EFORT Expert Meet Expert Forum
Budapest, Hungary: 19 - 20 April 2013

Osteoporotic fractures

- Osteoporosis in general
- Management of periprosthetic fractures
- Fractures of femur, upper extremity and spine
- Demo surgeries
- Interactive workshops

info
www.efort.org/exmex/budapest2013
Dear Colleagues,

The management of osteoporosis has developed enormously in terms of scientific research, modern treatment and appropriate rehabilitation. Osteoporosis in the elderly is a growing challenge for quality care. Owing to demographic shifts, with an increasing number of elderly in the European population and a longer life expectancy, osteoporotic fractures account for a significant proportion of patient volume in trauma departments and university centres. These increasing numbers must be met by a greater quality of care. The Semmelweis University Department of Trauma and the Uzsoki Hospital Department of Orthopaedics and Trauma appreciate the opportunity to welcome orthopaedic surgeons from around Europe to this EFORT ExMEx Forum. The Forum will be held at the Uzsoki Hospital, in Hungary’s wonderful capital of Budapest. The Semmelweis University Department of Trauma has become one of the main centres for joint reconstruction surgery by means of primary trauma reconstruction – based upon a long tradition of trauma patient care – and for arthroplasty, including revision arthroplasty techniques in both degenerative and trauma cases. The collaboration between these centres enjoys significant support from conservative and rehabilitation treatment facilities. Our EFORT ExMEx Forum should facilitate the sharing of expertise and a deeper understanding of current knowledge on the conservative and operative aspects of osteoporosis. The course is designed to be interactive, with national and international faculty, and audience participation and workshops. Participants will benefit in particular from watching two demonstration surgeries.

EFORT and the Local Organising Committee offer you a cordial welcome to this ExMEx Forum, which we are honoured to host at the Uzsoki Hospital – the perfect environment for a stimulating course. We trust your stay will be enjoyable and your expectations will be met in full not only by the Semmelweis University Department of Trauma and the Uzsoki Hospital, but also by the attractive city of Budapest, with its many cultural sights.

László Hangody                    Pierre Hoffmeyer
Chairman                             EFORT President
ExMEx Budapest                        2012 –2013
Programme
Friday, 19 April

Schedule | Topic | Faculty
---|---|---
7.00 | Registration | 
7.45 | Opening and welcome | L. Hangody
A. Sárváry
8.00 | About EFORT | M. Szendröi

General approach to osteoporotic problems

Schedule | Topic | Faculty
---|---|---
Moderator: A. Rodriguez
8.20 | General questions of osteoporosis - epidemiology, diagnosis and therapy | C. Horváth
8.35 | Biomechanical considerations and general approach to osteoporotic fractures | C. Kammerlander
8.50 | Discussion | 

Periprosthetic fractures

Schedule | Topic | Faculty
---|---|---
Moderator: C. Kammerlander
9.00 | Staging of revision total hip arthroplasty - bone stock quality - tips and tricks of preventing periprosthetic fractures | I. Udvarhelyi
9.15 | General viewpoints of stem revisions - prevention of stem fractures in porotic bone conditions | A. Rodriguez
9.30 | Plating of periprosthetic fractures | S. Ruchholtz
9.45 | Treatment algorithm of revision total knee arthroplasty in cases of compromised bone stock | L. Hangody
10.00 | Discussion | 
10.20 | Coffee break | 
10.50 | Demosurgery of periprosthetic fracture | L. Hangody or I. Udvarhelyi
## Osteoporotic fractures of the femur

<table>
<thead>
<tr>
<th>Time</th>
<th>Schedule</th>
<th>Topic</th>
<th>Faculty</th>
</tr>
</thead>
<tbody>
<tr>
<td>11.50</td>
<td></td>
<td>Proximal and distal femoral fractures - anatomy and classification</td>
<td>Z. Detre</td>
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<tr>
<td>12.05</td>
<td></td>
<td>Femoral neck fracture - primary osteosynthesis versus arthroplasty</td>
<td>I. Flóris</td>
</tr>
<tr>
<td>12.20</td>
<td></td>
<td>Treatment of per-and subtrochanteric fractures in osteoporotic conditions</td>
<td>E. Varga</td>
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<tr>
<td>12.35</td>
<td></td>
<td>Standardized augmentation of the PFNA</td>
<td>C. Kammerlander</td>
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<tr>
<td>12.50</td>
<td></td>
<td>Fragility fractures around the knee</td>
<td>W. Mutschler</td>
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<tr>
<td>13.05</td>
<td></td>
<td>Transplantation of fresh osteochondral allografts in the treatment for massive osteochondral defects caused by malunited osteoporotic fractures</td>
<td>L. Hangody</td>
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<tr>
<td>13.20</td>
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<td>Discussion</td>
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<tr>
<td>13.30</td>
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<td>Lunch break</td>
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<tr>
<td>14.30</td>
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<td>Workshop 1</td>
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<tr>
<td>15.30</td>
<td></td>
<td>Demosurgery or videodemonstration (PFNA or LISS)</td>
<td>M. Tóth or M. Szebeny</td>
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## Osteoporotic fractures of the shoulder and elbow

