



Programme for the EFORT FORUM during the 38th Annual Meeting of the Portuguese Society of Orthopaedics and Traumatology (SPOT), Viseu, Portugal

Congress Date: October 25-27 2018
 Forum Date: October 26 2018
 Time: 11.00-13.00
 Chairs: António Andrade (Portugal/SPOT)
 António Cartucho (Portugal/EFORT)
 Speakers: António Andrade (Portugal/SPOT)
 António Cartucho (Portugal /EFORT)
 Manuel Resende Sousa (Portugal/SPOT)
 Stephane Guillo (France /EFORT)
 Nuno Côrte-Real (Portugal/SPOT)
 Markus Walther (Germany /EFORT)
 Nuno Brito (Portugal/SPOT)
 Daniel Mendes (Portugal /SPOT)

Topic of the EFORT FORUM: Portugal Sports Lesions of the Foot and Ankle

Time	Title	Speaker
11.00 to 11.05	Opening of the EFORT Forum including Short EFORT Video	António Andrade António Cartucho
11.05 to 11.20	Sports biomechanics. Barefoot or shoes?	Manuel Resende Sousa
11.20 to 11.40	Ankle instability	Stephane Guillo
11.40 to 11.55	Turf toe	Nuno Côrte-Real
11.55 to 12.15	Osteochondral lesions of the talus	Markus Walther
12.15 to 12.30	Osteochondral fractures of the talus	Nuno Brito
12.30 to 12.45	Misdiagnosed hindfoot fractures	Daniel Mendes
12.45 to 12.55	Discussion	All
12.55 to 13.00	Closing Remarks Summary of the EFORT Forum	António Andrade