## 17<sup>th</sup> EFORT Congress 2016

Abstract submission deadline 30 October 2015 at 15:59 CET

Early registration deadline 29 February 2016







## Call for abstracts & first announcement

Geneva, Switzerland 01–03 June 2016 Main theme: Maintaining Activity Through Life

## ♥ #EFORT2016



www.efort.org/academy





## The EFORT Academy

A peer network, where orthopaedic surgeons & healthcare leaders meet 99 #EFORT2015

## **Excellence in Orthopaedics and Traumatology**

The EFORT Academy's main objective is to sustain the vision of EFORT, to capture and build on the professional capacity of the Federation by driving the scientific agenda, harmonising education and treatment, encouraging knowledge exchange and performing with a high level of integrity.

The Academy offers a FELLOWSHIP affiliation which is open internationally to all interested surgeons, physicians, researchers and allied healthcare providers in the field of orthopaedics and musculoskeletal trauma.

Benefits for accepted Academy Fellows include a free entrance to the 2016 EFORT Annual Congress in Geneva, as well as fast track registration, amongst others.

### Save on the EFORT Annual Congress registration fee: apply NOW to become an EFORT ACADEMY fellow!

Application deadline is 31 October 2015

ANNUAL FULL MEMBERSHIP

ANNUAL JUNIOR MEMBERSHIP 300 euros

490 euros



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6 1180 Rolle, Switzerland

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11-13 CONGRESS ORGANISERS

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Cover picture, left: Montgolfiades2008 © GeneveTourisme – Olivier Miche

### Welcome from EFORT



Prof. Dr. Enric Cáceres Palou President EFORT 2015/16



Prof. Alain Farron President swiss orthopaedics 2014/2016

Dear Participants,

The Executive Committee of EFORT and the local organizing swiss orthopaedics would like to invite you to attend the 17<sup>th</sup> EFORT Congress in Geneva on 01–03 June 2016. We are delighted to announce that for the third time in the history of EFORT, this will be a combined meeting with a national society – in this instance swiss orthopaedics.

The EFORT Scientific Committee, chaired by Professor Thierry Bégué, with ongoing support from the Specialist Societies, has created an exceptional programme covering varied topics from basic research to areas within daily practice of orthopaedics and trauma. The main theme of the Congress in Geneva will be "Maintaining Activity Through Life".

Highlights of the Congress include clinical judgement in the aged spine, influence of age on reconstruction in bone tumours, early care achieves lifetime mobility, degenerative foot and ankle as well as pitfalls in rotator cuff surgery only to mentioned a few. As in previous editions, there will be the Michael Freeman and Erwin Morscher honorary lectures, delivered by two highly distinguished orthopaedic surgeons. Swiss orthopaedics' plenary lecture – the Maurice Edmond Müller session – will also be included in the programme and will be open to all participants.

The format of the meeting is again designed to encourage interaction among participants, with both symposia and instructional lectures being delivered by distinguished speakers from all over Europe. Among the other sessions are the interactive expert exchanges, complex case discussions and debate fora, as well as several evidence based medicine sessions.

The scientific programme would, however, be incomplete without your participation and we hope you will attend the upcoming Congress. We also encourage you to submit abstracts, the presentation of which forms a major part of the meeting.

We all look forward to meeting you at the 17th EFORT Congress in the city of Geneva – a cosmopolitan city of humane dimensions in the heart of Europe.

Prof. Dr. Enric Cáceres Palou President EFORT 2015/16

Prof. Alain Farron President swiss orthopaedics 2014/2016

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#### NATIONAL MEMBER SOCIETIES

