



COMPLEX ELBOW FRACTURES MANAGEMENT

#EOTEP

"Complex Elbow Fractures Management"

Monday 27 APRIL 2026 | 19:00-20:15 CEST

Chair

Professeur Thierry BÉGUÉ | Service de Chirurgie Orthopédique, Traumatologique et Réparatrice | Hôpital Antoine Béclère | Université Paris-Saclay | Paris-Clamart, France

Scientific Programme

On Monday 27 April at 19:15 CET, this EFORT Educational Webinar, organised by the EFORT Education committee's Trauma Education Group (TEG), will address the following topics:

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| 19:00-19:05 | Introduction
Professeur Thierry BÉGUÉ Service de Chirurgie Orthopédique, Traumatologique et Réparatrice Hôpital Antoine Béclère Université Paris-Saclay Paris-Clamart, France |
| 19:05-19:20 | Monteggia Fractures in Adults
Prof. Dr. Peter BIBERTHALER Technical University of the Klinikum Rechts der Isar, Munich, Germany |
| 19:20-19:35 | Malunion of the Distal Humerus
Prof. Dr. Bernard LEFEBVRE Belgium |
| 19:35-19:50 | Strategic Pathways for Complex Fracture-Dislocation of the Elbow
Prof. Dr. Mattia Alessio MAZZOLA Italy |
| 19:50-20:00 | Clinical Cases: What Would You Have Done?
Professeur Thierry BÉGUÉ France |
| 20:00-20:10 | Questions and answers All Faculty and Webinar audience |
| 20:10-20:15 | Final Remarks
Professeur Thierry BÉGUÉ France |

EFORT Webinar

Monday 23 February 2026 | 19:00–20:00 CET



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Learning Objectives

This EFORT Educational Webinar will focus on the management of complex elbow fracture.

The elbow remains one of the most "unforgiving" joints in the human body, where the margin between functional recovery and permanent stiffness is razor-thin. This webinar provides a comprehensive deep dive into the management of high-complexity elbow trauma, ranging from acute injury patterns to the management of late complications.

Our international faculty will guide you through the technical nuances of adult Monteggia fractures and the strategic decision-making required for multi-column injuries and dislocations. Furthermore, the session addresses the "salvage" aspect of elbow surgery, focusing on corrective strategies for distal humerus malunions. The webinar concludes with an interactive, case-based discussion designed to challenge your clinical instincts and refine your surgical planning.

The objectives of this Webinar are:

- **Identify and Classify complex Monteggia variants in adults** to ensure appropriate restoration of the proximal ulna and radiocapitellar joint.
- **Formulate a strategic pathway for the management of elbow fracture-dislocations**, prioritizing the sequence of stabilization (bones vs. ligaments).
- **Evaluate techniques for malunion correction in the distal humerus**, including the use of 3D planning and stable internal fixation.
- **Analyse clinical outcomes and common complications of elbow trauma** to optimize post-operative rehabilitation and minimize joint contracture.
- **Critically assess alternative surgical approaches** through the presentation of complex clinical cases and peer-to-peer discussion.

Disclaimer: This Webinar is organised by EFORT independent of any commercial educational support.

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EFORT - EFORT European Federation of National Associations of Orthopaedics and Traumatology

Any question? Contact us at: webinars@efort.org

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