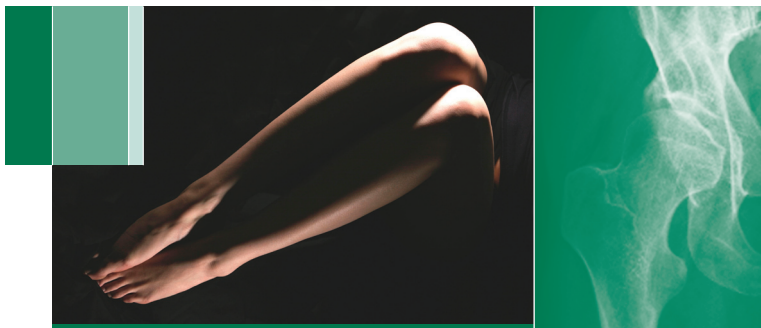


# Instructional Course

11-12 November 2011



Workshops / Live OP



## EFORT Instructional Course

Basel, Switzerland: 11-12 November 2011

### Osteoarthritis: Joint preserving surgery (JPS) of the lower extremity

- Joint preserving surgery around the hip
- Joint preserving surgery around the knee
- Joint preserving surgery around the ankle

#### Hands-on Workshops:

- Hip: Osteotomies, Arthroscopy
- Knee: Osteotomies, arthroscopy, chondral repair, ligament repair
- Ankle/Hindfoot: Osteotomies, arthroscopy, chondral repair, ligament repair

# Welcome



Victor  
Valderrabano



Pierre  
Hoffmeyer

Dear Colleagues,

The relevance of osteoarthritis as a condition has increased significantly in recent decades. All over the world, the treatment of osteoarthritis today still focuses on alleviating symptoms. This results in significant costs for the healthcare sector.

During the 20th century, the options for dealing with osteoarthritis evolved from resection arthroplasty and arthrodesis and from there to total joint arthroplasty. The value of joint-preserving surgery (JPS) has been highlighted in the past, and deserves our attention once again when considering the importance of keeping autologous joint structures in order to achieve normal biomechanical function and proprioception, as well as factors such as sporting activities, and the future potential use of osteochondral tissue engineering.

This course offers a comprehensive approach to joint-preserving surgery on the lower extremities. The faculty of this meeting is composed of respected experts who will share their vast experience with the audience. Basel has played an important role in the history of EFORT, and this course represents something of a trip back to our roots. Professor Erwin Morscher, former chairman of the Orthopaedic Department at the University of Basel, was one of the founding fathers of EFORT and a former EFORT president. Today we are honoured to host the EFORT Instructional Course on joint-preserving surgery here in Basel in the year in which EFORT celebrates its 20th anniversary.

We look forward to welcoming you to Basel!

Yours,

A stylized, handwritten signature in black ink.

Victor Valderrabano  
Chairman

A handwritten signature in black ink, featuring a long horizontal stroke at the end.

Pierre Hoffmeyer  
EFORT Vice President

# Programme

Friday, 11 November

## Osteoarthritis: Joint preserving surgery (JPS) of the lower extremity

Schedule	Topic	Faculty
7:30	Registration	
8:00	Opening and welcome	V. Valderrabano P. Neyret
8:10	About EFORT	P. Neyret

## JPS around the HIP

Schedule	Topic	Faculty
	Moderator: Th. Ilchmann, V. Valderrabano	
8:30	Osteoarthritis	V. Valderrabano
8:45	Hip arthroscopy	M. Dienst
9:00	HIP JPS - the Dresden algorithm	K.-P. Günther
9:15	HIP JPS - the Bern algorithm	K. Siebenrock
9:30	LIVE SURGERY	
10:30	Coffee break	
11:00	Workshop - JPS around the HIP	
	Acetabular osteotomies	K. Siebenrock / V. Valderrabano
	Proximal femur osteotomies	K.-P. Günther / A. Nowakowski
	Hip arthroscopy	M. Dienst / C. Lampert

# Programme

Friday, 11 November

## Osteoarthritis: Joint preserving surgery (JPS) of the lower extremity

### JPS around the KNEE

Schedule	Topic	Faculty
	Moderator: G. Pagenstert, N. Friederich	
13:30	Ligament instability in JPS	G. Pagenstert
13:45	Meniscus preservation and transplantation in JPS	R. Verdonk
14:00	Cartilage repair in JPS	M. Steinwachs
14:15	Varus Knee OA	P. Koch
14:30	Valgus Knee OA	P. Neyret
14:45	Patellofemoral OA	J. Romero
15:00	Discussion	
15:30	Coffee break	
16:00	<b>Workshop - JPS around the KNEE</b> Osteotomies around the knee Meniscus transplantation / chondral repair ACL and MPFL repair	P. Koch / P. Neyret R. Verdonk / M. Steinwachs G. Pagenstert / M. Feist
17:30	End of the day	
19:30	Course Dinner	

