

EFORT Autumn Travelling Fellowship 2018

Portugal
28 October to
03 November 2018

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Welcome to Portugal!

Dear Fellow,

The EFORT Travelling Fellowships are organised by the National Orthopaedic Societies, member of the European Federation of National Associations of Orthopaedics and Traumatology.

The EFORT Autumn Travelling Fellowship 2018 will be held in Portugal. It is open to surgeons from European countries selected by their National Association, in order to favour exchanges between the Travelling Fellows and the Orthopaedics of the inviting nation.

The Scientific Programme of the fellowship will be organised in three cities in Portugal as follows:

- Lisbon (Sunday 28 October – Monday 29 October)
- Coimbra (Monday 29 October – Wednesday 31 October)
- Porto (Wednesday 31 October – Thursday 01 November)
- Lisbon (Thursday 01 November – Saturday 03 November)

We wish you a pleasant and interesting fellowship experience in Portugal!

On behalf of the organising society **SPOT**

Fernando Fonseca, MD, PhD

President of the Portuguese Society of Orthopaedics and Traumatology

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Useful information

Arrival to Lisbon Airport, on Sunday, October 28th 2018

You may take any international or domestic flight to Lisbon (LIS), Portugal airport, which is located 7 kms northeast of the city center. From the Lisbon Airport, there are several means of transportation such as the aerobus, the metro, regular buses, taxis, and the platforms Uber, Cabify and Taxify are also available.

The hotel in which you will be staying upon arrival and before departure is within walking distance of the airport.

Accommodation and meals

Accommodation will be arranged in single rooms. The hotels in each city will offer breakfast in the morning. Lunches and coffees will be organised at each hospital during the day time. Dinners will be organized by SPOT.

Departure from Lisbon Airport on Saturday, November 3rd 2018

The Portuguese Society of Orthopaedics and Traumatology and the Organising Committee are offering your accommodation and stay in Portugal from October 28th until November 3rd 2018.

Contact for practical arrangements

Portuguese Society of Orthopaedics and Traumatology

POC: Cristina Camilo

Rua dos Aventureiros, nr 19 B – Parque das Nações

1990-024 LISBOA

Tel. No.: +351 93 778 45 41

Fax No.: +351 21 895 86 67

E-mail: spot@spot.pt

Organisers

Organised on behalf of SPOT by (in alphabetical order):

- Dimas de Oliveira, MD
- Fernando Fonseca, MD, PhD
- Gabriel Matos, MD
- João Espregueira Mendes, MD, PhD
- João Gamelas, MD, PhD
- Jorge Mineiro, MD, PhD
- Luis Branco Amaral, MD
- Manuel Cassiano Neves, MD
- Paulo Felicissimo, MD, PhD
- Pedro Dantas, MD

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Dates, cities and venues in Portugal

Sunday, October 28 th to Saturday, November 3 rd	
Lisbon	Tryp Lisboa Aeroporto Hotel Aeroporto Internacional de Lisboa, Rua C – Nº 2 1749-125 LISBOA
Lisbon	Centro Hospitalar de Lisboa Central – Hospital Curry Cabral R. Beneficência, 8 1050-099 LISBOA
Coimbra	Hostel Ibis Coimbra Centro Av. Emidio Navarro, Ed. Topázio, nº 70 3000-150 COIMBRA
Coimbra	Centro Hospitalar e Universitário de Coimbra Av. Bissaya Barreto 3000 COIMBRA
Coimbra	Hospital Pediátrico de Coimbra Rua Doutor Afonso Romão, 3030 3000-609 COIMBRA
Porto	Hotel Douro Rua da Meditação, 71 4150-487 PORTO
Porto	Saúde Atlântica - Clínica do Dragão Estádio do Dragão, Piso -3 4350-415 PORTO
Lisbon	Hospital CUF Descobertas Rua Mário Botas 1998-018 LISBOA

