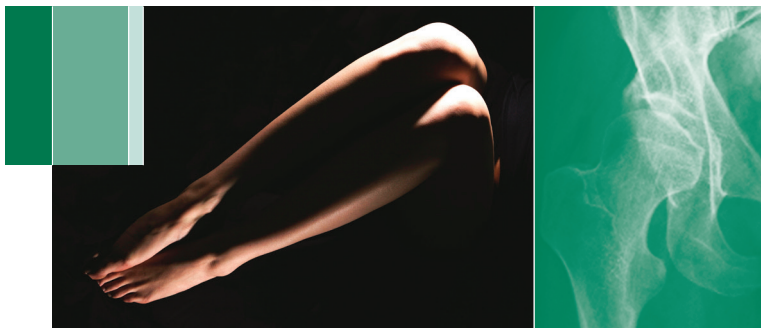


# EFORT Instructional Course

15-16 November 2013



Workshops / Live Surgery



## EFORT Instructional Course

Basel, Switzerland: 15-16 November 2013

### Osteoarthritis: Joint preserving surgery (JPS) of the lower extremity

- Joint preserving surgery around the hip
- Joint preserving surgery around the knee
- Joint preserving surgery around the ankle

#### Hands-on Workshops:

- Hip: Osteotomies, arthroscopy, impingement surgery, chondral repair
- Knee: Osteotomies, arthroscopy, chondral repair, ligament repair
- Ankle/Hindfoot: Osteotomies, arthroscopy, chondral repair, ligament repair

# Welcome



Victor  
Valderrabano



Manuel  
Cassiano Neves

Dear Colleagues,

The relevance of osteoarthritis as a condition has increased significantly in recent decades. All over the world, the treatment of osteoarthritis today still focuses on alleviating symptoms. This results in significant costs for the healthcare sector.

During the 20th century, the options for dealing with osteoarthritis evolved from resection arthroplasty and arthrodesis and from there to total joint arthroplasty. The value of joint preserving surgery (JPS) has been highlighted in the past, and deserves our attention once again when considering the importance of keeping autologous joint structures in order to achieve normal biomechanical function and proprioception, as well as factors such as sporting activities, and the future potential use of osteochondral tissue engineering.

This course offers a comprehensive approach to joint preserving surgery on the lower extremities. The Faculty of this meeting is composed of respected experts who will share their vast experience with the audience.

Basel has played an important role in the history of EFORT, and this course represents something of a trip back to our roots. Professor Erwin Morscher, former chairman of the Orthopaedic Department at the University of Basel, was one of the founding fathers of EFORT and a former EFORT president. Today we are honoured to host the EFORT Instructional Course on joint preserving surgery here in Basel in November 2013.

We look forward to welcoming you!

Yours,

A handwritten signature in black ink, appearing to read 'V. Valderrabano'.

Victor Valderrabano  
Chairman IC Basel 2013

A handwritten signature in black ink, appearing to read 'Manuel Cassiano Neves'.

Manuel Cassiano Neves  
EFORT President  
2013-2014

# Programme

Friday, 15 November

## Osteoarthritis: Joint preserving surgery (JPS) of the lower extremity

Schedule	Topic	
7:30	Registration	
8:00	Opening and welcome	V. Valderrabano G. Pagenstert
8:10	About EFORT	P. Neyret

### JPS around the hip

Schedule	Topic	
Moderators: A. Nowakowski / J. Stöve		
8:30	Osteoarthritis - An overview	V. Valderrabano
8:45	Hip arthroscopy	C. Lampert
9:00	HIP JPS - The Bern algorithm	K. Siebenrock
9:15	HIP JPS - The Ludwigshafen algorithm	J. Stöve
Moderator: G. Pagenstert		
9:30	LIVE SURGERY: Multy-level joint preserving	V. Valderrabano J. Paul
10:30	Coffee break	
11:00	Workshop - JPS around the hip	
	Acetabular osteotomies	K. Siebenrock A. Nowakowski
	Proximal femur osteotomies	J. Stöve C. Forster
	Hip arthroscopy	C. Lampert A. Leumann
12:30	Lunch	

# Programme

Friday, 15 November

## Osteoarthritis: Joint preserving surgery (JPS) of the lower extremity

### JPS around the knee

Schedule	Topic
Moderators: G. Pagenstert / R. Verdonk	
13:30	Ligament instability in JPS G. Pagenstert
13:45	Meniscus preservation and transplantation in JPS R. Verdonk
14:05	Cartilage repair in JPS B. Waibl
14:20	Varus Knee OA P. Koch
14:35	Valgus Knee OA P. Neyret
14:50	Patellofemoral OA J. Romero
15:05	Discussion
15:30	Coffee break
16:00	Workshop - JPS around the knee
	Tibial osteotomy P. Koch P. Neyret
	Chondral repair / MPFL reconstruction B. Waibl J. Paul
	ACL reconstruction G. Pagenstert
17:30	End of the day
19:30	Course Dinner

