



## CONTEMPORARY CONCEPTS IN ANKLE FRACTURE SURGICAL MANAGEMENT

#EOTEP

**Chair: Prof. Nikolaos K. Kanakaris** | Leeds Major Trauma Centre | Leeds, United Kingdom

The Webinar will address the following topics:

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|-------------|--|
| 19:00-19:10 | <b>Introduction – Principles of Management</b><br><i>Prof. N. K. Kanakaris   Leeds Major Trauma Center   United Kingdom</i>                                |
| 19:10-19:25 | <b>Surgical Approaches – Do We Have a Consensus?</b><br><i>Lecturer TBI   TBI</i>  |
| 19:25-19:40 | <b>Retrograde Tibial / Fibular Nails – When and How?</b><br><i>Lecturer TBI   TBI</i>  |
| 19:40-19:50 | <b>Syndesmosis Fixation / Deltoid Ligament Repair – When and How?</b><br><i>Prof. Vincenzo Salini   Università Vita-Salute San Raffaele   Milan, Italy</i> |
| 19:50-20:00 | <b>Questions &amp; Answers and Final Remarks</b><br><i>Prof. N. K. Kanakaris   Leeds Major Trauma Center   United Kingdom</i>                              |

### Learning Objectives:

This EFORT Educational Webinar will focus on **surgical management of ankle fractures**. The last decade a number of new concepts have emerged ranging from a more liberal use of posterior approaches to address the posterior malleolus, the use of retrograde tibiototalcalcaneal nails to bridge the joint and retrograde fibular interlocking nails, of different methods of stabilising the distal tibio-fibular syndesmosis and the repair or not of the deltoid ligament to more aggressive weight-bearing rehabilitation protocols.

The objectives of this Webinar are:

- **Define the nature of current challenges** in ankle fracture surgery.
- **Describe the advantages and limitations** of different surgical approaches in this anatomic region.
- To **explore the solution intramedullary nails offer** to ankle fractures especially of the elderly or in patients with compromised soft tissue envelope.
- To **analyse the value of different techniques** to stabilise the syndesmosis and the deltoid ligament.
- To **assist contemporary surgeons** in navigating between emerging alternative strategies, approaches and fixation alternatives for ankle fractures.

*This Webinar is organised by EFORT independent of any commercial educational support.*

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