INATIONAL IVIEIVIDEI	N SUCIEITE:	)
Albania	AAOST	Albanian Association of Orthopaedic Surgery and Traumatology
Austria	ÖG0	Austrian Society of Orthopaedics and Orthopaedical Surgery
Belarus	BRSMTOS	Belarus Republic Scientific Medical Society of Trauma and Orthopedic Surgeons
Belgium	BVOT	Belgian Association of Orthopaedics and Traumatology
Belgium	SORBCOT	Belgian Royal Society of Orthopaedic Surgery and Traumatology
Bosnia and Herzegovina	OTSABH	Orthopaedic and Traumatology Surgeons Association of Bosnia and Herzegovina
Bulgaria	BOTA	Bulgarian Orthopaedics and Traumatology Association
Croatia	COTA/HUOT	Croatian Orthopaedic and Traumatology Association
Croatia	CrOS	Croatian Orthopaedic Society of the Croatian Medical Association
Cyprus	CAOST	Cyprus Association of Orthopaedic Surgery and Traumatology
Czech Republic	CSOT	Czech Society for Orthopaedics and Traumatology
Denmark	DOS	Danish Orthopaedic Society
Estonia	ETOS	Estonian Orthopaedic Society
Finland	SOY-FOA	Finnish Orthopaedic Association
Former Yugoslav	501107	
Republic of Macedonia	MAOT	Macedonian Association of Orthopaedics and Traumatology
France	SOFCOT	French Society of Orthopaedic Surgery and Traumatology
Germany	BVOU	Professional Association of Orthopaedics and Trauma Surgery
Germany	DGOOC	German Association of Orthopaedics and Orthopaedic Surgery
Germany	DGU	German Trauma Society
Greece	HAOST	Hellenic Association of Orthopaedic Surgery and Traumatology
Hungary	MOT/HOA	Hungarian Orthopaedic Association
Iceland	IBF	Icelandic Orthopaedic Society
Ireland	IOA	Irish Orthopaedic Association
	SIOT	Italian Society of Orthopaedics and Traumatology
Italy Kosovo	KSOTS	
		Kosovo Society of Orthopaedics and Trauma Surgeons
Latvia		Latvian Association of Traumatology and Orthopaedics
Lithuania	LSOT/LOTD	Lithuanian Society of Orthopaedics and Traumatology
Luxembourg	SLOT	Luxembourgian Society of Orthopaedics and Traumatology
Malta	AOTSM	Association of Orthopaedic and Trauma Surgeons of Malta
Montenegro	AMOT	Association of Orthopaedics and Traumatologists of Montenegro
Netherlands	NOV	Dutch Orthopaedic Association
Norway	NOF	Norwegian Orthopaedic Association
Poland	PTOiTR	Polish Orthopaedic and Traumatologic Society
Portugal	SPOT	Portuguese Society of Orthopaedics and Traumatology
Romania	SOROT	Romanian Society of Orthopaedics and Traumatology
Russian Federation	AOTRF	Association of Orthopaedists and Traumatologists of the Russian Federation
Serbia	SOTA	Serbian Orthopaedic Trauma Association
Slovakia	SOTS	Slovak Orthopaedic and Traumatologic Society
Slovenia	SOA/ZOSZD	Slovenian Orthopaedic Society
Spain	SECOT	Spanish Orthopaedic and Traumatology Society
Sweden	SOF	Swedish Orthopaedic Association
Switzerland		Swiss Society of Orthopaedics and Traumatology (swiss orthopaedics)
Turkey	TSOT/TOTBID	Turkish Society of Orthopaedics and Traumatology
Ukraine	UAOST	Ukrainian Association of Orthopaedic Surgeons and Traumatologists
United Kingdom	BOA	British Orthopaedic Association

#### ASSOCIATE SCIENTIFIC MEMBERS

Armenia	AOTRA	Association of Orthopaedists, Traumato logists and Rehabilitologists of Armenia			
Asia Pacific	APOA	Asia Pacific Orthopaedic Association			
Australia	AOA	Australian Orthopaedic Association			
Azerbaijan	AAOT	Azerbaijan Association of Orthopaedics and Traumatology			
Cameroon	CSOST	Cameroonian Society of Orthopaedics and Trauma Surgery			
Egypt	EOA	Egyptian Orthopaedic Association			
Israel	IOA	Israeli Orthopaedic Association			
Jordan	JOA	Jordanian Orthopaedic Association			
Lebanon	LOA	Lebanese Orthopaedic Association			
Northern Europe	NOF	Nordic Orthopaedic Federation			
Saudi Arabia	SOA	Saudi Orthopaedic Association			
Iran	POTA	Persian Orthopaedic Trauma Association			

#### SPECIALITY SOCIETIES

Speciality Society Sessions form an integral part of each EFORT Congress.

EFORT would like to take this opportunity to thank already the Speciality Societies that will be involved in the 17<sup>th</sup> EFORT Congress in Geneva for their valuable input and active contribution to the scientific programme.

