.00	Welcome speech	M. Innocenti		
8.00-9.00	Difficult cases in primary and revision total knee replacement Oral presentation	M. Innocenti		
9.00-10.00	Difficult primary total knee replacement Live surgery	M. Innocenti		
11.00-11.30	Tissue sparing surgery in total hip arthroplasty Oral presentation	R. Civinini		
11.30-12.00	Anterolateral approach for total hip replacement – Relive surgery	R. Civinini		
12.00-12.30	Hip arthroscopy: indication and surgical technique	C. Carulli		
13.00-14.00	Lunch at CTO			
SHOULDER SESSION				
14.30–15.00	Option in treatment of rotator cuff desease Oral presentation	R. Angeloni		
15.00-17.00	Reverse shoulder prosthesis Live surgery	R. Angeloni		
17.00–19.00	Subacromial spacer for irreparable rotator cuff tear Live surgery	R. Angeloni		
End of the Training				

- Individual Transfer to Raffaello Hotel
- Dinner at Buca San Giovanni
   Piazza di San Giovanni, 8, 50129 Firenze

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	TRAUMA SESSION		
	8.00-8.15	Welcome	R. Buzzi
	8.15-8.45	Lesson: Fractures of the acetabulum. Classification and surgical approach	R. Buzzi
	8.45–10.45	Cinical cases presentation and interactive discussion	R. Buzzi
Saturday	10.45-11.00	Coffee break	
25 October 2014 C.T.O. Centro Traumatologico	11.00–11.30	Lesson: Intrarticular fractures of calcaneus	R. Buzzi
Ortopedico – Aula Scaglietti	11.30-12.00	Lesson: Fractures of the tibial plateau	R. Buzzi
	12.00–13.00	Microsurgical reconstruction of post-traumatic soft tissue defect	M. Innocenti
	13.00–14.00	Lunch at CTO	
		End of the Travelling Fellow	vship
Saturday 25 October 2014	<ul> <li>Individual transfer to Florence Peretola Airport</li> </ul>		