

REPORT

Spring Travelling Fellowship

Finland, April 2017

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Submitted to: EFORT

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Introduction:

The EFORT Spring Travelling Fellowship 2017 was held in Finland, from 23rd to 28th April in three cities: Vantaa, Tampere and Helsinki.

I was great opportunity for 12 young surgeons in final year or just finished residency to meet Finland and each other.

Lithuania, Macedonia, Malta, Nederland, Poland, Portugal, Romania, Serbia, Sweden, Switzerland, Turkey and Ukraine.

Detailed description of the fellowship (please feel free to include photographs if you wish):

I'm honored because I was elected from Serbian Orthopaedic Association (SOTA) to go to EFORT Spring Travelling Fellowship Course 2017 which was held in Finland.

Sunday, 23 April

Arrival. Flight to Helsinki via Frankfurt. I was very excited, because it was my first visit to this beautiful country. Accommodation in Scandic Simonkenttä Hotel in central part of Helsinki...nice walk throu the city center, water everywhere... enchanting!

After welcome reception and introduction speech of Prof Ilkka Kiviranta, we enjoyed very tasty dinner and were introduced to each other. The atmosphere was friendly and little shy. But we were at the start.



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Monday, 24 April

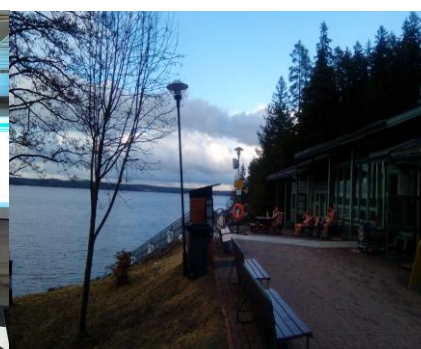
And we finally started! First step Vantaa (smaller city next to Helsinki) where we visited Peijas Hospital, Helsinki University Hospital. Thanks to our host Dr Teemu Helkamaa! We were full of impressions, especially, because we had opportunity to assist in surgery in ORs.

At the end of the day we went with our host to excellent Japanese food...cheerful conversation...



Tuesday, 25 April

Wake up, breakfast, new day...new city. Our 12 players' team started together! Train to Tampere! Dr Minna Laitinen was our host in Tampere University Hospital. Little town, but very impressive hospital...lectures about research, upper extremity... And the most exciting end of the day at the end of the city, on the sauna and icy lake... invaluable experience! We were thrilled!



Wednesday, 26 April

The second day in Tampere. We had opportunity to visit the one of most elegant hospital Coxa Hospital for Joint Replacement. Very, very impressive...magnificent place! Also, we were honored because Prof Per Kjærsgaard-Andersen, EFFORT Second Vice President came to meet us. At the end of the day train to Helsinki...

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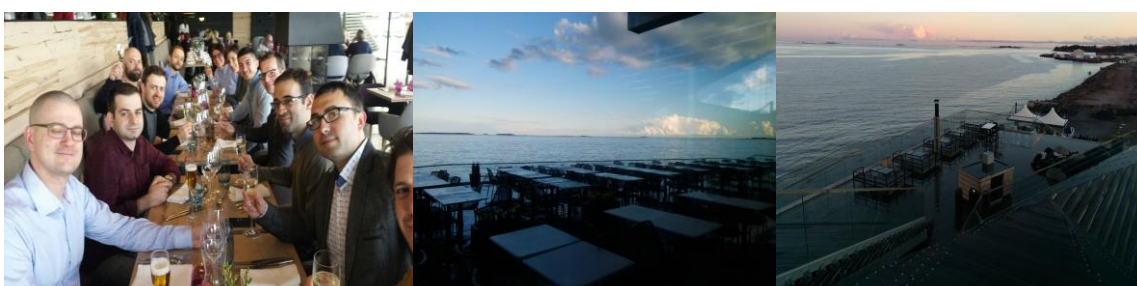
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Thursday, 27 April

Töölö Hospital, Helsinki University Hospital and our friendly host Dr Tim Söderlund. The most important trauma hospital in Helsinki. Interesting lectures about elbow dislocation and prosthesis. After we had opportunity to went to ORs. I chose one with wrist trauma and meet hand surgery team. For me, very interesting, because it is the one of the main field of my interest.

Free time afternoon, city walked... Dinner in Löyly restaurant with magnificent terrace with view on the sea...



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Friday, 28 April

The last day... Töölö Hospital...good lectures about trauma... The end. Time to go.. We said goodbye to each other...Never forget this and them! Departure to home.



Conclusion:

Amazing experience!

Thanks to the Finnish Orthopaedic Association (FOA) and Organising Committee for perfect accommodation, all Faculty for their hospitality and engagement and all dear Fellows for this wonderful week.