

# EHS-EFORT BAT Programme

27-29 August 2014



A combined Educational Programme with EHS

Live Surgeries / Workshops



## EHS-EFORT Instructional Course

Bern, Switzerland: 27-29 August 2014

### Hip pathology in young adults: Advanced Course

- Treatment of femoral and acetabular deformities
- Outcomes and complications
- Residual gross deformities

#### Workshops:

- Hip arthroscopy exercises
- Cadaver lab: Surgical hip dislocation - extended approach to the proximal femur
- Hands-on: Subtrochanteric osteotomy - periacetabular osteotomy
- Video & model: Approaches to the hip - anatomy

info

[www.efort.org/ic-ehs2014-advanced](http://www.efort.org/ic-ehs2014-advanced)

# Welcome



Klaus  
Siebenrock



Oliver  
Marín-Peña



Manuel  
Cassiano Neves

Dear Colleagues,

We are proud to welcome you to the first EHS-EFORT BAT programme, which focuses on hip joint preservation in young adults.

Over the past decade, hip joint-preserving surgery has gained tremendous interest worldwide. A better understanding of hip joint pathophysiology, and new surgical techniques including hip joint arthroscopy, have led to an increasing demand for training and teaching opportunities among European orthopaedic surgeons in order to improve knowledge and practical skills. BAT stands for Basic, Advanced and Traumatology courses. The programme we are presenting here consists of two courses, the Basic Course and the Advanced Course. The courses build on each other and consist of theory lessons plus ample hands-on and small group sessions. There will be plenty of opportunities to familiarise yourself with both arthroscopic and open surgical techniques to address pathomorphologies. Expected treatment results, complications and failure prevention will also be broadly discussed.

With this comprehensive review programme, EFORT/EHS aims to contribute to improving European surgeons' skill levels in this expanding field, to provide the greatest benefit to patients.

The faculty panel is composed of respected experts who will share their vast experience with the audience in workshops and live surgeries.

We look forward to welcoming you!

Yours,

Klaus Siebenrock

Chairman IC Bern  
Advanced Course

Oliver Marín-Peña

Chairman IC Madrid  
Basic Course

Manuel Cassiano Neves

EFORT President  
2013-2014

# Programme

Wednesday, 27 August

Schedule	Topic	Faculty
13:00	Registration	
14:00	Opening Remarks	K. A. Siebenrock O. Marín-Peña
14:10	About EFORT	P. Kjærsgaard-Andersen

## Labral and chondral repair

	Moderator: Klaus-Arno Siebenrock	
14:20	Clear radiographic indicators for cartilage damage: X-ray and MRI	C. Pfirrmann
14:35	Description and classification of cartilage and labral lesions	O. Marín-Peña
14:50	What to do with labral lesions? Resection - Refixation - Reconstruction	C. Dora
15:05	What to do with cartilage lesions? Excision - Trimming - Microfracturing	J. Witt
15:20	Matrix assisted cartilage regeneration - where do we stand?	K. P. Günther
15:35	Discussion	
15:50	Coffee break	
16:20	Workshops - Session 1 (Rotation system)	

## The femoral side

	Moderator: Richard Villar	
17:20	Cam-type deformities and treatment algorithm	S. Steppacher
17:35	Blood supply of the femoral head and it's surgical implications	M. Tannast
17:50	Technique of surgical hip dislocation	H. Nötzli
18:05	Extraarticular impingement due to femoral torsional deformities	K.A. Siebenrock
18:20	Technique of inter/subtrochanteric osteotomy with the pediatric hip plate	K. Ziebarth
18:35	Discussion	
18:50	End of the day	

# Programme

Thursday, 28 August

Schedule	Topic	Faculty
<b>The acetabular side</b>		
Moderator: Klaus-Peter Günther		
8:00	Acetabular overcoverage - treatment algorithm	M. Tannast
8:15	Planning of acetabular rim trimming	K. A. Siebenrock
8:30	Arthroscopic technique of rim trimming and labrum refixation	R. Villar
8:45	Technique of Bernese periacetabular osteotomy	T. Ecker
9:00	How not to do it - pitfalls of acetabular correction	L. Büchler
9:15	Discussion	
9:30	Workshops - Session 2 (Rotation system)	
10:30	Coffee break	
11:00	LIVE SURGERY: Surgical hip dislocation	K. A. Siebenrock
13:10	Lunch break	
14:00	Workshops - Session 3 (Rotation system)	
<b>Treatment results and complications</b>		
Moderator: Moritz Tannast		
15:00	Treatment results for arthroscopic surgery	R. Villar
15:15	Outcome of open surgery for FAI	M. Jäger
15:30	Outcome of anteverting periacetabular osteotomy	L. Büchler
15:45	Treatment of complications of FAI surgery	M. Wettstein
16:00	When is it too late for joint preservation?	C. Dora
16:15	Discussion	
16:30	Coffee break	
17:00	Interactive Case Discussions	
18:00	End of the day	
19:30	Course Dinner	