## Call for abstracts



Submit your abstract: Submission opens: www.efort.org/abstracts2016 15 September – 30 October 2015 15:59 CET

#### ABSTRACT SUBMISSION

The abstract submission system is accessible through the EFORT portal at www.efort.org/geneva2016 from 15 September 2015.

EFORT does not accept resubmissions. Only abstracts submitted electronically can be accepted.

#### CATEGORIES OF ABSTRACT SUBMISSION

Spine TraumaShoulder and Upper Arm TraumaElbow and Forearm TraumaHand and Wrist TraumaPelvic TraumaHip and Femur TraumaKnee and Lower Leg TraumaFoot and Ankle TraumaPolytraumaPolytraumaVaria TraumaORTHOPAEDICSSpineShoulder &t Upper ArmElbow &t ForearmWrist &t HandPelvis, Hip &t FemurKnee et Lower LegFoot &t AnklePaediatric SorthopaedicsMusculoskeletal InfectionsGENERAL TOPICSBiomechanicsImplants, Biomaterials and Registry StudiesSystemic DisordersMethodologyHealth EconomyEducationQuality ManagementMiscellaneous	TRAUMA
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Paediatric Trauma         Varia Trauma         ORTHOPAEDICS         Spine         Shoulder & Upper Arm         Elbow & Forearm         Wrist & Hand         Pelvis, Hip & Femur         Knee & Lower Leg         Foot & Ankle         Paediatrics Orthopaedics         Musculoskeletal Tumors         Musculoskeletal Infections         GENERAL TOPICS         Basic Science         Biomechanics         Implants, Biomaterials and Registry Studies         Systemic Disorders         Methodology         Health Economy         Education         Quality Management	Foot and Ankle Trauma
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Methodology Health Economy Education Quality Management	Implants, Biomaterials and Registry Studies
Health Economy Education Quality Management	Systemic Disorders
Education Quality Management	Methodology
Quality Management	Health Economy
	Education
Miscellaneous	Quality Management
	Miscellaneous

#### **ONLINE SUBMISSION PROCEDURE**

After logging on to the EFORT portal, be sure to follow the onscreen instructions precisely as they lead you through the submission process. Please be aware that some information is mandatory. EFORT does not accept resubmissions. Only abstracts submitted electronically can be accepted. Abstracts must correspond to original, previously unpublished work. EFORT reserves the right to reject your abstract if previously presented.

There is no restriction on the number of abstracts you may submit, although double submissions will not be accepted. Only one type of presentation should be considered for each abstract. Only three oral presentations and three posters will be accepted per registered participant.

Authors can modify the author information, category and core data of their abstract(s) directly on the submission system only until the deadline given. Consider your submission category carefully. EFORT reserves the right to change the category of your abstract. For more details, please visit: www.efort.org/abstracts2016

#### INFORMATION ON ABSTRACT ACCEPTANCE

You will be notified by e-mail about the acceptance of your abstract(s) by 29 January 2016 at the latest. The presenting author of a selected abstract must undertake to attend the Congress and present the abstract in the session and at the time designated by the Scientific Committee. EFORT therefore requires all presenting authors to register by 29 February 2016 at the latest. Only registrations for the full Congress are accepted (no day registrations).

#### ABSTRACT SUBMISSION SUPPORT

Support for submitters will be provided only by direct query to: abstracts@efort.org

#### **ORAL PRESENTATIONS**

Only computer projection will be available for presentations in the meeting rooms. To ensure that sessions run smoothly, please refer to the Presentation Guidelines available online.

The best-rated Free Papers may be put forward for the EFORT Free Paper Award. From the presentations that are received, the three best will be selected for the award. The authors of the selected papers will be informed prior to the Congress, and certificates will be presented during the official opening ceremony.

#### POSTER PRESENTATIONS

The poster presentations will be in wall poster format. A large display area within the exhibition will be dedicated to poster presentations.

Out of the best-rated poster abstracts submitted for the Congress, the ten best will be awarded the Jacques Duparc Award. Authors will be informed prior to the Congress, and certificates will be presented during the official opening ceremony.

