



Programme for the EFORT FORUM during the 39th Annual Meeting of SPOT, Setúbal, Portugal

Congress Date: October 24-26 2019
 Forum Date: October 26 2019
 Time: 08.30-10.30
 Chair: Francisco Guerra Pinto, (Portugal/SPOT)
 António Cartucho, Portugal (Portugal/EFORT)
 Speakers: Manuel Resende Sousa (Portugal), Francisco Guerra Pinto (Portugal),
 Bruno Pereira (Portugal), João Vide (Portugal), Niek van Dijk
 (Netherlands/EFORT), Jordi Vega (Spain)

Topic of the EFORT FORUM: Ankle Sprain and Instability: The Doubts in Evidence, the Evidence of Doubts

Timetable

Time	Title	Speaker
08.30-08.35	Opening of the EFORT Forum including Short EFORT Video	António Cartucho
08.35-08.55	What is the difference between a sprain and a severe sprain? What is the best initial approach?	Manuel Resende Sousa
08.55-09.10	Clinical diagnosis; The variability in the application of stress tests	Francisco Guerra Pinto
09.10-09.25	Overview of imaging methods in ankle instability	Bruno Pereira
09.25-09.40	When should severe ankle sprains be reevaluated? Which ones have good prognosis?	Niek van Dijk
09.40-09.55	"I did everything right but I am not well"	João Vide
09.55-10.10	Surgery in acute sprains	Jordi Vega
10.10-10.30	Summary of the EFORT Forum	Francisco Guerra Pinto António Cartucho