



CONTEMPORARY CONCEPTS IN ANKLE FRACTURE SURGICAL MANAGEMENT

#EOTEP

Chair: Prof. Nikolaos K. Kanakaris | Leeds Major Trauma Centre | Leeds, United Kingdom

The Webinar will address the following topics:

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|-------------|---|
| 19:00-19:10 | Introduction – Principles of Management
<i>Prof. N. K. Kanakaris Leeds Major Trauma Center United Kingdom</i> |
| 19:10-19:25 | Surgical Approaches – Do We Have a Consensus?
<i>PD Dr Mathieu Assal Privat-Dozent Faculté médecine, Université de Genève & Clinique La Colline Geneva, Switzerland</i> |
| 19:25-19:40 | Retrograde Tibial / Fibular Nails – When and How?
<i>Prof. Thierry Bégué Hôpital Antoine Béclère, Université Paris-Saclay Paris, France</i> |
| 19:40-19:50 | Syndesmosis Fixation / Deltoid Ligament Repair – When and How?
<i>Prof. Vincenzo Salini Università Vita-Salute San Raffaele Milan, Italy</i> |
| 19:50-20:00 | Questions & Answers and Final Remarks
<i>Prof. N. K. Kanakaris Leeds Major Trauma Center United Kingdom</i> |

Learning Objectives:

This EFORT Educational Webinar will focus on **surgical management of ankle fractures**. The last decade a number of new concepts have emerged ranging from a more liberal use of posterior approaches to address the posterior malleolus, the use of retrograde tibiototalcalcaneal nails to bridge the joint and retrograde fibular interlocking nails, of different methods of stabilising the distal tibio-fibular syndesmosis and the repair or not of the deltoid ligament to more aggressive weight-bearing rehabilitation protocols.

The objectives of this Webinar are:

- **Define the nature of current challenges** in ankle fracture surgery.
- **Describe the advantages and limitations** of different surgical approaches in this anatomic region.
- To **explore the solution intramedullary nails offer** to ankle fractures especially of the elderly or in patients with compromised soft tissue envelope.
- To **analyse the value of different techniques** to stabilise the syndesmosis and the deltoid ligament.
- To **assist contemporary surgeons** in navigating between emerging alternative strategies, approaches and fixation alternatives for ankle fractures.

This Webinar is organised by EFORT independent of any commercial educational support.

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