<table>
<thead>
<tr>
<th>Time</th>
<th>Schedule</th>
<th>Topic</th>
<th>Faculty</th>
</tr>
</thead>
<tbody>
<tr>
<td>16.30</td>
<td></td>
<td>Osteoporotic fractures of the proximal humerus - conservative versus surgical solutions</td>
<td>J. Kiss</td>
</tr>
<tr>
<td>16.50</td>
<td></td>
<td>Osteoporotic fractures of the elbow</td>
<td>M. Szebeny</td>
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<tr>
<td>17.05</td>
<td></td>
<td>Discussion</td>
<td></td>
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<tr>
<td>17.30</td>
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<td>End of the day</td>
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<tr>
<td>19.00</td>
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<td>Social programme</td>
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# Programme
Saturday, 20 April

## Osteoporotic fractures of the wrist

<table>
<thead>
<tr>
<th>Schedule</th>
<th>Topic</th>
<th>Faculty</th>
</tr>
</thead>
<tbody>
<tr>
<td>8.30</td>
<td>Classification of wrist fractures - conservative versus operative treatment</td>
<td>S. Frenyó</td>
</tr>
<tr>
<td>8.50</td>
<td>Reconstructive possibilities for malunited wrist fractures</td>
<td>F. Tóth</td>
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<tr>
<td>9.10</td>
<td>Discussion</td>
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<tr>
<td>9.30</td>
<td>Workshop 2</td>
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<tr>
<td>10.30</td>
<td>Coffee break</td>
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## Osteoporotic fractures of the spine

<table>
<thead>
<tr>
<th>Schedule</th>
<th>Topic</th>
<th>Faculty</th>
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<tbody>
<tr>
<td>11.00</td>
<td>Anatomy, classification and surgical treatment possibilities - vertebroplasty, kyphoplasty</td>
<td>G. Kasó</td>
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<tr>
<td>11.20</td>
<td>Osteoporotic vertebral fractures: vertebro-/kyphoplasty vs. conservative treatment</td>
<td>E. Cáceres Palou</td>
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<tr>
<td>11.40</td>
<td>Discussion</td>
<td></td>
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<tr>
<td>12.00</td>
<td>Workshop or Case presentations 3</td>
<td>Moderator: F. Tóth – I. Udvarhelyi</td>
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<tr>
<td>13.00</td>
<td>Summary and farewell</td>
<td>L. Hangody A. Sárváry</td>
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EFORT Advanced Training Programme 2013

EPOS-EFORT IC Vienna, 9 – 11 October 2013
Paediatrics: Basic II

EFORT IC Basel, 15 – 16 November 2013
Osteoarthritis: Joint preserving surgery (JPS) of the lower extremity

More details on: www.efort.org/training

Save the date!
14th EFORT Congress:
Istanbul, Turkey
05–08 June 2013
Faculty

Scientific Committee:
László Hangody, Hungary

Faculty:
Alfredo Rodríguez, Spain
Christian Kammerlander, Austria
Enric Cáceres Palou, Spain
Steffen Ruchholtz, Germany
Wolf Mutschler, Germany
Csaba Horváth, Hungary
Endre Varga, Hungary
Ferenc Tóth, Hungary
Gábor Kasó, Hungary
István Flóris, Hungary
Iván Udvarhelyi, Hungary
Jenő Kiss, Hungary
László Hangody, Hungary
Miklós Szébeny, Hungary
Sándor Frenyó, Hungary
Zoltán Detre, Hungary

Patronages:

Hungarian Orthopaedic Association

Hungarian Society of Trauma
Course fee
EUR 290.00 (early: until 12 April 2013)
EUR 340.00 (late: 12 April - 19 April 2013)
EUR 360.00 (on-site)

Dinner
EUR 35.00

Credits
9 CME credits

Contact
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+41 (0)78 620 88 03

Registration
www.efort.org/ic/budapest2013

Opening hours
Friday, 19 April 2013
07.00 - 17.30
Saturday, 20 April 2013
08.30 - 13.30

Congress language
English - no translation

Venue
Uzsoki Hospital &
Semmelweis University
Trauma Department

Róna u.196-212
1145 Budapest