Spring Travelling Fellowship

Austria, April 2016

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Submitted to:

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Introduction: At the beginning I considered EFORT Spring Travelling Fellowship as the opportunity to get a new information regarding conservative and surgical treatment options for different orthopedic pathology. But during the Fellowship I met a lot of nice and friendly people which I guess is the most important part of the course.

Detailed description of the fellowship

17/04/2016

From the very beginning we were met by Prof. Stefan Nehrer and his wife in Regina Hotel They were very friendly and made some introduction for future week.

Next day we visited AKH. A lot of lectures and topics were discussed. I clearly remember very interesting lecture given by Prof Windhager regarding pediatric bone tumors and Prof C. Chiari who showed us the long-term results of Chiari osteotomy. We also had an opportunity to visit OR there

19/04/2016

In Orthopaedic Hospital Speising we met Prof Dominicus and his team who gave us deep view at the problem of shoulder arthroplasty, LIA tactic for THA and TKR, gait analysis.

I'd like to mention 2 good lectures: 1) pediatric deformities given by Prof. Radler 2) Rapid recovery – new pathways of fast track

Surgery (Prof Dominicus)

We had workshop and 2 live surgeries (reverse shoulder arthroplasty and TKR).



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All the time we traveled with comfortable bus



20/04/2016

We moved to Graz where Prof A. Leithner met us in beautiful and very modern clinic of Graz All the day long we were involved in discussion about current concept of hip and knee replacement (uni vs THR) and controvercies. We observed 2 live surgeries with brilliant and fast surgical technique done by Maurer-Ertl and Friesenbichler and also Prof. Dr. Sadoghi At the end of the day Prof A. Leithner joined us and we visited famous Clock tower of Graz climbing stairs



And of course, dinner at ElGaucho was perfect))))



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21/04/2016

We moved to Linz

Prof. Böhler and his colleugaues showed us their new clinic and gave us several lectures regarding modern aspects of UNI TKR and ankle arthroplasty. I had an opportunity to be present in OR during the total ankle arthroplasty surgery of possttraumatic case which I found very useful and interesting.

The end of th day many of us will remeber forever, cause Prof. Böhler and his team organized SEGWAY TOUR which brought me and my young colleagus unforgettable impressions



22/04/2016 we moved to Kremz trough picturesque Vachau valley.



In the Danube University Prof. Stefan Nehrer told us about modern trends in tissue regeneration and chondral defects treatment and showed his research laboratory

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Conclusion:

I'd like to thank all the organizers and lecturers and all those who were involved in creating of EFORT Spring Travelling Fellowship program.

Special thanks to Gerhard Hobusch who seems to me not only a good doctor/scientist and nice person but also a very talented guide who supported us during this week. You have completed a great job and we all appreciate it.

It was an unforgettable week full of new scientific information meetings and positive emotions.

Sincerely Yours, Iershov Dmytriy.