

REPORT

Fall Travelling Fellowship

Turkey, October 2017

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Introduction: The EFFORT Autumn Travelling Fellowship Course 2017 organized by TOTBID took place in a beautiful and hospitable Turkey, first in Istanbul (01.-04.10.) than in Ankara (04.-07.10). Ten fellows from 9 countries, all trainees in Orthopaedics and Traumatology seized a great opportunity to profound their medical knowledge and create new professional bonds. And of course had a great time!



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Detailed description of the fellowship:

01.10. Arrival to city of **Istanbul** and Transport from Ataturk Airport to Eresin Topkapi Hotel.

02.10. Bezmialem University



- Welcome speech by Prof Cengiz Sen and Prof Ibrahim Tuncay
- Presentation of fellows
- University Rector Prof Rumeiza Kazancioglu welcome speech
- Preoperative case discussion
- Live surgery: fellows were divided in small groups for surgery with possibility to change operating rooms if wanted to see diverse procedures. We were presented some tips and tricks and discussed with the operator during and after the procedure about operative technique details. Personally, I was interested in the arthroscopic anterior shoulder stabilization performed by Assoc Prof. Kerem Bilsel. Also we discussed about some scientific researches on shoulder rotator cuff issues. We were shown the research department of the Bezmialem University.
- Lectures and discussions on:
Hip disorders - hip impingement: Prof Ibrahim Tuncay,
Knee osteoarthritis- osteotomies: Prof Nurzet Eimali,
Infection management and risk factors: Assoc Prof Fatih Kucukdurmaz
Shoulder instability: Assoc Prof. Kerem Bilsel.
- Finland 2017 Travelling fellowship experience: Bedri Karaismailoglu MD
- Sightseeing

03.10. Istanbul University



- Welcome speech by Prof. Cengiz Sen, Prof. Onder I. Kilicoglu, Prof. Ata Can Atalar, Assoc. Prof. Halil I. Balci.
- Preoperative case discussion
- Live surgery: fellows were divided in small groups for surgery with possibility to change operating rooms if wanted to see diverse procedures. I was interested in two pediatric orthopaedics operations: Valgisation hip osteotomy and Lower limb lengthening using external fixation device constructed in Turkey, both performed by Prof. Cengiz Sen. We discussed with the operator during and after the procedure about indications and operative technique details.
- Lectures and discussions on:
Hip displasia and its treatment: Prof. Cengiz Sen
ACL reconstruction: All inside technique: Prof. Onder I. Kilicoglu
Arthroscopic RC repair: Prof. Ata Can Atalar
Distraction osteogenesis: Assoc. Prof. Halil I. Balci
- EFORT Presidential Remarks: Prof. Onder Aydingoz
- Dinner with faculty members. I had an opportunity to talk about my PHD research doubts with Turkish medical experts and scientists and get common sense comments and suggestions.

