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Reported by:

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Introduction:

The EFORT Fall Travelling Fellowship 2014 took place in Turin and Florence, Italy, from October 20th to October 25th. I was honored to be chosen by the Danish Orthopaedic Society to represent Denmark. We were a total of 14 participating fellows from all over Europe; Denmark, Finland, Belgium, France, Germany, Austria, Czech Republic, Croatia, Greece, Cyprus, Estonia, Kosovo, Hungary and Ireland.

Detailed description of the fellowship:

Centro Traumatologico Ortopedico (CTO), Turin
The first 3 days of the Fellowship (October 20\textsuperscript{th} – 22\textsuperscript{th}) was organized in Turin. We were welcomed at the CTO in Turin by P. Rossi who gave us a brief summary of the hospital, the department and their activities. The scientific programme in Turin represented several different areas of orthopaedic surgery. Among these, the group of Upper limb surgery, where the pinning of the proximal humeral fractures was an excellent topic for discussion as well as an interesting overview of the group’s experiences in research.

Mr. Davide Bonasio presenting to the group at the CTO, Turin

Furthermore, the groups performing Trauma surgery, Lower limb surgery, Hand surgery and Tumor surgery gave interesting lectures on many different topics. At the end of the first day, all participants presented themselves as well as their country and organization. It was very interesting and was a great possibility to gain knowledge on how the training of orthopaedic surgeons is organized in different European countries.
In addition to the scientific programme, the organizers in Turin arranged visits to excellent restaurants and the time for a stroll through the city of Turin.

*The futuristic facade of Turin’s Auto Museum*
A particularly spectacular installation at the museum which involved a long curved display with an evolutionary display of Italian cars.
After the end of the programme in Turin we left by train and arrived in Florence on October 22th. The fellowship continued in Florence from October 22th to October 25th. Upon arrival in Florence we were welcomed by R. Capanna and Prof. M. Marcacci. Also there were presentations from the fellows during the evening.
The Fellowship programme took place at CTO in Florence and consisted of a variety of lectures, among these the allograft technique by R. Capanna, as well as the possibility to participate in the operating rooms in traumatology, tumor surgery, and arthroplasty. Also, several of the fellows from the department in Florence were participating which gave an interesting view on the training of orthopaedic surgeons in Italy.
As in Turin, the visit in Florence also included visits to some wonderful restaurants allowing us to taste the delicious Italian cuisine as well as visits to the beautiful historical city center of Florence.
Conclusion:

The EFFORT Travelling Fellowship was a fantastic and unforgettable experience. I am much honored to have had the possibility to participate in this programme. The Fellowship was very well organized in terms of an interesting scientific programme, time for discussions, as well as a pleasant social programme. We were warmly welcomed by the organizers in Turin as well as in Florence and they were all very interested in teaching us, showing us their work, as well as learning from our experiences. As for the 13 other fellows it was a great opportunity to meet with colleagues from all over Europe. The participants were all very interested in exchanging experiences and knowledge – a unique and unforgettable possibility to connect with new friends and colleagues. The EFFORT Travelling Fellowship is a unique possibility to exchange knowledge and friendship across borders.

Once again I would like to thank EFFORT for the opportunity to participate in this Fellowship programme as well as the organizers in Italy for making this week so special and finally to the fellows for making this week an unforgettable experience.

Nina Dyrberg Lorenzen.