3rd MEDITERRANEAN TRAUMA CONFERENCE

Preliminary programme
Call for papers

23-24-25 September 2016
Palm Beach Hotel, Larnaca, Cyprus

EACCME awards the conference with 12 CME points
(EACCME points are recognized by the American Medical Association towards the Physician’s Recognition Award)

Organised by:
• The Cyprus Association of Orthopaedic Surgery and Traumatology
• The Mediterranean Federation of Orthopaedics and Traumatology

Tel.:+357 22466400, Fax: +357 22767680
Email: mse@mse.com.cy
Web page : www.mse.com.cy
Dear Friends,

The Cyprus Association of Orthopaedics and Traumatology (CAOST) and Mediterranean Federation of Orthopaedics and Traumatology (MEDFORT) together we have prepared what we feel is a very strong scientific programme covering all the topics of trauma in Orthopaedics.

We are very happy to have the confirmation of more than 30 experts in their field in trauma and orthopaedics and we are also happy to see that the EFORT is embracing the event with an EFFORT FORA and EACCME has accepted to award a significant number CME points. In addition the AO educational committee will participate in the conference with a dedicated session as well as the European Society of Tissue Regeneration in Orthopaedics (ESTROT).

The Scientific committee of the congress includes many experts from Mediterranean countries and is chaired by Professor Peter Giannoudis, Professor of Orthopaedics in Leeds and current Editor in Chief of the Injury Journal and chairman of the international committee of the OTA (Orthopaedic Trauma Association).

The conference apart from the scientific programme we also have sessions for free papers and posters and sessions for physiotherapists. Please see the programme for details.

There is a number of hotels of various prices from which you can choose and we are preparing a very interesting social programme including a Mediterranean night by the sea.

Looking forward to welcoming you in Cyprus,

Odysseas Athanatos
President of CAOST

Nikos Maroudias
President of MEDFORT
### 1) Poly trauma EFORT FORUM (2hrs)

**Chairmen: Prof. Giannoudis (Chairman of the International Scientific Committee), G. Machairas**

1. What’s new in the definition and physiological assessment of polytrauma patients? Prof. Peter Giannoudis
2. How to decide: DCO or ETC? (Damage Control Orthopaedics or Early Total Care) – Prof. Chris Werken
3. Biological Criteria for Second Hit Surgery – Prof. Thiery Begue
4. Clinical outcome after polytrauma: what should we expect? Dr Nikos Kanakaris
5. Polytrauma – Our Experience – Prof. Volpin Gershon
6. How to achieve temporary stability of fractures in orthopaedic damage control (Tips and tricks) – Dr. Petros Spastris

### 2) Pediatric

**Chairman: Dr. Michalis Zenios**

7. Complications after Femoral shaft fractures: What to expect and how to avoid them? T. Tosounidis UK
8. Triplane ankle fractures – Prof. Chris Werken
9. Supracondylar elbow fractures: Can we do better? – Prof. Socrates Varitimidis
10. Treatment and over treatment in Pediatric injuries. What is acceptable?
11. TSF in pediatric Orthopaedics – Dr. Michalis Zenios

### 3) Ankle

**AOTEU Session, Chairman: Prof. Peter Brink, President of Educational Committee**

- Ankle fractures in severe osteoporosis
- Syndesmotic injuries
- Pilon fractures
- Talar fractures
- Is permissive weight bearing an option?

- Heiner Winker, Germany
- Marco Berlusconi, Italy
- Anna Ekman, Sweden
- Minos Tyllianakis, Greece
- Peter Brink Netherlands

### 4) Upper Limb/Humerus

**Chairman: Gershon Volpin**

17. Dislocations of the sterno-clavicular joint - Roger Simmermacher
18. Dislocation of AC joint – Prof. Peter Brink
19. Proximal Humeral Fracture - Conservative vs ORIF. PROS AND CONS – Dr. Christos Patsalides
20. Minimal Invasive Surgery of Fractures at the Proximal Humerus – Prof. Gershon Volpin
21. Management of humeral non union with circular frame – Prof. Gamal Hosney
22. Failure in humeral fractures: what to do & how – Prof Calori

### 5) Upper limb/Elbow + Forearm + Wrist

**Chairman: Prof Chris van der Werken**

23. Complex fracture - dislocations of the elbow - Prof Chris van der Werken
24. Elbow Instability - Terrible trial of the elbow - Minos Tyllianakis
25. Radial head injuries: replacement or reconstruction – Prof. Socrates Varitimidis
26. Wrist Fractures - Minos Tyllianakis

