



**Submitted to:** Mrs. Nina Nürnberger

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### Detailed description of the fellowship

This year's spring travelling fellowship was held in Ireland. After months of hard work from the organizing committee, especially our contact persons, Emer Agnew and Gary O'Toole, the fellowship was held between Monday 11<sup>th</sup> July and Sunday 17<sup>th</sup> July 2018.

We first met on Monday evening in Dublin, and after an informative introductory meeting, we had time to socialize and get to know each other. We soon realized that we had a packed week coming up. The participants were from all over Europe, including Denmark, Sweden, Turkey, Serbia, Spain, Portugal, Switzerland, The Netherlands and Slovenia.

After transfer to Belfast, Mr David Beverland and colleagues gave us a warm welcome and gave us an extensive and detailed overview of training and work at the Musgrave Park hospital. We had time to discuss the different approaches each county had and the pros and cons of each. Informative lectures followed, and one in particular, was on how one firm manages to perform several arthroplasties per list (7-8 total knee or hip replacement per list), and how to use theatre time in an efficient way. Another lecture by Mr Brian Mockford was about orthopedic training in Ireland and how both the trainees and trainers take great pride in this programme which is very hard to get into. At the end of the day an informal meal seemed an appropriate way to end this productive and informative day.



On Wednesday, we were once again welcomed at the Musgrave Park hospital where the focus of the day was trauma. We had several informative talks on hip, upper limb, pelvic, spinal and foot and ankle trauma and how the trauma system works in Belfast. In the afternoon, we were accompanied to the Titanic Museum, where the key role of the Irish in making this iconic ship was highlighted.

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Ireland, October 2018

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On Thursday, our coach took us to Cappagh National Orthopaedic Hospital, where we had a short taster of the practices in theatre. We had time to discuss various techniques with the operating surgeons, and also have an informative lecture/ discussion on bone and soft tissue tumours.

In the afternoon, we went to the iconic Guinness Storehouse and this was once again a great opportunity to socialize with the other fellows and share the local practices and future plans. This was followed a wonderful evening at the Johnnie Fox pub



All the group watching the World Cup games and at Johnnie Fox Pub

On Friday, our coach took us to The Heritage Hotel in Killenard, where the Irish Orthopaedics Association and the Irish Shoulder Society had their annual meetings. We arrived a bit earlier than scheduled and I took the opportunity to join one of the preparation sessions for Irish trainees prior their FRCS examination, highlighting the commitment the Irish association had for training.

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Dinner at The Heritage Hotel with Emer Agnew

The following morning, Saturday 16<sup>th</sup> June, we attended the Irish Orthopaedics association meeting, where Irish trainees were presenting their research to an audience of attentive listeners. The research carried out was of very high levels and everyone listened attentively to each presentation.

### **Conclusion**

This travelling fellowship was a great opportunity for us fellows to meet up with other European colleagues in a particular point of our orthopaedic career, to discuss our options and become aware of opportunities to advance and widen our horizons within the continent. I would like to thank all the organizing committee, especially Emer Agnew and Mr Gary O' Toole for making us feel welcome throughout the whole stay.