

# REPORT

## Spring Travelling Fellowship

Ireland, October 2018

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**Submitted to: EFORT Head Office**

**Reported by: Hakan İLTER**

**Introduction:** First of all I would like to thank you and everyone who is a part of this fellowship. It was a perfect experience for me.

**Detailed description of the fellowship** (please feel free to include photographs if you wish): In my opinion the best part of the fellowship is being with other nationalities surgeons. I would like to talk about all week in detail. After arrivals, we met with Emer and Prof. Gary in Monday evening. They have told us about the programme in detail and we introduced ourselves. Unfortunately, me and my roommate Marko couldn't get the visas for UK so we couldn't able to go to Belfast. But thanks to Emer, she arranged a Sprots Surgery Clinic for us and we have seen operations and rehabilitation center. First day we were in operation theatre with Ray Moran and Gavin McHugh and second day we have gone to their rehabilitation center. The rehabilitation center was amazing with all facilities in it. After that we have gone back to theatre with Ruth Delaney. Couple of shoulder arthroscopies have been done by her. Thursday morning, we have been to Cappagh Hospital. In the morning we were in operation theatre and afternoon we have lectures with Prof. Gary O'Toole. After that we have gone to Portlaoise to IOA meeting for last two days. While IOA meeting we had opportunity to join a lot of lectures also there was a shoulder society meeting in the same time so we could choose which lecture to join. I think the programme, lectures, theatre rooms , accommodation , pubs and restaurants are all well organized. But in my opinion operating theatre hours can be expanded and for the fellows there can be some free time can be given for at least seeing the city center.



### **Conclusion:**

This fellowship was a life time experience for me. I had perfect time last week and met with surgeons all around the Europa. Irish people were really kind. For a summary everything was excellent. I want to thank all of you who is a part of this fellowship