Contact persons and addresses

Hospital	Address	Contact Person
Centro Hospitalar de Lisboa Central – Hospital de Curry Cabral	R. Beneficência, 8 1050-099 LISBOA	Luís Branco Amaral, MD Tel No.: +351 21 792 4200
Centro Hospitalar e Universitário de Coimbra	Av. Bissaya Barreto 3000 COIMBRA	Fernando Fonseca, MD, PhD Tel No.: +351 239 400 400
Hospital Pediátrico de Coimbra	Rua Doutor Afonso Romão, 3030 3000-609 COIMBRA	Gabriel Matos, MD Tel No.: +351 239 488 700
Saúde Atlântica - Clínica do Dragão	Estádio do Dragão, Piso -3 4350-415 PORTO	João Espregueira-Mendes, MD, PhD Tel No.: +351 22 010 01 00

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Hospital CUF Descobertas	Rua Mário Botas 1998-018 LISBOA	Jorge Mineiro, MD, PhD Tel No.: +351 21 002 52 00
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Accommodation in single rooms

Dates	Hotel name	Hotel address
October 28	TBA	Lisbon
October 29-30	TBA	Coimbra
October 31	TBA	Porto
November 1-3	TBA	Lisboa

PLEASE NOTE!

All hotel bookings will be made on behalf of the course participants based on the schedule above. If you for some reason arrive or depart earlier or later than listed above, please inform the hosting Society about your schedule by email to Ms. Cristina Camilo at spot@spot.pt so that the hotel bookings can be arranged accordingly.

Thank you!

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Programme outline

Sunday, October 28th	<ul style="list-style-type: none"> Individual arrivals to Lisbon Portugal Airport Individual transfer to the hotel 		
Monday, October 29th Hospital Curry Cabral Orthopaedics Department 09.00-13.00	09.00-09.05	Welcome speech	Luis Branco Amaral, MD Head of the Orthopaedics Department
▪ Knee Surgery			
Time - time Title of the presentation/session Speaker			
Time - time Title of the presentation/session Speaker			
Time - time Title of the presentation/session Speaker			
▪ Spine Surgery			
Time - time Title of the presentation/session Speaker			
Time - time Title of the presentation/session Speaker			
Time - time Title of the presentation/session Speaker			
Time - time Title of the presentation/session Speaker			
13.00-14.00		Lunch at the Curry Cabral Hospital	
End of the Training			
<ul style="list-style-type: none"> Transfer to Coimbra (2 hour-drive) Dinner – Name of Restaurant TBA 			
	09.00-09.05	Welcome speech	Fernando Fonseca, MD, PhD Head of the Orthopaedics Department
▪ Tumours			
Time - time Title of the presentation/session Speaker			
Time - time Title of the presentation/session Speaker			
Time - time Title of the presentation/session Speaker			
▪ Hand and Wrist Surgery			

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<p>Tuesday, October 30th 2018</p> <p>Centro Hospitalar e Universitário de Coimbra</p> <p>09.00-13.00</p>	Time - time	Title of the presentation/session	Speaker
	Time - time	Title of the presentation/session	Speaker
	Time - time	Title of the presentation/session	Speaker
	Time - time	Title of the presentation/session	Speaker
	▪ Hip Surgery		
	Time - time	Title of the presentation/session	Speaker
	Time - time	Title of the presentation/session	Speaker
	Time - time	Title of the presentation/session	Speaker
	▪ Traumatology		
	Time - time	Title of the presentation/session	Speaker
	Time - time	Title of the presentation/session	Speaker
	Time - time	Title of the presentation/session	Speaker
	<p>End of the Training 13.00-14.00 - Lunch</p>		
	<ul style="list-style-type: none"> • Transfer to Hospital Pediátrico de Coimbra 		