# Programme

Saturday, 12 November

## Osteoarthritis: Joint preserving surgery (JPS) of the lower extremity

### JPS around the ANKLE

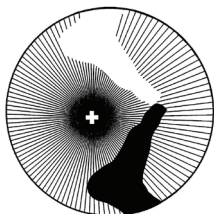
Schedule	Topic	Faculty
	Moderator: J. Nunley, A. Frigg	
8:00	Ankle osteoarthritis	J. Nunley
8:15	Arthroscopic surgery of ankle degeneration	N. Espinosa
8:30	Open surgery: osteochondral & cartilage ankle lesions	V. Valderrabano
8:45	Ligament repair in ankle JPS	J. DeOrio
9:00	JPS for varus ankle/hindfoot OA	M. Easley
9:15	JPS for valgus ankle/hindfoot OA	M. Knupp
9:30	Discussion	
9:45	Case discussion: multilevel surgery	A. Frigg
10:15	Coffee break	
10:45	<b>Workshop - JPS around the ANKLE</b> AMIC in talus osteochondral lesions  Arthroscopy and ligament repair  Tibia and calcaneus osteotomies	V. Valderrabano / A. Leumann  N. Espinosa / J. DeOrio  M. Easley / A. Frigg
12:15	Lessons learned	V. Valderrabano
12:30	End of the course	

# Faculty

## Patronage society:



SGOT - Schweizerische Gesellschaft für  
Orthopädie und Traumatologie



SFAS - Swiss Foot and Ankle Society

## Faculty:

James DeOrio, USA  
Michael Dienst, Germany  
Norman Espinosa, Switzerland  
Mark Easley, USA  
Markus Feist, Germany  
Niklaus Friederich, Switzerland  
Arno Frigg, Switzerland  
Klaus-Peter Günther, Germany  
Thomas Ilchmann, Switzerland  
Markus Knupp, Switzerland  
Peter Koch, Switzerland  
Christoph Lampert, Switzerland  
André Leumann, Switzerland  
Philippe Neyret, France  
Andrej Nowakowski, Switzerland  
James Nunley, USA  
Geert Pagenstert, Switzerland  
Jose Romero, Switzerland  
Klaus Siebenrock, Switzerland  
Matthias Steinwachs, Switzerland  
Victor Valderrabano, Switzerland  
Rene Verdonk, Belgium

# Information

## Course fee

### Participants

EUR 250.00

incl. Dinner

EUR 325.00

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### Residents in training

EUR 125.00

incl. Dinner

EUR 200.00

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## Credits

approx. 9 European credits

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## Course language

English – no simultaneous  
translation

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## Scientific committee

Prof. Dr. Victor Valderrabano

Dr. Geert Pagenstert

Prof. Dr. Maurilio Marcacci

## Venue

Universitätsspital Basel

Spitalstrasse 21

4031 Basel

Switzerland

Auditorium: ZLF klein

## Registration

[www.efort.org/ic/basel2011](http://www.efort.org/ic/basel2011)

## Opening hours

Friday 11 November: 07.30 – 17.30

Saturday 12 November: 08.00 – 12.30

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## Forthcoming EFORT IC' and ExMEx

Register now

### EFORT Advanced Training Programme 2011 / 2012

**EPOS-EFORT IC Vienna 2012, 18-20 March 2011**

Paediatrics: Basic I

**12th EFORT Congress: Copenhagen 2011, 1-4 June 2011**

**EPOS-EFORT IC Vienna 2011, 12-14 October 2011**

Paediatrics: Trauma

**Trauma ExMEx Forum Barcelona 2012, 16-17 March 2012**

Periprosthetic fractures

**EPOS-EFORT IC Vienna 2012, 28-30 March 2012**

Paediatrics: Basic II

**Hip ExMEx Forum Athens 2012, 20-21 April 2012**

Advancing the science and art of Hip Arthroscopy:

Primary and Revision Hip arthroplasty

Save the date!

**13th EFORT Congress: 23-25 May 2012**

