Sweden 19 – 24 May, 2014

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Welcome to Sweden!

Dear Fellow,

The EFORT Travelling Fellowship Courses are organised by the National Orthopaedic Societies, member of the European Federation of National Associations of Orthopaedics and Traumatology.

The EFORT Travelling Fellowship of Spring 2014 will be held in Sweden. It is open to surgeons from European countries selected by their National Association, in order to favour exchanges between the Travelling Fellows and the Orthopaedics of the inviting nation.

The Scientific Program of the Fellowship Course will be organised in two cities in Sweden:

- Stockholm (19 May 21 May)
- Gothenburg (21 May 24 May)

We wish you a pleasant and interesting Course in Sweden!

On behalf of the organizing Society,

Prof. Dr. Li Felländer-Tsai President of The Swedish Orthopaedic Association

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#### Useful information

#### Arrival to Stockholm, on Sunday 18 May 2014

You may take any international or domestic flight to Stockholm (Arlanda or Bromma) airport. Arlanda airport is located 40 km and Bromma airport 10 km outside the city. From Arlanda airport, there are trains and busses to the city for approximately 260 SEK (train ride takes 20 minutes). You should get of at the central station, which is the final station. Then take a taxi or the subway from the central station to Clarion Hotel Stockholm. You can also take a taxi from the airport directly to the Hotel, which costs approximately 520 SEK. Since the taxi service is variable in pricing we suggest that you ask for Taxi Stockholm, Taxi Kurir or Taxi 020. No organised transportation will be available since the arrival times of each participant will be different.

#### Accommodation and meals

Accommodation will be arranged in single or shared double rooms. The hotels in each city will offer breakfast in the morning. Lunches and coffees will be organised at each hospital during the daytime.

The Swedish Orthopaedic Association (SOA) and the Organizing committee are offering you accommodation and evening dinners from from 19 May up to your departure from Gothenburg on 24 May.

#### Departure from Gothenburg on 24 May 2014

The departure from Gothenburg, 24 May 2014 must be organized by your selves.

#### Contact for practical arrangements

#### The Swedish Orthopaedic Association (SOA)

Camilla Bergh Department of Orthopaedics Sahlgrenska University Hospital SE-430 80 Mölndal Tel. No.: +46 709968076 E-mail: camilla.m.bergh@vgregion.se

#### Marie Leksell

Department of Orthopeadics Karolinska University Hospital 141 86 Stockholm Tel. No. +46 707 789419 E-mail: <u>marie.leksell@karolinska.se</u>

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#### Organisers

Organised on behalf of (SOA) by: MD Camilla Bergh MD Marie Leksell

#### Dates, cities and venues in Sweden

Monday 19 May to Tuesday 20 May 2014			
Stockholm Karolinska University Hospital Huddinge and Solna			
Wednesday	Wednesday 21 May to Saturday 24 May 2014		
Gothenburg Sahlgrenska University Hospital; Mölndals Hospital and Sahlgrenska Hospital			

#### Contact persons and addresses

Hospital	Address	Contact Person
Karolinska University Hospital Solna	171 76 Stockholm	Marie Leksell Tel No.: +46 707789419
Karolinska University Hospital Huddinge	141 86 Stockholm	Marie Leksell Tel No.: +46 707789419
Sahlgrenska University Hospital, Sahlgrenska	Per Dubbsgatan 16 413 45 Göteborg	<b>Camilla Bergh</b> Tel no: +46 709968076
Sahlgrenska University Hospital, Mölndal	Göteborgsvägen 31 431 80 Mölndal	<b>Camilla Bergh</b> Tel no: +46 709968076

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#### Accommodation in single/shared double rooms

Dates	Hotel name	Hotel address
Sunday - Wednesday	Scandic	Katarinavägen 26, 104 65 Stockholm
18/5-21/5-2014	Sjöfartshotellet	Tel No.: +46 8 517 349 00 Fax No.: +46 8 517 349 11 Email: sjofart@scandichotels.com
		Homepage: www.scandichotels.se
Wednesday - Saturday 21/5-24/5-2014	Scandic hotel Opalen	Engelbrektsgatan 73, 402 23 Göteborg
		Tel No: +46 31 751 5300
		Fax No: +46 31 751 5311
		Email:opalen@scandichotels.se
		Homepage: www.scandichotels.se

#### PLEASE NOTE!

All hotel bookings will be made on behalf of the course participants based on the schedule above. If you for some reason arrive or depart earlier or later than listed above, please inform the hosting Society about your schedule by e-mail to Camilla.m.bergh@vgregion.se so that the hotel bookings can be arranged accordingly.