Important dates to remember



#### CONGRESS DEADLINES

Abstract submission & registration open	15 September 2015			
Abstract submission closes	30 October 2015 15:59 CET			
Confirmation of abstract acceptance	29 January 2016			
Early registration deadline	29 February 2016			
Advanced programme available	15 March 2016			
On-site rates apply	03 May 2016			

#### PRELIMINARY CONGRESS SCHEDULE

31 May Tuesday	01 June Wednesday		02 June Thursday			03 June Friday	
		Morning sessions 09.00-10.30		Morning sessions 08.15-09.45 Industry Break		Morning sessions 08.15-09.45 Industry Break	
	7.30	Industry Break Morning sessions	17.30	Morning sessions 10.15-11.15	17.00	Morning sessions 10.15-11.15	
	09.00 - 1	11.00-12.00 Opening Session		Morning sessions 11.30-12.30	- 00.60	Morning sessions 11.30-12.30	
	Exhibition 0	12.15 - 13.00 <b>13.00 - 14.30</b> Industry Lunch Symposia	13.00 - 14.30 Industry Lunch	Honorary Lecture <b>13.15 - 14.45</b> Industry Lunch Symposia	Exhibition (	Honorary Lecture <b>13.15 - 14.45</b> Industry Lunch Symposia	
		MEM Lecture Afternoon sessions 15.30-16.30	ш	Afternoon sessions 15.00-16.30		Afternoon sessions 15.00-16.30	
		Industry Break Afternoon sessions 17.00-18.30		Industry Break Afternoon sessions 17.00-18.30		Industry Break Afternoon sessions 17.00-18.30	

#### PRELIMINARY EXHIBITION SCHEDULE

Wednesday, 01 June 2016	09.00 - 17.30
Thursday, 02 June 2016	09.00 - 17.30
Friday, 03 June 2016	09.00 - 17.00

### Preliminary scientific Programme



#### HIGHLIGHTS

#### **General Orthopaedics**

- Tribology: Bearing choices
- Bones and Joints: Replace or repair
- Implants & Biomaterials: Is New Safe?
- The obese patient
- Innovation and sustainability

#### Musculoskeletal Tumors

Influence of age on reconstruction in bone tumors

#### Musculoskeletal Infections

Strategies in infected implants

#### Spine

Clinical judgement in the aged spine

#### Upper Limb

- Hand: the tool to care for!
- Computer assisted shoulder surgery
- Pitfalls in rotator cuff surgery

#### Lower Limb

- Knee replacements: expectations and reality
- Perioperative management in TKR
- Hip replacements: expectations and limits
- New approach, new components, new problems
- Cemented or cementless
- Degenerative Foot & Ankle

#### Trauma

Augmented implants

#### Paediatrics

Early care achieves life-time mobility

#### MAIN THEME: MAINTAINING ACTIVITY THROUGH LIFE

#### Our patients live longer, orthopaedic surgeons help them live better!

Fact: Our populations are ageing, a byproduct of our modern and affluent societies. Bones develop fragility, muscles become sarcopenic, and joints wear out. Joint pain, falls and fragility related fractures have become the modern plague. Orthogeriatrics has become a buzz word and units are sprouting throughout Europe. EFORT's goal is to keep our patients active, mobile and pain-free. All studies agree that maintaining elderly patients mobile and active is economically, socially, medically and ethically, the sound approach.

Come to Geneva and learn about the latest practices and techniques for the care of the ageing musculoskeletal system. Complex problems such as polytrauma in the elderly, biomechanical evaluation of the aged patient, clinical algorithms for spinal fragility fractures and complications of surgical interventions will be discussed in-depth. Leading experts in the field will describe in detail the latest evidence-based techniques in prosthetics, fracture repair and rehabilitation.

Discover how you can make a more significant difference in curbing the increasing burden of musculoskeletal injuries and diseases in this looming ageing epidemic: come to Geneva! – Prof. Dr. Pierre Hoffmeyer

#### **INTERACTIVE EXPERT EXCHANGE (IEE)**

#### Primary target attendees: Confirmed specialists and senior consultants

**Paying session and pre-registration mandatory.** Please check online registration for further details as of 15 September 2015.

Max. capacity: 100 participants per session

Please note that IEE sessions may be attended only if the participant is registered for the Congress

#### Session structure

The IEEs are conducted by 5 Faculty members around a slot of 2 hours divided as follows:

**1. Introduction:** The moderator introduces 5 topics and the audience answers 10 open questions (each topic associated to 2 major questions) during an initial voting session (10 min).

**2. Presentations:** The speakers present evidence linked to each topic and to the questions that have been addressed previously as a theoretical symposium (50 minutes, 5 presentations).

