

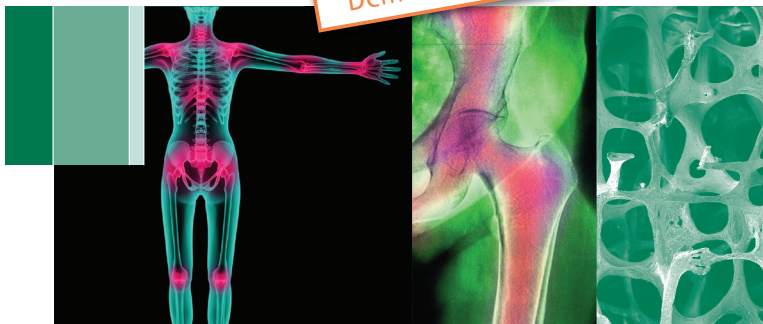
# ExMex Forum

Budapest, Hungary

19 -20 April 2013



Demo surgeries / workshops



## EFORT Expert Meet Expert Forum

Budapest, Hungary: 19 - 20 April 2013

### Osteoporotic fractures

- Osteoporosis in general
- Management of periprosthetic fractures
- Fractures of femur, upper extremity and spine
- Demo surgeries
- Interactive workshops

# Welcome



László  
Hangody

Pierre  
Hoffmeyer

Dear Colleagues,

The management of osteoporosis has developed enormously in terms of scientific research, modern treatment and appropriate rehabilitation. Osteoporosis in the elderly is a growing challenge for quality care. Owing to demographic shifts, with an increasing number of elderly in the European population and a longer life expectancy, osteoporotic fractures account for a significant proportion of patient volume in trauma departments and university centres. These increasing numbers must be met by a greater quality of care. The Semmelweis University Department of Trauma and the Uzsoki Hospital Department of Orthopaedics and Trauma appreciate the opportunity to welcome orthopaedic surgeons from around Europe to this EFORT ExMEx Forum. The Forum will be held at the Uzsoki Hospital, in Hungary's wonderful capital of Budapest. The Semmelweis University Department of Trauma has become one of the main centres for joint reconstruction surgery by means of primary trauma reconstruction – based upon a long tradition of trauma patient care – and for arthroplasty, including revision arthroplasty techniques in both degenerative and trauma cases. The collaboration between these centres enjoys significant support from conservative and rehabilitation treatment facilities. Our EFORT ExMEx Forum should facilitate the sharing of expertise and a deeper understanding of current knowledge on the conservative and operative aspects of osteoporosis. The course is designed to be interactive, with national and international faculty, and audience participation and workshops. Participants will benefit in particular from watching two demonstration surgeries.

EFORT and the Local Organising Committee offer you a cordial welcome to this ExMEx Forum, which we are honoured to host at the Uzsoki Hospital – the perfect environment for a stimulating course. We trust your stay will be enjoyable and your expectations will be met in full not only by the Semmelweis University Department of Trauma and the Uzsoki Hospital, but also by the attractive city of Budapest, with its many cultural sights.

A stylized, handwritten signature in black ink, consisting of a series of loops and a long horizontal stroke.

László Hangody  
Chairman  
ExMEx Budapest

A handwritten signature in black ink, featuring a bold, sweeping horizontal line with a small loop at the end.

Pierre Hoffmeyer  
EFORT President  
2012 -2013

# Programme

Friday, 19 April

Schedule	Topic	Faculty
7.00	Registration	
7.45	Opening and welcome	L. Hangody A. Sárváry
8.00	About EFORT	M. Szendrői

## General approach to osteoporotic problems

Schedule	Topic	Faculty
	Moderator: A. Rodriguez	
8.20	General questions of osteoporosis - epidemiology, diagnosis and therapy	C. Horváth
8.35	Biomechanical considerations and general approach to osteoporotic fractures	C. Kammerlander
8.50	Discussion	

## Periprosthetic fractures

Schedule	Topic	Faculty
	Moderator: C. Kammerlander	
9.00	Staging of revision total hip arthroplasty - bone stock quality - tips and tricks of preventing periprosthetic fractures	I. Udvarhelyi
9.15	General viewpoints of stem revisions - prevention of stem fractures in porotic bone conditions	A. Rodriguez
9.30	Plating of periprosthetic fractures	S. Ruchholtz
9.45	Treatment algorithm of revision total knee arthroplasty in cases of compromised bone stock	L. Hangody
10.00	Discussion	
10.20	Coffee break	
10.50	Demosurgery of periprosthetic fracture	L. Hangody or I. Udvarhelyi