# Programme

Saturday, 16 November

## Osteoarthritis: Joint preserving surgery (JPS) of the lower extremity

### JPS around the foot & ankle

Schedule	Topic
Moderators: M. Assal / M. Delmi	
8:00	Ankle osteoarthritis A. Barg
8:15	Arthroscopic surgery of ankle degeneration N. Espinosa
8:30	Open surgery: Osteochondral & cartilage ankle lesions M. Wiewiorski
8:45	Ligament repair in ankle JPS B. Cohen
9:00	JPS for varus ankle/hindfoot OA M. Knupp
9:15	JPS for valgus ankle/hindfoot OA V. Valderrabano
9:30	Discussion
9:45	Case discussion: Multilevel surgery J. Paul M. Horisberger
10:15	Coffee break
10:45	Workshop - JPS around the foot & ankle
	AMIC in talus osteochondral lesions / Osteotomy and fracture fixation M. Wiewiorski J. Paul V. Valderrabano
	Arthroscopy and ligament repair N. Espinosa B. Cohen
	Tibia and calcaneus osteotomies A. Barg M. Knupp M. Horisberger
12:15	Lessons learned V. Valderrabano
12:30	End of the course V. Valderrabano

# Patronage societies



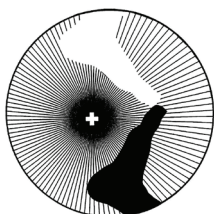
## Faculty:

Victor Valderrabano, Switzerland  
Geert Pagenstert, Switzerland

Bruce Cohen, United States  
Johannes Stöve, Germany  
Philippe Neyret, France  
René Verdonk, Belgium  
Alexej Barg, Switzerland  
Andrej Nowakowski, Switzerland  
André Leumann, Switzerland  
Christoph Lampert, Switzerland  
Csaba Forster, Switzerland  
Jochen Paul, Switzerland  
José Romero, Switzerland  
Klaus Siebenrock, Switzerland  
Mathieu Assal, Switzerland  
Norman Espinosa, Switzerland  
Monika Horisberger, Switzerland  
Markus Knupp, Switzerland  
Marino Delmi, Switzerland  
Martin Wiewiorski, Switzerland  
Bernhard Waibl, Switzerland  
Peter Koch, Switzerland



SGOT - Schweizerische Gesellschaft für  
Orthopädie und Traumatologie



SFAS - Swiss Foot and Ankle Society

# Information

## Course fee

### Participants

EUR 330.00

### Late (08–15.11.2013) and on-site registration

EUR 380.00

### Residents in training

EUR 210.00

### Dinner

EUR 50.00

The registration fees include  
8% Swiss VAT

## Credits

9 CME credits



6 SGOT credits

## Venue

Universitätsspital Basel  
Spitalstrasse 21  
4031 Basel  
Switzerland

Auditorium: ZLF klein

## Scientific committee

Prof. Dr. Dr. Victor Valderrabano

PD Dr. Geert Pagenstert

## Contact

EFORT Head Office

+41 21 343 4400

[www.efort.org](http://www.efort.org)

[scicom@efort.org](mailto:scicom@efort.org)

## Registration

[www.efort.org/ic-basel2013](http://www.efort.org/ic-basel2013)

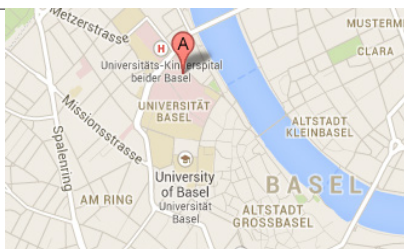
## Opening hours

Friday 15 November: 07.00 – 17.30

Saturday 16 November: 07.30 – 12.30

## Course language

English – no simultaneous translation



## EFORT Advanced Training Programme 2013 – 2014

### EFORT-EHS IC Madrid, 05 – 07 March 2014

Hip pathology in young adults: Basic Course

### EFORT ExMEEx Copenhagen, 25 – 26 April 2014

Periarticular Fractures

### EFORT-EHS IC Bern, 27 – 29 August 2014

Hip pathology in young adults: Advanced Course

More details on: [www.efort.org/training](http://www.efort.org/training)

Save the date!

15<sup>th</sup> EFORT Annual Congress – London, United Kingdom  
04 – 06 June 2014