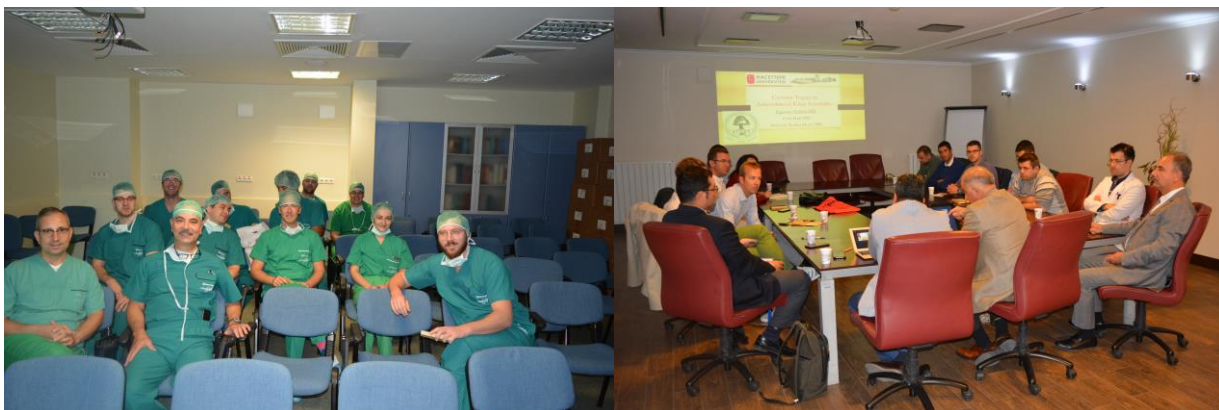
- **04.10. Acibadem University**



- Knee replacement:
Preoperative evaluation: Assoc. Prof. Fatih Kucukdurmaz
Technique and tips: Prof. Cengiz Sen
Complications: Prof. IbrahimTuncay
- Cadaveric study: Primary Knee replacement
- Lectures and discussions on:
Failure reasons: Assoc. Prof. Gokhan Kaynak
Treatment of periprosthetic infection algorithm: Assoc Prof. Mehmet Can Unlu
One stage treatment Prof. Cengiz Sen
Two stage treatment Prof. Remzi Tozun
- Cadaveric study: Revision knee replacement
- Transfer to Sabiha Gokcen Airport for Ankara
- Arrival to Crowne Plaza Hotel



05.10. Hacettepe University



- Welcome speech: Prof Bulent Atilla
- DDH treatment: Preoperative case discussion: Prof. Bulent Atilla, Prof Cemalettin Aksoy
- Live surgery:
 - Pelvic osteotomy: Prof. Cemalettin Aksoy
 - Hip arthroplasty: Prof. Bulent Atilla

After the pelvic osteotomy procedure was completed I changed the OR to see hip arthroplasty. We discussed with the operator during and after the procedure about indications and operative technique details.

- Lectures and discussions:
 - ACL, PCL, MCL, LCL ruptures: Assoc. Prof. Gazi Huri
 - ALL and lateral side injuries: Assoc. Prof. Egemen Turhan
 - ACL ruptures/lateral side injuries and take home messages: Prof. Mahmut Nedim Doral
 - DDH/Arthroplasty Prof.B.Atilla/Assoc.Prof.O.Caglar/ Prof.M Tokgozoglu/Ass Prof.M Ayvaz.

Importance of biological reconstructions and biological potentials of human organism in orthopaedic treatment, especially in young people were emphasized.

- Fellows: time together

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06.10. Saglik Bilimleri University Medical School of Gulhane



- Welcome speech: Prof Cemil Yıldız
- Preoperative case discussion: Assoc. Prof. Dogan Bek Preop Prof. Kenan Koca, Prof. Cemil Yildiz
- Visit of department of orthopaedic and military traumatology
- Live surgery:
THA with DAA: Assoc. Prof. Dogan Bek
Treatment of CP: Assoc. Prof. Kenan Koca

After the gastrocnemius and knee flexors lengthening procedures were completed I changed the OR to see hip arthroplasty (anterior approach). We discussed with the operator during and after the procedure about indications and operative technique details as well as postoperative management.

- Postoperative case discussion: Assoc. Prof. Dogan Bek Preop Prof. Kenan Koca, Prof. Cemil Yildiz
- Gulhane - METUM trip (Medical design & manufacturing center): Dr. Ömer Erşen, Prof Cemil Yildiz: Presentation of the Center, introduction to 3D implants manufacturing processes.
- Visit to Ataturk Mausoleum
- Dinner with faculty members
- Fellows: time together

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07.10. Transfer to Esenboga Airport, Ankara for Ataturk Airport, Istanbul and individual departures to home countries

Conclusion:

By excellent organization, TOTBID made this Fellowship to be unforgettable experience of making new professional contacts, meeting new friends and providing an opportunity to profound knowledge on interesting professional issues. Hosts have shown a great hospitality and organization professionalism. This was also an opportunity for us to see high-level Turkish orthopaedics. Also, we managed to see some of the beauties of two big but different Turkish cities: Istanbul and Ankara.



http://www.dentons.com/~/_/media/Images/Website/Background%20Images/Offices/Istanbul/Istanbul-1.jpg

<http://www.nationsonline.org/gallery/Turkey/Ankara-at-night.jpg>