## **ExMEx Forum**

Athens, Greece

20-21 April 2012





A combined educational programme with EHS



# **EFORT Expert meet Expert Forum**

Greece, Athens: 20-21 April 2012

# Hip - Advancing the science and art of hip arthroscopy, primary and revision hip arthroplasty

- Arthroscopic hip surgery
- Femoral revisions
- Acetabular revisions
- Difficult primaries
- Live surgeries
- Workshops

# Welcome



Pierre Hoffmeyer



George Macheras



Luigi Zagra

#### Dear Colleagues,

In this past decade, surgery of the hip has seen phenomenal advances and major changes. These have led to the increasingly successful management of hitherto unexplained conditions causing painful loss of function in young and active patients. The hip joint today is much better understood than ever before, and new complexities have arisen. Now, new approaches provide answers for diseases that remained unsolved riddles in the not-too-distant past. Open dislocation and hip arthroscopy have brought new solutions for lesions of the labrum and for offset abnormalities

Total hip arthroplasty is a huge success, with more than a million implants undertaken around the world. In spite of its success, some patients present pain and discomfort that is not simple to elucidate, diagnose and treat. With implant loosening, infection and periprosthetic fractures always lurking in the background, causing ongoing damage to patients and anxiety to surgeons, a strong knowledge base and expertise are needed to tackle these dreaded complications. The latest innovative solutions to these difficult problems will be provided by the assembled experts, each renowned in his field

Hip registry data is becoming the non-biased standard by which all hip implants must be evaluated. The latest information from the European registries will be presented.

Dysplastic hips remain a major problem in many parts of Europe. Classifications allowing a better understanding of this disabling disorder, along with therapeutic solutions, will be presented by world-class specialists in the field.

Most of the major complications related to modern hip surgery will be presented and discussed in a practical and pragmatic manner, with plenty of how-to tips and take-home messages.

We invite you to the springtime Athens 2012 EFORT Hip Course, to take advantage of the wealth of information that will be distilled and presented by a distinguished panel of experts on a major topic in orthopaedic surgery – the hip.

Best regards,

Pierre Hoffmeyer

EFORT President 2012/213

George Macheras

Chairman ExMEx Athens Luigi Zagra

EHS President

# Programme

Friday, 20 April

Schedule	Topic	Faculty
7:00	Registration	
7:45	Opening and welcome	G. Macheras L. Zagra
8:00	About EFORT	N. Böhler

# Arthroscopic hip surgery

Schedule	Topic	Faculty
	Moderator: R.N. Villar	
8:10	Basic technique of arthroscopic approach of the hip	T. Papavasiliou
8:25	Arthroscopic treatment of cam and pincer type of impingement (FAI)	K. Siebenrock
8:40	Arthroscopic cartilage repair in the hip	A. Nogier
8:55	Complications and learning curve	T. Papavasiliou
9:10	The role of arthroscopy in the diagnosis and treatment of the problematic THA	R.N. Villar
9:25	Controversies (including labrum fixation or resection)	R.N. Villar K. Siebenrock
9:45	Discussion	R.N. Villar K. Siebenrock
9:55	Coffee break	

## Femoral revisions

Schedule	Topic	Faculty
	Moderator: M. Krismer	
10:10	The painful hip arthroplasty: How to diagnose the cause and how to manage	M. Krismer
10:25	Approaches and implant removal in femoral revisions	P. Megas
10:40	Revision of the femoral component using cemented implants. Does it have a role today?	M. Wilson
10:55	The management of femoral bone stock	L. Zagra

# Programme

Friday, 20 April

11:25	Impaction bone grafting technique in femoral revision, where are we today?	M. Wilson
11:40	Management of infected hip arthroplasty	M. Tokgozoglu
11:55	Periprosthetic fractures around the femur osteosynthes or implant revision	E. Tsiridis
12:35	Discussion	X. Flecher
12.0E	Lunah brook	

### Acetabular revision

Schedule	Topic	Faculty
	Moderator: T. Karachalios	
14:00	Acetabular defect assessment and principles of treatment	M. Krismer
14:10	Uncemented implants, trabecular metal and ultra porous coatings in acetabular revision	L. Zagra
14:25	Cemented implants in acetabular revision	B. Bitounis
14:40	Cages in difficult cases	N. Böhler
14:55	Current status on bone transplantation	X. Flecher
15:10	Revision in pelvic discontinuity and periprosthetic fractures around the cacetabulum	G. Babis
15:25	Register datas on acetabular and femoral revision	N. Böhler
15:40	Coffee break	
15:55	Industry Symposium	
16:55	Moderator: B. Bitounis Live surgery with interactive discussion (Revision arthroplasty)	G. Macheras G. Babis
18:40	Discussion	
19:00	End of the day	
19:30	Course Dinner	

# Programme

Saturday, 21 April

# Difficult primaries

Schedule	Topic	Faculty
	Moderator: Th. Xenakis	
8:30	Classification of congenital hip disease Hartofilakidis vs Crowe	G. Babis
8:45	How I manage low dislocation in congenital hip disease	T. Karachalios
9:00	How I manage high dislocation in congenital hip disease	M. Tokgozoglu
9:15	The femoral side in congenital hip disease	Th. Xenakis
9:30	Acetabular impaction grafting in complex primary total hip replacement	M. Wilson
9:45	Custom made implants for specific reasons , do they work?	M. Krismer
10:00	Lessons learned from congenital hip disease surgery	G. Hartofilakidis
10:15	Coffee break	
10:30	THA following acetabular fractures	X. Flecher
10:45	THA in the presense of heterotopic ossification	T. Karachalios
11:00	Crossfire-cases presentation	T. Karachalios X. Flecher
	Moderator: G. Babis	
12:00	Live surgery with interactive discussion (high dislocation case)	G. Macheras Th. Xenakis
13:00	End of the meeting - review and lessions learned	

# **Faculty**

#### Faculty:

George Babis, Greece Bill Bitounis, Greece Nikolaus Böhler, Austria Xavier Flecher, France George Hartofilakidis, Greece Theophilos Karachalios, Greece Martin Krismer, Austria George Macheras, Greece Panagiotis Megas, Greece Alexis Nogier, France Thanos Papavassiliou, Greece Klaus Siebenrock, Switzerland Mazhar Tokgozoglu, Turkey Eleftherios Tsiridis, Greece Richard N. Villar, UK Matthew Wilson, Uk Theodoros Xenakis, Greece Luigi Zagra, Italy

### **Major Sponsors:**





## Information

#### Course fee

#### **Participants**

Registration is sold out.

#### Dinner

FUR 50 00

#### **Credits**

9 CMF credits

#### Congress language

English no simultaneous translation

#### **Patronages**



Hellenic Association of Orthopaedic Surgery & Traumatology



Hip and Knee Section of the Hellenic Association of Orthopaedic Surgery and Traumatology

#### **Contact**

EFORT Head Office
Michaela Hofer
michaela.hofer@efort.org
+41 (0)44 448 44 00

## Registration

www.efort.org/exmex/athens2012

#### **Opening hours**

Friday, 20 April 2012 07.00 - 19.00 Saturday, 21 April 2012 08.00 - 13.00

#### Venue

Kat Hospital, Kifisia 2 Nikis str. 14561 Athens Greece

#### Auditorium:

Prof. Hartofilakidis Auditorium



# EFORT ATP 2012





**Hip Instructional Course Paris, 28–29 June 2012**Primary complex total hip and knee arthroplasty

Foot and ankle Instructional Course Geneva, 12-13 October 2012

More details on: www.efort.org/training

Save the date!

13th EFORT Congress: 23-25 May 2012

