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**Introduction:** I was delighted to be selected to represent the German Society for Orthopaedics and Trauma for the Fall Travelling Fellowship to Istanbul and Ankara in Turkey 2017. We were 10 fellows in total with representatives from Greece, France, Italy, Hungary, Bulgaria, Kosovo, Estonia and Croatia.

**Detailed description of the fellowship:**

***Istanbul (1st - 4th of October 2017):***

After the prayer of the Muezzin and the breakfast of the first morning in beautiful Istanbul next to the Bosphorus, somewhere between Asia and Europe, we started the fellowship at Bezmialem University Hospital with Prof. Ibrahim Tuncay and his co-workers. After a very warm welcome and a brief presentation of the patients cases of the day, we went directly to the live surgery in the fields of tumor surgery, shoulder surgery, arthroplasty and joint-preserving osteotomies. Also in the operating rooms we were very welcome. No question remained unanswered. The afternoon was dominated by an interactive seminar with all participants on the pathologies of previous operations. The evening was now at our free disposal, so we used it in smaller groups to get an impression of this madly exciting city on the Bosphorus and between the continents.



The second day took place at the Istanbul University Hospital with Prof. Cengiz Sen. The most important topics of the day in live surgery and seminars were hind foot deformities and extremity extensions. On both days, it quickly became clear that the colleagues who were looking after us had extraordinary expertise, which gave us a great deal of benefit.

In the evening we were invited to eat in the supposedly best fish restaurant, which I have ever seen. It was simply bombastic - combined with a breathtaking view of the Bosphorus.



On the third day, we traveled from Europe to Asia to visit the Center for Advanced Simulation and Education (CASE) at the Acibadem University of Istanbul, a cadaver course on primary and revision endoprosthetics of the knee joint. What an experience!

***Ankara (4th - 7th of October 2017):***

After our arrival in the capital we were greeted at the Hacettepe University Clinic for Orthopedics and Trauma Surgery. After a detailed case discussion with Prof. Bulent Atilla and Prof. Cemalettin Aksoy, we were invited to accompany the previously discussed cases in the operating room - the topic of this morning was hip dysplasia. We could finally accompany a DEGA osteotomy of the pelvis as well as a hip TEP. The afternoon was dominated by "Sports Injuries". Under the chairmanship of Prof. Mahmut Nedim Doral - an international expert - we were able to hear and discuss numerous lectures on the subject of complex knee joint injuries.

# REPORT

## Fall Travelling Fellowship

Turkey, October 2017

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On the last day of the scholarship we were allowed to attend the Medical School Gulhane. On the one hand, the operations were concerned with the anterior approach to the hip joint as well as the improvement of the gait pattern in infantile cerebral palsy, followed by case discussion and evaluation of the surgical results. Following this, we visited the university's METUM (medical design and manufacturing center) - a state-of-the-art institute dealing with the 3D printing of custom-made prostheses. The precision was impressive as well as the diversity of implants and research for new possibilities of use.

Finally, we were invited to the classical Turkish restaurant (Gunaydin Kebap) in the center of Ankara. A wonderful culinary experience.



### Conclusion:

In summary, there is no doubt that the Fellows have been given a unique and wonderful experience. In this one week we were able to learn a lot and exchange a lot of international knowledge. A higher level of hospitality can not be expected. Our colleagues were able to give us a piece of their extraordinary expertise in orthopedics and trauma surgery.

I have to say thanks to Prof. I. Halit Pinar for giving us this opportunity of this fellowship, Prof. Ibrahim Tuncay, Prof. Cengiz Sen, Prof. Bulent Attila, Assoc. Prof. Cemil Yildiz and their kind employees for their great hospitality and a wonderful week in Turkey.

Special thanks to Emre Aktuna from TOTBID, who organized the fellowship on the spot. We really lacked nothing and Mr. Aktuna became a friend.



In addition, I would like to thank the DGOU as well as TOTBID, who have made this special experience possible for me.