**3. Discussion:** Each speaker discusses cases related to their topic and introduces the question "What would you do?" to promote the input of the audience. A group of challengers are invited. A conclusion is formulated after the exchange and a second voting session (1 hour).

#### Thursday 02 June 2016 | 10:15 to 12:30

- Anterior Shoulder Instability Current Concepts | Shoulder & Upper Arm Trauma
- New Approach, New Components, New Problems? | Pelvis, Hip & Femur
- Clinical Research On Implant Innovation | Basic Sciences
- Meniscus: How To Fix It? | Knee & Lower Leg



#### Friday 03 June 2016 | 10:15 to 12:30

- Strategies For Fragility Fractures In The Upper Limb | Shoulder & Upper Arm Trauma
- Lax And Painful Shoulder | Shoulder & Upper Arm
- Clinical Judgement In The Aged Spine | Spine
- Decision Making In DDH: From Adolescents To Early Adult Life | Paediatric Orthopaedics

#### NURSE

Primary target attendees: Nurses and other allied health care providers Pre-registration mandatory. Please check online registration for further details as of 15 September 2015.

This full-day course addresses European Orthopaedic and Trauma Nurses and other allied health care providers. Active involvement of the attendees will maximise the benefits of this unique encounter between experienced faculty members, industry representatives and participants. For more information, visit the congress website.

**Abstract Submission:** A specific category named "Nurse" is available on our online abstract submission system to include the work of nurses and other healthcare professionals within the overall abstract handling for the congress (unique deadlines for all participants).

#### REGISTRATION

Participants are requested to register in advance using the online portal on the congress website www.efort.org/geneva2016. The registration system will open on 15 September 2015.

For the complete list of registration fees and other courses, please check our congress website as of 15 September 2015. All fees are indicated in EUR, incl. VAT (may be subject to change without prior notice). The late registration fee will apply to any forms received from 01 March to 02 May 2016. Registrations received as of 03 May 2016 will be processed as on-site registrations.

EFORT Annual Congress Geneva 2016	EARLY	LATE	ON-SITE
prices in EUR, incl. VAT	up to 29 February 2016	01 March to 02 May 2016	as of 03 May 2016
EFORT Academy Member	included in annual membership		EUR 105
Member of European National Society <sup>1</sup>	EUR 490	EUR 540	EUR 620
Non-member	EUR 800	EUR 850	EUR 930
Resident in training <sup>2</sup>	EUR 280	EUR 360	EUR 410
Student <sup>2</sup>	EUR 200	EUR 200	EUR 200
Nurses and other healthcare professional	EUR 200	EUR 200	EUR 200

<sup>1</sup> By selecting this rate, you certify that you are a member of one of the European National member societies listed on page 5.

<sup>2</sup> Proof of status must be provided, otherwise the regular fee will apply.



#### THE SCIENTIFIC PROGRAMME WILL CONSIST OF:

- Complex Case Discussions
- Debate Fora
- Evidence-Based Medicine Sessions
- Free Paper Sessions
- Honorary Lectures
- Industry Symposia
- Interactive Expert Exchange Sessions (new format)
- Instructional Lectures
- Maurice Edmond Müller Lecture (swiss orthopaedics)
- Symposia
- Wall Poster Sessions

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## A COSMOPOLITAN CITY OF HUMANE DIMENSIONS IN THE HEART OF EUROPE





In a country of spectacular natural beauty, Geneva is one of Switzerland's most beautiful cities. Set on the banks of Lake Geneva between the Alps and the Jura mountains in the Southwest corner of Switzerland, Geneva enjoys a temperate climate and breath taking scenery, with Alpine lakes, snow-capped mountains, lush forests and enchanting countryside.

Geneva enjoys a worldwide reputation as a conference city; it embodies the creativity of science and technology, a vigorous business sector, and has a special cultural appeal with unmistakable flair and charm. Geneva is an ideal destination with its central location in Europe, served by an excellent transport and communication infrastructure. Draped around the deep blue waters of Lake Geneva, Geneva has grown wealthy and influential as the cultural and economic focus of French-speaking Switzerland.

