

REPORT

Spring Travelling Fellowship

Estonia, May 2019

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Report about my experience during the EFORT Spring Travelling Fellowship in Estonia from 12 to 18 May 2019

Reported by: Hiohi Valentin

Introduction: Beginning from the travel and transport and finishing with the lectures and surgeries, the whole experience was very good, with nice hosts in both cities, with a very good level of practice regarding orthopedic surgery and research. Estonia is a very pleasant surprise for me, and I will explain why: both Romania and Estonia are ex-communist countries, and I expected to find a system similar to the one in Romania, but in Estonia it is way better, with very good online database of Imagistic exams and procedures, with very good implants and not at last, very good surgeons.

I found both Tartu and Tallinn very beautiful, and full of history, picturesque cities. Everything is clean and well organized, it feels like siting in your own garden, but is public.

Detailed description of the fellowship (please feel free to include photographs if you wish): I will let the pictures speak in my behalf:



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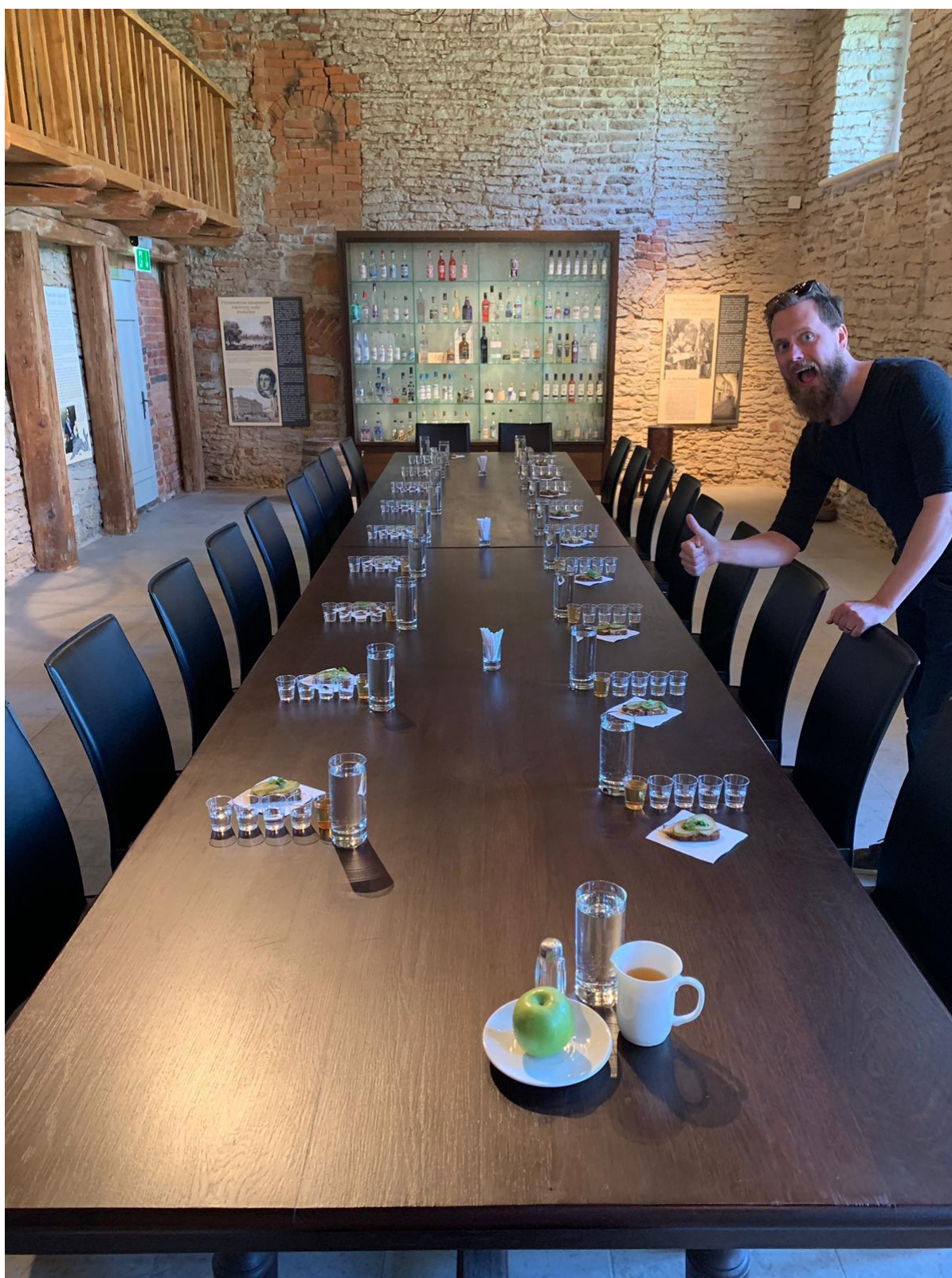


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Conclusion: In conclusion, I will recommend this experience to every resident/young specialist who wants to meet new and extraordinary people, to establish strong friendships and relations. From my side you've done the best you could do. Thank you very much !