# Programme

Friday, 19 April

## Osteoporotic fractures of the femur

Schedule	Topic	Faculty
	Moderator: S. Ruchholtz	
11.50	Proximal and distal femoral fractures - anatomy and classification	Z. Detre
12.05	Femoral neck fracture - primary osteosynthesis versus arthroplasty	I. Flóris
12.20	Treatment of per- and subtrochanteric fractures in osteoporotic conditions	E. Varga
12.35	Standardized augmentation of the PFNA	C. Kammerlander
12.50	Fragility fractures around the knee	W. Mutschler
13.05	Transplantation of fresh osteochondral allografts in the treatment for massive osteochondral defects caused by malunited osteoporotic fractures	L. Hangody
13.20	Discussion	
13.30	Lunch break	
14.30	Workshop 1	
15.30	Demosurgery or videodemonstration (PFNA or LISS)	M. Tóth or M. Szebeny

## Osteoporotic fractures of the shoulder and elbow

Schedule	Topic	Faculty
	Moderator: J. Kiss	
16.30	Osteoporotic fractures of the proximal humerus - conservative versus surgical solutions	J. Kiss
16.50	Osteoporotic fractures of the elbow	M. Szebeny
17.05	Discussion	
17.30	End of the day	
19.00	Social programme	

# Programme

Saturday, 20 April

## Osteoporotic fractures of the wrist

Schedule	Topic	Faculty
	Moderator: E. Cáceres Palou	
8.30	Classification of wrist fractures - conservative versus operative treatment	S. Frenyó
8.50	Reconstructive possibilities for malunited wrist fractures	F. Tóth
9.10	Discussion	
9.30	Workshop 2	
10.30	Coffee break	

## Osteoporotic fractures of the spine

Schedule	Topic	Faculty
	Moderator: W. Mutschler	
11.00	Anatomy, classification and surgical treatment possibilities - vertebroplasty, kyphoplasty	G. Kasó
11.20	Osteoporotic vertebral fractures: vertebro-/kyphoplasty vs. conservative treatment	E. Cáceres Palou
11.40	Discussion	
12.00	Workshop or Case presentations 3 Moderator: F. Tóth - I. Udvarhelyi	
13.00	Summary and farewell	L. Hangody A. Sárváry

# EFORT ATP 2013

## EFORT Advanced Training Programme 2013

**EPOS-EFORT IC Vienna, 9 – 11 October 2013**

Paediatrics: Basic II

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**EFORT IC Basel, 15 – 16 November 2013**

Osteoarthritis: Joint preserving surgery (JPS) of the lower extremity

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More details on: [www.efort.org/training](http://www.efort.org/training)

Save the date!

**14th EFORT Congress:**

**Istanbul, Turkey**

**05-08 June 2013**



# Faculty

## Scientific Committee:

László Hangody, Hungary

## Faculty:

Alfredo Rodriguez, Spain

Christian Kammerlander, Austria

Enric Cáceres Palou, Spain

Steffen Ruchholtz, Germany

Wolf Mutschler, Germany

Csaba Horváth, Hungary

Endre Varga, Hungary

Ferenc Tóth, Hungary

Gábor Kasó, Hungary

István Flóris, Hungary

Iván Udvarhelyi, Hungary

Jenő Kiss, Hungary

László Hangody, Hungary

Miklós Szebeny, Hungary

Sándor Frenyó, Hungary

Zoltán Detre, Hungary

## Patronages:



Hungarian Orthopaedic  
Association



Hungarian Society of  
Trauma



# Information

## Course fee

EUR 290.00 (early: until 12 April 2013)

EUR 340.00 (late: 12 April - 19 April 2013)

EUR 360.00 (on-site)

## Dinner

EUR 35.00

## Credits

9 CME credits

## Contact

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## Registration

[www.efort.org/ic/budapest2013](http://www.efort.org/ic/budapest2013)

## Opening hours

Friday, 19 April 2013

07.00 - 17.30

Saturday, 20 April 2013

08.30 - 13.30

## Congress language

English - no translation



## Venue



Uzsoki Hospital &  
Semmelweis University  
Trauma Department

Róna u.196-212  
1145 Budapest