As host city of many international organisations, Geneva has a long tradition of humanism and communication as well as an established reputation as a centre for arts and culture. The city has over 30 museums, as well as many art galleries, theatres and an opera house. Fashionable hotels, chic restaurants and elegant shops jostle for position along the flower-decked lakefront that encircles the famous "Jet d'Eau" Fountain. The fountain shoots 500 litres of water per second to a height of 140 meters above the Lake Geneva. The "Jet d'Eau" has come to symbolise Geneva around the world and traditionally signals the coming of spring each year.





#### HOW TO COME TO GENEVA

Located in the centre of Europe, Geneva is easily accessible by air and train from all major European cities, and there are interesting low-budget connections from several of them. The international airport is only 15 minutes from downtown.

#### Travel by air

Geneva International Airport, Switzerland's second largest, lies 5 km northwest of downtown Geneva, in Cointrin. When you arrive, pick up a free ticket from the dispensers in the baggage hall just before customs. The ticket is valid for 80 minutes and gives you free transportation on trains, buses, trams, and mouettes (water shuttles).

#### Travel by train

Gare Cornavin is the main Railway Station in Geneva. It is located in the city centre, 10 minutes walking distance from the Lake and 20 from Geneva Old Town. High-speed trains ((TGV)) run from Paris (about 3 ½ hours ride) and other French cities, while EuroCities go to Italy and other countries. Geneva is also well-connected by rail from Germany and the rest of Switzerland.

Train schedules and prices are available on www.rail.ch.

Many city trams & buses are accessible outside the station. Plans and schedules are available on www.tpg.ch (so far only in French).

#### Travel by car

Entering Switzerland via a highway (i.e. Geneve "Bardonnex") requires the payment of the Highway annual tax of CHF 40. Those with no further plans to use the Swiss highway system should enter via a "regular" road.

#### HOW TO REACH THE CONGRESS CENTER

#### Palexpo

Palexpo, Geneva's exhibition and convention centre, offers 106,000 sqm with seven halls of interconnected event space close to Geneva international airport and the city's rail station. Palexpo is also easily accessible by motorway from the rest of Switzerland as well as from France, Italy and Germany, and offers on-site parking for 2,800 vehicles. The 17<sup>th</sup> EFORT Congress is taking place in Palexpo Exhibition Hall 1.

#### Access and parking

The Palexpo site is located at a railway and road traffic hub in the very heart of Europe, just a 10-minute walk from Geneva Airport and its railway station and a 15-minute bus ride from the city centre. Trains operating at regular intervals take only 10 minutes to run between the airport and the centre.

#### By car

To reach the Palexpo, take the motorway and follow the signs to the airport (Aéroport) or Palexpo. Parking possibilities are available directly at the Palexpo (P12).

More than 2,800 parking spaces are available to visitors and exhibitors directly on the Palexpo site. The P12 car

## **Travel information**



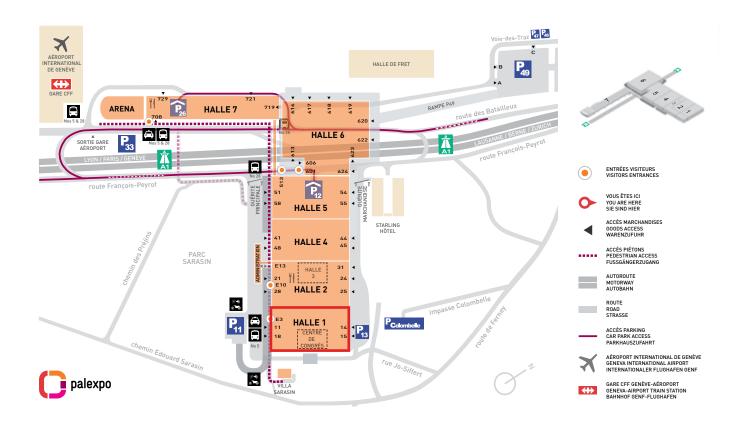
park also has designated disabled parking.

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Efficient ground transfers are available from Geneva Palexpo to the city centre and the main train station. N° 5 bus (Hôpital – Palexpo – Aéroport) links Geneva Palexpo with the City Centre in 20 minutes and runs frequently from early morning to late in the evening.

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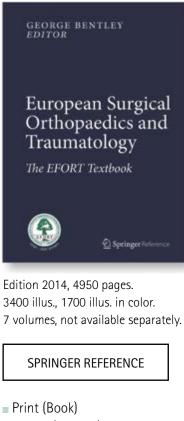
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