CHAIR: Ketil Holen, Norway

The Webinar will address the following topics:

19:00-19:05 Introduction | Ketil Holen, Norway
19:05-19:25 Non operative approach | Lars Engebretsen, Norway
19:25-19:45 Operative approach | Reha Tandoğan, Turkey
19:45-20:00 Questions and answers | All

LEARNING OBJECTIVES:

The webinar will not include avulsion fractures of the tibial insertion of the ACL. But how to treat children/adolescents with open physis ACL-injuries have been discussed for decades. Most paediatric orthopaedic surgeons have been reluctant to surgery when open physis, and conservative treatment protocols have been established. However, improved surgical methods and new research seem to indicate that surgery should be considered more often. Still there are no consensus on the treatment of ACL-injuries in children with open physis. These two treatment-methods for ACL-injuries in paediatric patients will be presented by two internationally well-known speakers, they are both adult surgeons with special interest in this topic.

The webinar will focus on:

- The importance of correct physical training if conservative treatment is chosen
- When to abandon conservative treatment
- The risk for additional injuries in the knee if ACL-injuries are untreated
- Selection of patients for surgery, timing of surgery, and recommended surgical methods

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