### 6) Periarticular fractures around the knee.

**Chairman: Kemal Actuglu**

27. Distal femoral fractures: How I decide to nail or to plate? Prof. Rami Mosheiff
28. Distal femoral fractures: When to ORIF and when to replace
29. Management of Comminuted patella fractures: what have we learned?
30. What is new in the management of floating knee injuries? Sajovic
31. Lack of Evidence of weight bearing after fracture fixation – Peter Brink
32. Combined Arthroscopic and Minimal Invasive Surgery for Fractures of the Tibial Plateau – Gershon Volpin

### 7) ESTROT SESSION: Myths, Facts and Current Trends in Bone Reconstruction

**Chairmen: Giannoudis, Begue, Calori**

33. Can I predict early the development of non-union? Prof G Calori
34. Diamond concept of bone repair: What have we learned? P Giannoudis
35. Critical size bone defects: The role and an update on the Masquelet technique T Begue
36. Infected non-unions: Protocol of management and open questions. Dr N Kanakaris
37. Bone Transport: Common complications and how to avoid them!
8) Lower Extremity
   
   **Chairman:** Prof. Constantinos Malizos

38. Knee dislocations and Arterial injuries – Prof. Constantinos Malizos
39. Mangled extremity – Socrates Varitimidis
40. Tibia nailing reamed vrsunreamed – Kemal Actuglu
41. The role of circular frame fixator in severe injuries of the knee – Gamal Hosny
42. An update on the management of plateaux fractures – Prof Giannoudis

9) Pelvic and Acetabular Injuries

43. New approaches – Dr Tosounidis
44. Impaction injuries – P Giannoudis
45. Acetabular fractures in the elderly, tips and tricks for ORIF – Prof Chris Werken
46. Combined pelvic and acetabular fractures – N Kanakaris
47. Acute and late THR following acetabular injuries – Prof. Theofilos Karachalios
48. The Treatment of Unstable Patients With high energy Unstable Fractures of the Pelvis – Prof. Rami Mosheiff

10) Periprosthetic Fractures

49. Upcoming Epidemic – Thiery Beguet
50. Periprosthetic Fractures around the knee, fix or replace – Prof. Theofilos Karachalios
51. Periprosthetic fracture of the Hip - Velkes

11) Free Paper Sessions

12) Physiotherapy Session
For the attention of the authors

Submitted papers:

• The Organising Committee invites authors to submit papers for supplementary presentations in Orthopaedics and Traumatology

• The selection of the papers will be based on a review process concerning the contribution and clarity of presentation.

• Prospective Authors are invited to submit a one page Abstract of the proposed paper in MS Word as an e-mail attachment to the conference secretariat: mse@mse.com.cy

• It is recommended that a brief professional biography or curriculum vitae (a maximum of half a page in length) is included with the abstract as a separate document.

• The paper should be of minimal commercial content. Submission of an abstract implies a commitment to present the paper if accepted.

Conference presentations:

• The presentation of all the selected papers will be 8 minutes in duration.

• Conference proceedings: All accepted papers and the papers of the invited speakers will be available to the registered participants in the Conference webpage www.medofrt.org

• Official language: The official language of the conference is English.

Important Dates:

• June 1st, 2016: Deadline for abstract submissions
• July 1st, 2016: Notification of acceptance
• September 23-25, 2016: Conference dates

Cyprus, General Information
Cyprus is an Island Republic in the easternmost corner of the Mediterranean Sea.

Language
Greek is the official language of Cyprus. English is widely spoken throughout the country and an increasing number of people also speak French, German and Russian.

Currency-Credit cards
Most major credit cards are accepted throughout the island, including American Express, Diners’ Club, Euro card, Master card Access and Visa. Personal cheques are not accepted. Payment in foreign currency is accepted at the current exchange rate of the day of the payment. The monetary unit is Euro.

Climate
Cyprus has one of the healthiest climates in the world. It is an ideal holiday island with more than 330 days of sunshine, mild winters, hot dry summers, clear skies and clean air. Average temperature in Larnaca in September is 25°C with average sea temperature 24°C.

Flights to Cyprus
Direct flights to Cyprus are available from most European capitals.

The City of Larnaca
Larnaca (also spelt Larnaka) is an area of outstanding beauty - endowed with numerous attractions, waterfronts and scenic vistas as well as some of the islands most outstanding beaches. It is located on Cyprus’ southernmost coast and is the countries third largest city and home to the second largest commercial port. Larnaca’s International Airport is located on the fringe of the city with easy access to and from the city centre.

Conference Hotel – Palm Beach
Long-established and popular Hotel has been extensively renovated and upgraded recently and features 5* facilities and services. The tranquil Mediterranean coastline is fringed by palm trees and surrounded by gardens where exotic, native species of plants provide colourful highlights. The Hotel features superb services and classic comforts. Ideally located, close to both Larnaca International Airport and the Town Centre, this Hotel provides the perfect setting for both business and pleasure.