



Submitted to: EFORT

Reported by: EDVIN SELMANI MD, MsC, PhD, Department of Orthopaedic and Trauma, University Hospital Center "Mother Theresa" Tirana, Albania

Introduction: The fellowship was organized Poland in two different cities September 4-th until 10-th 2016. The first 3 days were in Otwock and then 3 more days in Poznan. We were 13 fellows and one fellow from Croatia was missed

Detailed description of the fellowship

I was very honored and pleased to be elected from our national society to participate in this EFFORT travelling fellowship. The first part of the fellowship was in the town of Otwock a bit isolated from the city of Warsaw but very good hospital . The first dinner was a bit confusion because nobody came to great us but that is part of the adventure and we as fellows got to know each other better.

Next morning we visited in Otwock the Department of Orthopedic pediatric and adult reconstruction. Prof. Czubak was very kind and welcoming us. We participated in the morning conference, and ground rounds as well.

It was very good to get in the operation rooms and some of us including me were even allowed to scrub in surgeries.

We had lectures about PAO (periacetabular osteotomies) and guided growth and we observed surgeries about PAO, Taylor Spatial Frace, Dega Osteotomy in DDH, total hip replacement etc.

Personaly I was interested in all of them especialy PAO and Dega Osteotomy as it is unknown in my Country. Also Taylor Spatial

REPORT

Autumn Travelling Fellowship

Poland, September 2016

www.efort.org



Frame and Ilizarov was first time for me to see wich was great experience.



REPORT

Autumn Travelling Fellowship

Poland, September 2016

www.efort.org



The second part of the Fellowship was in in University Hospital of Poznan where Prof Dega worked.

We had a very warm welcome from Prof. Romanowski and his colleagues even orthopedic doctor Member of Polish Parliament After some lectures we were invited over for dinner at the house of Prof. Romanowski and a big party was prepared and we all admired the food and drinks and his motorcycle collection and old cars and Tractor as well.

REPORT

Autumn Travelling Fellowship

Poland, September 2016

www.efort.org



Next days we entered in the Operation rooms and observed very interesting surgeries especialy elbow arthroscopy which was the first time for me.

Martha a polish orthopedic resident was very helpful as being our guide in every moment and organization was very good. In afternoon we had lectures.

REPORT

Autumn Travelling Fellowship

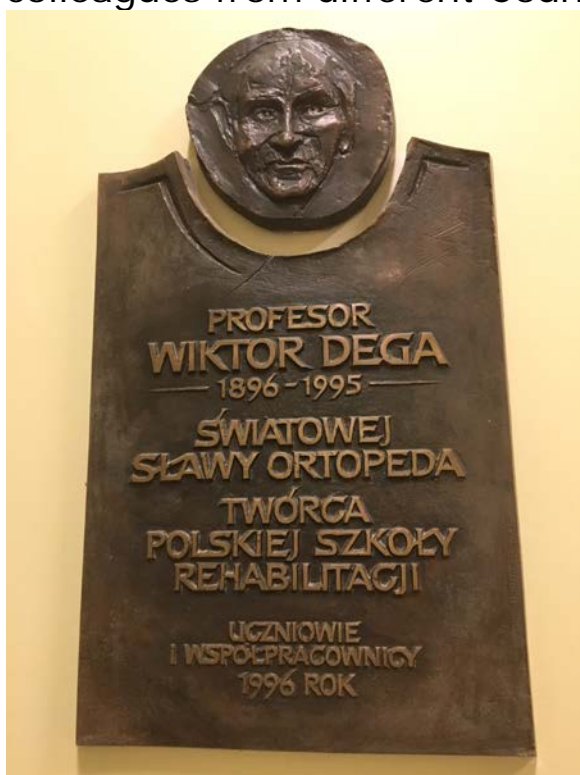
Poland, September 2016

www.efort.org



The last day was a full day with lectures followed by a formal dinner in a very nice restaurant.

We felt very welcomed during our stay in Poland and I thank the EFFORT for this opportunity to learn more and get to know colleagues from different Countries



Conclusion:

This fellowship was very helpful for me as I was introduced with new method of treatment that I did not had possibilities to see before.

I will share these knowledges with colleagues in my department and share this experience with them.

Thank you to EFORT and Albanian Association of Orthopaedic Surgery and Traumatology for giving me this chance to learn more.

Edvin Selmani MD