



Bone & Joint

Mark Paterson Bone and Joint Journal & EFORT Travelling Fellowship 2016

Report

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From May 23rd to June 3rd 2016, Dr. Daniël De Kam (Nijmegen, The Netherlands), Dr. Ozren Kubat (Zagreb, Croatia) and Dr. Maik Stiehler (Dresden, Germany) attended the Mark Paterson Bone and Joint Journal & EFORT Travelling Fellowship.

Bristol

The first place to visit was Bristol, with Dr. Fergal Monsell and Prof. Ashley Blom being excellent hosts. The three fellows attended surgery and outpatient clinics in the fields of arthroplasty, trauma and paediatric orthopaedics at the Bristol Royal Infirmary and Southmead Hospital. They attended joint preserving hip surgery as well as primary and revision arthroplasty cases including fantastic in-depth discussions with the staff about e.g. surgical approaches, implant fixation techniques and joint bearing alternatives. Furthermore, Dr. De Kam and Dr. Stiehler were involved in the management of periprosthetic femoral fractures and revision of a pseudoarthrosis after fracture surgery, while Dr Kubat attended a surgical correction of a double major curve scoliosis flawlessly performed by Dr. Ian Nelson, the work of a combined Orthopaedics and Plastic Surgery Clinic led by Dr. Mark Jackson, and had a very interesting meeting with Dr. Anna Clarke and her team in charge of the care for cerebral palsy patients. It is important to note that the hosts and their respective teams went out of their way to make us feel welcome and show us as much as possible during our visit.



The Bristol Royal Infirmary team (left) and the fellows (right) at CAU Steakhouse, Bristol



Southmead Hospital modern clock (left), Royal Infirmary Hospital (right), Bristol



Dr. Maik Stiehler (middle) with Dr. Jason Webb (left) and Dr. James Murray (right).

London

After two days in Bristol, the next destination was University College London Hospital with Prof. Fares Haddad and his team having given the fellows a warm welcome between May 25th and 27th. Dr. De Kam and Dr. Stiehler took part in joint preserving (including periacetabular osteotomy) hip surgery (performed by Dr. Johann Witt), knee reconstruction and lower limb computer navigated total joint replacement (by Prof. Fares Haddad and Dr. Sam Oussedik) procedures, while the paediatric orthopaedic Team at Great Ormond Street Hospital (Dr. Robert Hill) let Dr. Kubat get a glimpse of the wonderful work they do every day in the operating theatre and outpatient clinic. In addition, the fellows participated in a meeting at the Editorial Office of the Bone & Joint Journal, together with the awardees of the 2016 American-British-Canadian (ABC) Travelling Fellowship of the British Orthopaedic Association, during which the fellows were exposed to the history of the Bone & Joint Journal by lectures given by Prof. Haddad and colleagues.



ABC and Mark Paterson Fellows at the Bone & Joint Journal Offices, greeted by Prof. Fares Haddad (middle, front)



University College Hospital, London



A very British selfie (from left to right: Dr. Maik Stiehler, Dr. Daniël De Kam, Dr. Ozren Kubat), with the Nelson's column and a double-decker bus in the background



Dr. Maik Stiehler (right) with Dr. Johann Witt (second from right) and colleagues at the UCLH

Manchester

The third place to visit was Manchester, where Prof. Peter Kay was the host. The fellows participated in the 5th International Congress of Arthroplasty Registries from May 28th – 30th 2016 covering scientific session on worldwide arthroplasty data analyses. The first day of the meeting was held at the Wrightington Hospital, where Sir John Charnley had carried out his pioneering work in the field of total hip arthroplasty. A highlight for the fellows was the visit to the fascinating Charnley exhibition that witnesses the development of modern total joint replacement strategies. The outstanding meeting continued at the Lowry Hotel in Manchester, and the fellows were keen to learn about new data on various arthroplasty registries and followed the discussions about several aspects of arthroplasty worldwide.



Dr. Stiehler, Dr. Kubat and Dr. De Kam in front of the historic Hall of Wrightington Hospital being the first days venue of the 5th International Congress of Arthroplasty Registries



Dr. Kubat, Dr. De Kam and Dr. Stiehler at Wrightington Hospital



The fellows trying out the world's first hip simulator constructed at the John Charnley Exhibition, Wrightington Hospital



In front of the Lowry Hotel at the 5th International Congress of Arthroplasty Registries

Geneva

Finally, the BJJ/MP fellows took part in the 17th EFORT congress in Geneva from June 1st -4th 2016. The EFFORT congress was well attended and the level of scientific and clinical research and discussions was outstanding high. Every aspect in the field of orthopaedic surgery was well represented with focus on Orthogeriatrics, tribology, the obese patient, periprosthetic joint infection, and perioperative management of total joint arthroplasty.



The fellows at Lake Geneva



17th EFFORT congress, Geneva

Overall it was an excellent fellowship. There were a lot of thorough discussions, possibilities to network with renowned, enthusiastic Orthopaedic Surgeons, many lectures and pleasant times. In total, the Mark Paterson fellowship was a life time experience for all three fellows.