# Programme

Friday, 29 August

Schedule	Topic	Faculty
<b>Specific deformities of the hip</b>		
Moderator: Oliver Marín-Peña		
8:30	Developmental hip dysplasia - treatment on which side?	K. P. Günther
8:45	Long-term outcome of PAO in DDH and complications	C. E. Albers
9:00	Residual deformities in Perthes diseases - pathophysiology	M. Tannast
9:15	Technique of the extended retinacular soft-tissue flap	H. Nötzli
9:30	Treatment algorithm for residual deformities in Perthes	K. A. Siebenrock
9:45	<b>Workshops - Session 4 (Rotation system)</b>	
10:45	Coffee break	
11:15	<b>Interactive Case Discussions</b>	
12:15	Closing Remarks	
12:30	End of the day	

# Faculty

## Faculty:

Klaus-Arno Siebenrock, Switzerland

Oliver Marín-Peña, Spain

Richard Villar, United Kingdom

Klaus-Peter Günther, Germany

Johan Witt, United Kingdom

Marcus Jäger, Germany

Claudio Dora, Switzerland

Michael Wettstein, Switzerland

Moritz Tannast, Switzerland

Simon Steppacher, Switzerland

Christoph Emanuel Albers, Switzerland

Timo Ecker, Switzerland

Lorenz Büchler, Switzerland

Hubert Nötzli, Switzerland

Christian Pfirrmann, Switzerland

Kai Ziebarth, Switzerland

Theddy Slongo, Switzerland

Frank Klenke, Switzerland



# Information

## Course fee

### Participants

EUR 340.00

### Late (19.08–26.08.2014)

EUR 395.00

### On-site registration

EUR 415.00

### Residents in training

EUR 205.00

### Dinner

EUR 50.00

The registration fee includes  
8% Swiss VAT

## Credits

12 CME  
credits



16 SGOT  
credits



## Course language

English

## Scientific committee

Prof. Klaus Siebenrock

Dr. Oliver Marín-Peña

## Contact

EFORT Head Office

+41 21 343 4400

[www.efort.org](http://www.efort.org)

[education@efort.org](mailto:education@efort.org)

## Registration

[www.efort.org/ic-ehs2014-advanced](http://www.efort.org/ic-ehs2014-advanced)

## Opening hours

Wednesday 27 August: 13:00–19:00

Thursday 28 August: 7:30–18:00

Friday 29 August: 8:00–13:30

## Venue

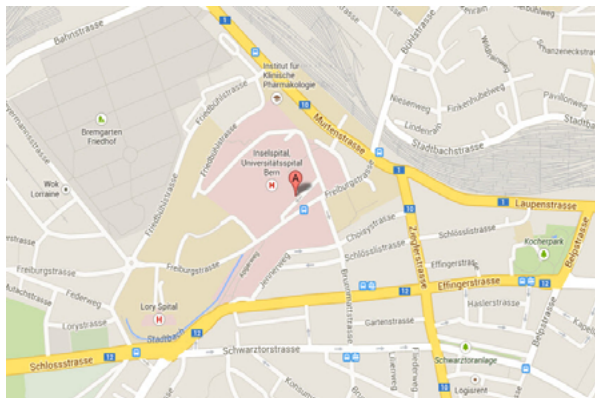
Inselspital Universität Bern

Kinderklinik

Freiburgstrasse

3010 Bern, Switzerland

**Auditorium: Rossi**



## EFORT Advanced Training Programme 2014

### **3rd EPOS-EFORT BAT IC Vienna, 24-26 September 2014**

Hip pathology in Paediatrics: Basic I

---

### **EFORT IC Lausanne, 28-29 November 2014**

Hallux valgus, ankle arthrosis, managing complications

---

### **EFORT IC Paris, 28-30 January 2015**

Selected Flaps for reconstruction of the Limbs

---

### **3rd EPOS-EFORT BAT IC Vienna, 11-13 March 2015**

Hip pathology in Paediatrics: Trauma

---

### **EFORT ExMEx Ljubljana, 23-24 April 2015**

Lower extremity fractures: Updates and problems

---

More details on: [www.efort.org/training](http://www.efort.org/training)

Save the date!

**16<sup>th</sup> EFORT Annual Congress - Prague, Czech Republic**

27-29 May 2015