Thank you!

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#### Program outline

Sunday 2014-05-18 May		arrivals to Stockholm, Arlanda transfer to Scandic Hotel Stocl	•
	8.15	Lobby Scandic Hotel	Camilla Bergh and/or Marie Leksell Will meet you at the hotel Monday morning 8.15 at the hotel lobby
	9.15-10.00	Presentation of the Swedish Orthopaedic Association and Karolinska Institutet	Prof. Li Felländer- Tsai
Monday 2014-05-19	10.00-12.00	Half group Center for Advanced Medical Simulation and Training (CAMST)/operation theatre, hospital tour	
Karolinska University Hospital	12.00-13.00	Lunch with residents from Karolinska University Hospital Huddinge	
Huddinge	Lectures		
	13.00-14.30	Sports injuries	Prof. Christer Rolf
	14.30-15.00	Genetics and scoliosis	Assoc prof. Paul Gerdhem
	15.20-16.30	Biomechanics Lab and visit	Assoc prof. Hans Berg
		End of the Training	
		er to Scandic Hotel (Sjöfartshote together	ellet)
Trauma centre			
Tuesday May 20	8.30-10.00	High energy trauma at TCK (Trauma Center Karolinska)	Assoc prof. K.Å. Jansson
	10.00-10.30	Coffee break	
	10.30-12.00	High energy trauma at TCK (Trauma Center Karolinska)	Assoc prof. K.Å. Jansson
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12.00-13-00	Lunch; Karolinska Solna	
Lectures		
13.00-14.30	Sarcomas of the soft tissues and bone	MD PhD Panagiotis Tsagkozis MD PhD Otte Brosjö
14.30 -15.00	Coffee break	
15.00 -16.30	Metastases and their treatment	Professor Henrik Bauer
	End of the Training	
	er to Scandic Hotel (Sjöfartshote at Marie Leksell's residence	ellet)

	7.30-11.00	Train from Stockholm to Gothenburg	Marie Leksell Camilla Bergh
	High lights from Sahlgrenska University Hospital		
	11.00-12.00	Trauma/fracture department	MD Alicia Bojan
	12.00-13.00	Lunch; Mölndals hospital	
Mölndals hospital	Trauma section		
Wednesday	13.00-14.00	Swedish fracture registry	MD PhD Michael Möller
	14.15-15.00	Pelvic fracture	MD Janos Solyom
	Coffee br	eak	1
	15.25-16.10	Distal femur fracture	MD Martin Paulsson
	16.15-17.00	Tour of the hospital	MD Camilla Bergh

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End of the Training
<ul> <li>Transfer to Scandic Hotel Opalen Dinner - taste of Swedish food</li> </ul>

	<ul> <li>Live surge</li> </ul>	ery	
	¥		
	8.00-12.00	Surgery: fracture/prothesis/ foot surgery/ spine	Each department/ MD Camilla Bergh
	12.00-12.30	Transport to Sahlgrenska	MD Camilla Bergh
	12.30-13.30	Lunch; Sahlgrenska hospital	
	Spine	· ·	
Thursday 2014-05-22 Sahlgrenska/ Sahlgrenska hospital	13.30-14.30	The importance of saggital balance- New Paradigm in Spine Surgery	Prof. Rune Hedlund
and mölndals hospital	14.30-15.00	Coffee break	
	15.00.16.00	Discdegeneration/stamcell	Prof. Helena Brisby
	End of the Training		
	Gother	er to Källö-Knippla, In the Northe nburg at the Island at Källö-Knippla	ern archipelago of

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	Future p	erspectives on Joir	nt
	replacement		
	8.30-12.00		Speaker
<b>Friday 2014-05-23</b> Sahlgrenska / Mölndals hospital		Residents in Orthopaedics in the Swedish western region are invited. Several of interesting lectures.	Moderator Prof.Henrik Malchau
	12-13	Lunch with residents from the western region and speakers	
	13-14.30	Residents in Orthopaedics in the Swedish western region are invited. Several of interesting lectures.	Moderator Prof.Henrik Malchau
	14.30-18.30 free time		
	Dinner together		
		End of the Travelling Fellow	wship

Saturday 2014-05-24	<ul> <li>Individual transfer to Airport</li> </ul>
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