

Hellenic Association of Orthopaedic Surgery and Traumatology (HAOST)

There is no formal curriculum designed by the Hellenic Association of Orthopaedic Surgery and Traumatology (HAOST). The educational branch of HAOST (The College of Hellenic Orthopaedic Surgeons) provides a yearly program of lectures and seminars with hands-on workshops both for trainees and specialist orthopaedic surgeons. It covers most of orthopaedic conditions and trauma in a two year period. However each Regional/University Training Program offers its own curriculum based on the requirements which are set by the Central Health Council and the Ministry of Health. The following is a sample which is followed loosely by most Programs.

Core Training: 12 to 15 months General Surgery and introduction to GP duties.

Orthopaedic Training: 5 years

Year 1: Basic Sciences applied to Orthopaedics. Pathology and Biomechanics.

Orthopaedic Trauma. Diagnosis and conservative management. Under supervision in

Outpatients and Emergency Departments. Assisting in Operations.

Inpatient Care

Year 2: Orthopaedic Trauma. Trainee manages on his own, with occasional assistance, in Emergencies. Orthopaedic conditions : diagnosis and treatment.

With supervision in OPD and inpatient care. Assists in operations and can do

minor and medium severity trauma operations under supervision.

Year 3: Orthopaedic Trauma. Manages on his own in Emergencies. Under supervision

In OPD. Can perform minor and medium severity trauma ops on his own.

Assists in elective orthopaedic operations. Can perform minor and medium severity elective operations on his own in the presence of specialist orthopaedic surgeon.

Complex orthopaedic conditions: diagnosis and treatment.

Year 4: Two periods of 6 months elective in two of the following disciplines:

Thoracic Surgery, Plastic Surgery, Vascular Surgery, Neurosurgery or Intensive Care.

On call duties in Orthopaedics and Trauma. Can develop interest in subspecialties.

Year 5: Twelve months in Paediatric Orthopaedic Surgery.

On call duties in Orthopaedics and Trauma

The two six-month elective periods can be done at any year after the second year and they need not be done consecutively.