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<p>Tuesday, October 30th 2018</p> <p>Hospital Pediátrico de Coimbra</p> <p>14.00-18.00</p>	14.00-14.05	Welcome speech	Gabriel Matos, MD Head of the Orthopaedics Department	
	<p>▪ Paediatric Orthopaedics</p>			
	Time - time	Title of the presentation/session	Speaker	
	Time - time	Title of the presentation/session	Speaker	
	Time - time	Title of the presentation/session	Speaker	
	<p>▪ Paediatric Orthopaedics</p>			
	Time - time	Title of the presentation/session	Speaker	
	Time - time	Title of the presentation/session	Speaker	
	Time - time	Title of the presentation/session	Speaker	
	Time - time	Title of the presentation/session	Speaker	
	End of the Training			
	<ul style="list-style-type: none"> • Transfer to the Dinner • Dinner – Restaurant TBA 			
	<p>Wednesday, October 31st 2018</p> <p>Clínica do Dragão, Porto</p> <p>14.00-18.00</p>	<p>▪ Morning – Travel to Porto (1.5 h drive)</p> <p>▪ Check-in at the hotel</p>		
		14.00-14.05	Welcome speech	Speaker - tbc
Time - time		Title of the presentation/session	Speaker	
Time - time		Title of the presentation/session	Speaker	
Time - time		Title of the presentation/session	Speaker	
<p>▪ Sports Trauma</p>				
Time - time		Title of the presentation/session	Speaker	
Time - time		Title of the presentation/session	Speaker	
Time - time		Title of the presentation/session	Speaker	
Time - time		Title of the presentation/session	Speaker	

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	<ul style="list-style-type: none"> ▪ Sports Trauma 		
	Time - time	Title of the presentation/session	Speaker
	Time - time	Title of the presentation/session	Speaker
	Time - time	Title of the presentation/session	Speaker
	<ul style="list-style-type: none"> ▪ Sports Trauma 		
	Time - time	Title of the presentation/session	Speaker
	Time - time	Title of the presentation/session	Speaker
	Time - time	Title of the presentation/session	Speaker
	End of the Training		
	<ul style="list-style-type: none"> • Dinner – Restaurant TBA 		
Thursday, November 1st 2018 <i>- FREE DAY -</i>	<ul style="list-style-type: none"> ▪ Morning – Getting to know Porto ▪ Lunch in Porto ▪ Travelling to Lisbon ▪ Dinner in Lisbon <p style="text-align: center;"><i>Programme details to be disclosed at a later stage</i></p>		
Friday, November 2nd 2018 Hospital CUF Descobertas 09.00-13.00	09.00-09.05	Welcome	Jorge Mineiro, MD, PhD Head of the Orthopaedics Department
	<ul style="list-style-type: none"> ▪ Foot and Ankle Surgery (Organizer Paulo Felicissimo, MD, PhD) 		
	Time - time	Title of the presentation/session	Speaker
	Time - time	Title of the presentation/session	Speaker
	Time - time	Title of the presentation/session	Speaker
	Time - time	Title of the presentation/session	Speaker
	<ul style="list-style-type: none"> ▪ Hip Surgery (Organizers Dimas de Oliveira, MD, Pedro Dantas, MD) 		
	Time - time	Title of the presentation/session	Speaker
	Time - time	Title of the presentation/session	Speaker
	Time - time	Title of the presentation/session	Speaker

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	<ul style="list-style-type: none"> • Paediatric Orthopaedics (Organizer Manuel Cassiano Neves, MD) 		
	Time - time	Title of the presentation/session	Speaker
	Time - time	Title of the presentation/session	Speaker
	Time - time	Title of the presentation/session	Speaker
	13.00-14.00	Lunch at the CUF Descobertas Hospital	
	14.00-18.00	Social programme in Lisbon	
	20.00	Closing Dinner in Lisbon	
	End of the Travelling Fellowship		
Saturday, November 3rd 2018	<ul style="list-style-type: none"> ▪ Individual transfer to Lisbon Airport 		