



ANTERIOR SHOULDER INSTABILITY IN PROFESSIONAL ATHLETES

#EOTEPE

Chair: MD. Prof. **Gazi HURI** | Türkiye

The Webinar will address the following topics:

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|-------------|---|
| 19:00-19:05 | Introduction
<i>MD. Prof. Gazi Huri</i> <i>Aspetar FIFA Center of Excellence, Orthopaedics and Sport Medicine Hospital Doha, Qatar</i> |
| 19:05-19:20 | When and How to Operate on First-Time Dislocations: Choosing the Right Technique
<i>MD. Prof. Marius Scarlat</i> <i>Clinique Chirurgicale St Michel, Groupe ELSAN Toulon France</i> |
| 19:20-19:35 | Dynamic Anterior Stabilization: A Game Changer or a Trend?
<i>MD. Andrei Popescu</i> <i>Romanian Shoulder Institute -Ortopedicum, Bucharest Romania</i> |
| 19:35-19:50 | Revising Failed Bankart Repairs: Challenges and Solutions
<i>MD. Prof. Bashir Zikria</i> <i>Johns Hopkins School of Medicine Department of Orthopaedics Sports Medicine Division, Baltimore USA</i> |
| 19:50-20:05 | Questions and answers <i>All</i> |

Learning Objectives:

This EFORT Educational Webinar will focus on shoulder instability in professional athletes. The objectives of this Webinar are:

- Understanding the Anatomy and Biomechanics:**
Gain insights into the anatomical structures and biomechanical factors contributing to anterior shoulder instability in athletes.
- Identifying Risk Factors and Mechanisms of Injury:**
Explore the sport-specific movements and situations that predispose professional athletes to anterior shoulder instability.
- Diagnostic Approach:**
Learn systematic approaches to diagnosing anterior shoulder instability, including advanced imaging techniques and clinical examination.
- Surgical Treatment Strategies:**
Review the latest surgical techniques and advancements tailored to the demands of professional athletes.
- Prevention and Performance Optimization:**
Discuss strategies to prevent recurrence and optimize shoulder performance post-treatment.

This Webinar is organised by EFORT independent of any commercial educational support.

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